

## **Music Therapy Internship Application Packet**

Dear Prospective Applicant,

Thank you for your interest in the University Hospitals Connor Whole Health Music Therapy Internship. UH CWH accepts applications year-round for two separate internship cohort cycles per year. Those cycles and their respective application deadlines are as follows:

**Winter Cycle (January - June)**

*Application deadline = the preceding March 15th*

**Summer Cycle (June - December)**

*Application deadline = the preceding October 15th*

All applications are to be submitted through our online application portal (below)

<https://forms.gle/tXqbpqgLWqzb8XVc7>

Please be prepared to submit all materials at the same time. The portal does not allow for saving or closing before submission.

Once your application has been received and reviewed, you will be contacted about next steps. Interviews are typically scheduled in April and November.

Please thoroughly read through the entire application packet to learn details about the internship site, structure, and application process. Do not hesitate to reach out with any questions.

Sincerely,

**Libby Gill, LPMT, MT-BC**

Expressive Therapy Program Lead

University Hospitals Connor Whole Health

[Libby.Gill@UHhospitals.org](mailto:Libby.Gill@UHhospitals.org)

(216) 285 - 4042

## **Internship Facts and Description**

### **Name and location of internship site:**

Connor Whole Health Music Therapy Internship  
University Hospitals of Cleveland  
11100 Euclid Ave  
Wearn #548  
Cleveland, OH 44106

### **Population Served**

Adult hospitalized inpatients ages 18 and up. Interns can expect to work with a variety of diagnoses and populations within the medical context and may include med-surg units, intensive care units, behavioral health units, community group programming, and staff wellness initiatives. In addition, interns will have the opportunity to shadow and learn from an interdisciplinary team of providers throughout the UH system.

### **Internship Experience**

The CWH music therapy internship is structured to allow interns to gain experience in facilitating supervised and independent music therapy programming in the medical setting. Interns will primarily lead one-on-one interventions on standard med-surg floors, but can also expect to experience group and/or community work. Interns will be expected to work full time positions (40 hours per week) over a 6-month period that satisfies the requirements of time required for board certification. CWH utilizes a cohort model, with 2 interns beginning together at the start of each internship cycle (January and June).

Each week time will be allotted for patient rounding, interdisciplinary collaboration, planning and charting, and supervision time. Interns will be expected to implement a special project of their choosing within a desired population available at their medical facility placement.

The philosophy of this internship is that music therapy is a crucial aspect of inpatient pain and stress management on an interdisciplinary team of providers. The aim of this internship is to offer interns an experience that is open and realistic yet structured in a rapidly growing integrative health network of providers in the medical setting. The internship also aims to prepare interns for successful employment in the medical realm post completion. Interns will gain a unique insight into the shifting healthcare field that is increasingly valuing holistic treatment modalities as health care facilities grow philosophies that account for a patient's mind, body, and optimal health.

Interns will have access to guitars, pianos, and hand percussion in addition to iPads for clinical use during their internship.

Interns will not be required to work holidays, nights, or weekends.

## **Unique Components of the Internship**

### ***Emotional Well-Being Days***

University Hospitals Connor Whole Health embodies a holistic approach to health, and this paradigm extends to the skillsets that are developed during internship. Interns will expect to engage in opportunities to develop a repertoire of self-care and restorative practices which will support them through internship and prepare them for longevity and balance in their careers beyond.

### ***Internship Project***

Over the course of the six months, each intern will be asked to complete a specialized project of their choosing. The intern will select an area of interest to study and will present their findings to the Expressive Therapies team at the conclusion of internship.

### **Unique attributes of the medical setting and ideal qualities of interns**

The medical setting offers a wide range of experiences that are unique to the environment of healthcare and acute settings. Interns can expect a fast-paced environment where high levels of adaptability, flexibility, and openness are paramount to your success. In addition, interns are given the opportunity to work with individuals facing complex and life-altering diagnoses, as well as individuals at the end of life. Ample support and supervision is provided, however a readiness to be present and provide support to individuals in these difficult situations is needed.

Given the interdisciplinary nature of the internship, interns are expected to have a strong interpersonal and communicative work style, while being self-motivated to take full advantage of diverse and exciting opportunities within the hospital system.

Musically, instrumental proficiency is required in guitar, piano, and voice. Interns should be versed in playing a variety of styles and demonstrate some improvisational skills. Applicants must be able to facilitate several song genres and styles along with the ability to transpose keys. Technology is also used frequently in this setting, thus applicants must have some understanding of music recording software and music technology.

**Professional staff working with the intern**

- Music Therapy
- Art Therapy
- Nursing
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Wound Care
- Spiritual Care
- Palliative Care
- Physician services
- Recreational Therapy
- Social Work
- Psychiatric Services

**Onsite Educational Programming Available**

- Expressive therapy team meetings - participating in music making, educational, and presenting opportunities within a large team of music and art therapists
- A variety of lecture series, lunch & learns, and online webinars available and offered through UH as well as specific to the expressive therapies team designed for interns

**Stipend and transportation:**

At this time we are unable to offer a stipend.

