

Caregiver Resource Notebook – Resource Guide

Instructions

Printing:

This PDF is unique. While it doesn't read page by page in logical order as a PDF, the document will print as a booklet very easily.

Instruct your printer to print this document:

- two-sided
- flipping on the short edge of the paper

The document will print in booklet form. Just fold in half and distribute as you please! (Staples in the middle are a nice touch but not mandatory.) To make it a little easier to follow, the PDF does have page numbers so please keep that in mind and notify others when directing them to an electronic version.

Online

The resource guide is posted online at www.ashlandmhrb.org. Follow the tab for **coalitions and teams** and there is a link to download the guide in the Older Adults Behavioral Health Coalition section of the page.

I will be doing my best to keep this document up to date and the newest version posted on the website. If there are any corrections please notify me at kdaniels@ashlandmhrb.org

Thanks to all who worked on this document!

Kelly Daniels, LSW

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