Ashland County Older Adult Behavioral Health Coalition

Caregiver Notebook



RESOURCE GUIDE

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Older Adult Behavioral Health Coalition Members:

- Appleseed Community Mental Health Center
- Associated Charities
- Ashland County Council on Aging
- Ashland County West Holmes Vocational Center
- Ashland County Department of Job and Family Services
- Ashland YMCA
- Brethren Care Village of Ashland
- Catholic Charities Diocese of Cleveland
- Cornerstone Counseling of Ashland
- Crystal Care Center of Ashland
- Good Shepherd
- Hospice of North Central Ohio
- Mental Health and Recovery Board of Ashland County
- Kingston of Ashland
- Mill Run Place
- Samaritan Regional Health System

Please contact Kelly Daniels at the Mental Health and Recovery Board of Ashland County with any updates or issues with the information in this guide:
419-281-3139 or kdaniels@ashlandmhrb.org.



Additional Resources:

Resource Directory

Seminary

ADVOCACY

419-289-0970

419-289-5161

ABUSE & NEGLECT

Ashland County Adult Protective Services 419-282-5000

Ashland County Prosecutor's Office Victim's Assistance

419-289-8857

Safe Haven Domestic Violence Shelter

Crisis Line 800-931-7233 Office 419-282- 6097

COUNSELING/ SUPPORT GROUPS

COUNSELING

*The first four agencies are funded, in part, by The Mental Health and Recovery Board of Ashland County. Due to this funding, some services are provided on a sliding scale fee.

*Appleseed Community Mental Health Center

Main Office 419-281-3716 Crisis Line 419-289-6111 www.appleseedmentalhealth.com

*Catholic Charities Diocese of Cleveland 419-289-1903

*Ashland County Council on Alcoholism & Drug Abuse, Inc. (ACCADA)
419-289-7675

*Ashland County Lifeworx, Inc. 419-496-0200

Ashland County/West Holmes Career Center Adult Education

419-289-3313 1-800-686-3313 www.acwhcc-jvs.k12.oh.us

Cornerstone Counseling of Ashland

419-289-1876 www.ashlandcornerstone.com

Hospice of NCO 419-281-7107 800-952-2207 New Beginnings at City Hill

SUPPORT GROUPS

Smetzer Counseling Center - Theological

It is recommended that you call prior to attending a group to verify time and location. Some support groups that meet at the Ashland Public Library are not listed. You may call the library (419-289-8188) to get a current list of these groups and times.

Addictions

First Presbyterian Church 419-289-6205

Loudonville Presbyterian Church 419-994-3160

New Hope Community Church 419-994-1112

St. Edwards Catholic Church 419-289-7224

Trinity Lutheran Church 419-289-2126

Narcotics Anonymous 1-800-587-4232 www.na.org

Can also call **ACCADA** for a list of Alnon and AA meetings.

419-289-7675

Alzheimer's Support

Alzheimer's Association 24/7 National Hotline

800-441-3322

www.alz.org Mansfield Area Regional Office 419-522-5050 www.alz.org/nwohio

Abuse Support

Rape Crisis Domestic Violence Safe Haven 419-282-6097 - sexual assault and/or survivors of abuse of all types.

Print versions of this document are available through the Mental Health and Recovery Board of Ashland County. Please send request to the contact listed below and include how many brochures are needed and delivery information. This resource guide is a fluid document. If you notice any mistakes or would like additional resources listed please contact:

Kelly Daniels

Mental Health and Recovery Board of Ashland County kdaniels@ashlandmhrb.org
419-281-3139
1605 County Road 1095
Ashland, Ohio 44805

Brethren Care Village

Alzheimer's Support Groups meet every month: 3rd Monday at 1 p.m. & 3rd Thursday at 6 p.m. (light dinner provided) 1-866-289-1585 419-207-3003 www.brethrencarevillage.org

Colonial Manor

419-994-4191

Arthritis

Arthritis Foundation National Office

1-800-283-7800 www.arthritis.org Northwest Ohio Regional Office 1-800-245-2275 216-831-7000 419-612-6682 www.arthritis.org/ohio

Bereavement

Hospice of NCO

419-281-7107

Cancer

American Cancer Society

800-227-2345

Ashland County Cancer Association

419-281-1863

Breast Cancer Survivors

419-903-0475

Cardiac-Samaritan Hospital

419-289-0491 ext. 3435

Caregiver-Hospice of NCO

419-281-7107

Diabetes-Samaritan Hospital

419-289-0491 ext. 3111

Divorce Recovery

Domestic Violence

Office 419-282-6097 Crisis line 419-289-8085

Grace Brethren Church

419-289-8334

Park Street Brethren Church

419-289-0224

Multiple Sclerosis

800-368-7459

Parents Grief Support

Compassionate Friends

877-969-0010

www.compassionatefriends.org

Hospice of NCO

419-281-7107

Parkinson's

Brethren Care Village

2nd Tuesday of each month at 2 p.m. at Belmont Tower—refreshments provided.