A vehicle or reliable transportation is **required** for this internship as interns will be required to frequently travel to various medical centers across the UH system for meetings, shadowing, and other programming opportunities.

## Application Process

### HOW TO APPLY:

We are only accepting online applications at this time. Please submit your application at our online portal:

<https://forms.gle/3vL5PTYkEYKx2yFR8>

### Application Requirements:

1. **Current resume:** Include all music therapy experience
2. **Official transcript(s) of all academic training:** Minimum of a 3.0 GPA in music therapy courses.
3. **Three (3) recommendations:** One (1) recommendation/statement of eligibility from the Director of the Music Therapy Department AND two (2) letters of recommendation from a music therapy practicum, field supervisor, or music therapy professor
  - a. Recommenders may utilize our online recommendation form: <https://forms.gle/Vx6wv3meiLhHDGUA8> OR send their letters directly to [Libby.Gill@UHhospitals.org](mailto:Libby.Gill@UHhospitals.org).
  - b. The Director of your Music Therapy Department may upload or enter the required **statement of eligibility** as part of the online form above to verify anticipated completion date of your music therapy coursework and pre-internship clinical hours accrued, OR send this directly to [Libby.Gill@UHhospitals.org](mailto:Libby.Gill@UHhospitals.org).
4. **Intern Candidate Confirmation of Understanding:** this states you, as the intern candidate, have read through this packet, understand its content, and understand expectations of you as an applicant. (*this is a question included on the official application form*)
5. **Written answers to the following questions:**
  - a. Why did you decide to pursue music therapy as a career?
  - b. Why did you choose this internship site?
  - c. What do you hope to achieve in your internship?
  - d. What skills do you want to refine?
  - e. What areas of music therapy are of particular interest to you?
  - f. What are your strengths?
  - g. Describe a positive and a negative (or challenging) experience you encountered during your academic/clinical training.

6. **Video Demonstrations:** Videos should be uploaded to YouTube and set to unlisted. Video links are to be pasted in the proper section of the online application. Please include the following videos:
  - a. **Mock session** using the following vignette (10-15 minutes in length):
    - i. *“A 68 year old African American male referred to Music Therapy was admitted to the hospital complaining of generalized pain and depression related to a flare-up of Multiple Sclerosis. During your assessment of the patient, they rated their pain as 8/10, stated they like all types of music and played piano in their youth.”*
  - b. **Skills demonstration video** of you playing and singing on two separate instruments of your choosing (5-8 minutes in length)

### **CONFIDENTIALITY OF VIDEO RECORDING CLIENTS:**

AMTA clearly states that due to confidentiality, video and audiotapes of CLIENTS are not to be sent as part of an internship application. We honor that request. In order to have the most complete picture of each applicant, we have found that a video is of significant help. We have listed alternatives below to create a video WITHOUT USING CLIENTS and ask that you consider them. If these options are not possible, please send a NON-CLIENT tape of a session. You may ask a fellow student, parent, professor, or friend to be in your video recording.

We ask that you do not submit a video of you working with children as this internship primarily involves working with adults.

In this video we are assessing the following:

- Your music skills
- How you build rapport with clients
- How well and quickly you think on your feet in response to your client
- How you plan
- How you transition from intervention to intervention
- Your leadership skills

### **APPLICATION DEADLINE**

**Winter Cycle** (January - June): Applications must be completed and received by March 15th of the previous year

**Summer Cycle** (June - December): Applications must be completed and received by October 15th of the previous year

For any questions contact Libby Gill at [Libby.Gill@UHhospitals.org](mailto:Libby.Gill@UHhospitals.org)

## **INTERVIEWS**

Internship applicants who are selected from the initial submissions will have a virtual interview via Zoom. You will be contacted through the email you provide in your application regarding the scheduling of your interview.

Interviews typically last around 45-60 minutes and consist of the following components:

1. Introductions and general overview of the internship site
2. Intern candidates will answer questions from a panel of music therapists on a variety of scenarios and topics
3. Intern candidates will demonstrate one chosen musical selection on an instrument of their choosing (voice and guitar or piano) and sight read one chord chart of a simple and well-known song
4. Intern candidates will be given time to ask the panel of music therapists any questions they may have.

It is the responsibility of the intern candidate to ensure proper Zoom audio settings for a quality virtual musical product (i.e. Original Sound for Musicians, quality external microphone, etc)

Intern candidates can expect to be notified via email of their acceptance or decline by the internship site.

**Legal affiliations:** Upon acceptance to the internship, a legal affiliation agreement between the intern's university and University Hospitals is required. This will be handled by personnel at the hospital and the legal department of the university. Interns will not be allowed to start their internship until this agreement is complete.