

Stereotactic Body Radiation Therapy (SBRT)

SBRT is a type of radiation therapy that uses high doses of radiation to target tumors and limit damage to nearby tissues and organs.

Benefits of SBRT

- Often done in 1 to 5 treatments over 1 to 2 weeks
- Fewer side effects compared to standard radiation
- Effective alternative to surgery
- Keeps destroying cancer cells for a period of time after treatments are done

What to expect

During the treatment process, multiple team members are involved in the set up and delivery of your treatment. You will need to lie flat and stay still on the radiation table. Most treatments last 45 minutes to 1 hour. If several areas are being treated, it may take up to 2 hours.

Before each treatment, an image of your treatment area is taken and compared to your planning scan. This shows your team if you are in the right position. It also allows the therapists to make adjustments before giving your radiation.

Side effects

Side effects depend on treatment site, organs near that site, radiation dose, and number of treatments. A team member can give you an education handout about side effects based on your treatment site.

This info is a general resource. It is not meant to replace your doctor's advice. Ask your doctor or health care team any questions. Always follow their instructions.