1-866-289-1585 419-289-1585

www.brethrencar evol lage.org

Suicide

Ashland County Suicide Prevention Coalition

Crisis line: 419-289-6111 1-888-400-8500

Hospice of NCO

419-281-7107

Wappner Funeral Home

Online support: www.wappner.com

Weight

Weight Watchers

800-651-6000

www.weightwatchers.com

Overeaters Anonymous

505-891-2664

www.oa.org

National Eating Disorders

800-931-2237

www.nationaleatingdisorders.org

EMPLOYMENT & VOLUNTEER

EMPLOYMENT

Ashland County Department Job & Family Services – Employment Connection

419-282-5001

Ashland County/West Holmes Career

Center Adult Education

419-289-3313 or 800-686-3313 www.acwhcc-jvs.k12.oh.us/adulted

Goodwill Industries

419-289-2589

Additional Resources:

We would like to offer a sincere
"thank you" to our friends at
Brethren Care Village for printing
and assembling these resource
guides for our community!

www.ashlandcountycouncilonaging.org

Ashland Public Library

419-289-8188

www.ashland.lib.oh.us

Ashland Symphonic Youth Chorus

419-289-2487

www.ashlandsyc.org

Ashland Symphony

419-289-5115

www.ashlandsymphony.org

Ashland University-Theatre Box Office

419-289-5125

Kingwood Center

419-522-0211 www.kingwoodcenter.org

Johnny Appleseed Center

419-368-1812

Malabar Farm State Park

419-892-2784

www.malabarfarm.org

Cleo Redd Fisher Museum

Mohican Historical Society

419-994-4050

Ohio Genealogical Society Library

419-886-1903

www.ogs.org

RECREATIONAL CENTERS

Renaissance Theatre

419-522-2726

www.mansfieldtickets.com

Ashland County Fairgrounds

419-289-0466

www.ashlandcountyfair.com

Ashland YMCA

419-289-0626

www.ashlandy.org

Curves for Women

419-289-6868

www.curves.com

Mohican Area Tourist Information Center

419-994-2519

www.loudonville-mohican.com

SENIOR CENTERS

Mohican State Park

419-994-4290

www.mohicanstatepark.org

Ashland County Council on Aging

419-281-1477

www.ashlandcountycouncilonaging.org

Loundonville Golden Center

419-994-5531

Ashland Senior Citizens Center

419-289-7745

Transportation

AMBULETTE

All American Ambulette Services

419-589-7433

Apple Lane Ambulette

419-522-9904

Critical Life Emergency

419-282-9911

www.criticallife.com

Mansfield Ambulance Service

419-525-1690 or 1-877-627-6428

Emergency-419-525-3311

http://jmansfieldambulance.com

GENERAL TRANSPORTATION

Smith's Ambulance Services

888-850-7222

www.smithambulance.com

Area Agency on Aging, District 5

800-860-5799

www.aaa5ohio.org

Ashland County Council on Aging

(A suggested donation is appreciated; however, no one will be denied service if unable to make a donation.)

419-281-1477

www.ashlandcountycouncilonaging.org

Ashland Public Transit

419-207-8240 or 1-800-750-0750

Veterans Service Office

419-282-4200 or 419-282-4225

M Bown A Day EVERYDAY For Free and Confidential Information. Your Link to Health and Human Services. **Pump House Ministries**

419-207-3900

www.pumphouseministries.com

Spherion Staffing

419-281-4600

Time Staffing, Inc.

419-207-0333

Transformation Network

419-207-1188

VOLUNTEER

Alzheimer's Association

Mansfield Area Regional Office

419-522-5050

www.alz.org/nwohio

American Red Cross - Ashland County

419-289-3535

Associated Charities and Ashland County Food

419-282-6061

www.associatedcharities.com

Catholic Charities Diocese of Cleveland

Ashland Office

Bank

419-289-1903

www.clevelandcatholiccharities.org

Easter Seal Society of Northwestern Ohio

440-324-6600

http://noh.easterseals.com

Hospice of NCO

419-281-7107

Lutheran Social Services of Northern Ohio

877-741-3331

www.lssco.org/lssno.php

Multigenerational Mentoring at the Golden

Center

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419-994-5531

Pump House Ministries

419-207-3900

www.pumphouseministries.com

United Way of Ashland County

419-281-5551

www.uwashlandoh.org

RSVP-Area Agency on Aging

419-522-5612 ext. 1106 kmills@aaa5ohio.org

Financial Assistance

Ashland County Department Job & Family

Services 419-282-5000

Associated Charities and Ashland County Food Bank

419-282-6061

www.associatedcharities.com

Catholic Charities Diocese of Cleveland

Ashland Office

419-289-1903

www.clevelandcatholiccharities.org

Kno-Ho-Co Emergency Services

419-281-8001

www.knohoco.org/emergencyservices

Salvation Army

419-281-8001

www.ashland.salarmykroc.org

St. Vincent de Paul Society

419-281-1195

www.svdpusa.org

Veterans Service Office

419-282-4225 or 419-282-4200

Food and Meal Assistance

Ashland County Council on Aging

Congregate & Home Delivered Meals (A suggested donation is appreciated: however, no one is denied service for not

being able to make a donation.) 419-281-1477

Ashland County Department Job & Family

419-282-5000

Services

Associated Charities and Ashland County Food Bank

419-282-6061

www associated charities com

Breakfast Center-Emmanuel United Methodist Church

419-281-3667

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Hillsdale Cares

419-368-3132

First United Methodist Church

419-289-7551

Loudonville Golden Center

Senior meals Wednesday and Friday (Please call ahead to reserve meal.) 419-994-5531

Loudonville Mobile Food Pantry

419-281-1477

Lutheran Social Services of Northern Ohio

877-741-3331

www.lssco.org/lssno.php

National Hunger Hotline

1-866-348-6479

www.fns.usda.gov/outreach/clearinghouse

Pump House Ministries

419-207-3900

www.pumphouseministries.com

Salvation Army

419-281-8001

www.ashland.salarmykroc.org

St. Edwards Hunger Center

419-289-7224

Simply EZ HDM of North Central Ohio,

Inc. (To determine if you qualify for any state or local programs, contact the Elder Locations 1-800 -677-1116).

1-866-439-6325 or 419-589-4006

Trinity Lutheran Church

419-289-2126

Help for Stay at Home

ADULT DAY CARE

Area Agency on Aging, District 5

800-860-5799

www.aaa5ohio.org

Colonial Manor Health Care Center

419-994-4191

CAREGIVER INFORMATION

Alzheimer's Association 24/7 National Hotline 800-441-3322

www.alz.org

Mansfield Area Regional Office

419-522-5050

www.alz.org/nwohio

Area Agency on Aging, District 5

800-860-5799

www.aaa5ohio.org

Ashland County Adult Protective Services

419-282-5000

Easter Seal Society of Northwestern Ohio

440-324-6600

http://noh.easterseals.com

Hospice of NCO

419-281-7107 or 800-952-2207

HOMEMAKER SERVICES

Area Agency on Aging, District 5

800-860-5799

www.aaa5ohio.org

Ashland County Council on Aging

419-281-1477

HOME HEALTH AGENCIES

Please keep in mind that each agency has different services and levels of care that they provide. Each also has varying payment options and/or insurance requirements.

Area Agency on Aging

419-524-4144

www.aaa5ohio.org/

American Nursing Care

1.800-875.2622

www.americannursingcare.com

Ashland Home Care

419-289-1118

www.ashlandhomecare.com

Cambridge Home Health

419-775·1253 or 888-484-3094 www.cambridgehomehealth.com

Central Star Home Health Service

419-756-9449

www.centralstarhomehealth.com

Coram Health Care

800-267-2642

www.coramhc.com

Lincare, Inc.

419-774-9595

www.lincare.com

The Medicine Shoppe

419-756-6032

www.medicineshoppe.com

Premier Medical Equipment & Supplies Inc.

419-529-0100

Shaw-Ott Medical

419-524-4388 or 1-877-742-9688 http://fshawottmedical.com

Towne Pharmacy

419-281-4040

PHARMACIES

Buehler's Fresh Food Market

419.282-9800

www.buehlers.com

CVS

419-281-0525

www.cvs.com

Danner's Pharmacy

419-994-3221

Discount Drug Mart

419-281-7880

discount-drugmart.com

RiteAid

419 289-3717

www.riteaid.com

Samaritan Retail Pharmacy

419-289-9636

Towne Pharmacy

419.281.4040

Wal·Mart Pharmacy

419-289-6859

PRESCRIPTION DRUG ASSISTANCE

Ashland County Cancer Association

419-281-1863

Ashland County Council on Aging

419-281-1477

www.ashlandcountycouncilonaging.org

Ashland County RX-CareMark

877-321-2652

Associated Charities

419.281.6061

www.associatedcharities.com

Buehler's Fresh Food Market

419-282-9800

www.buehlers.com

C&K Prescription Assistance

419-281-1900

Discount Drug Mart

Also have a non prescription drug service called Caregiver's Receipt. Please call or see the store for

details.)

419-281-7880

Medical Associates of Mid-Ohio

419-289-1221

Ohio's BestRX

1.866.763.9630 www.ohiobestrx.org

OSHIP (Ohio Senior Health Insurance

Information Program)

Partnership for Prescription Assistance

1.888-477.2669

800-686-1578

www.pparx.org

Patient Medication Assistance Program of

Ashland

419-281-1863

prescriptionassistance@frontier.com

Samaritan Regional Health System

419-289-0491

United Way of Ashland County

419-281-7622

www.uwashlandoh.org

Wal-Mart Pharmacy

60+)

419-289-6859

www.walmart.com

CULTURAL ACTIVITIES

Recreation

Ashland County Historical Museum

419-289-3111

http://ashlandhistory.org

Ashland County Council on Aging

(Art, Theatre, Picnic, Shopping Trips for ages

419-281-1477

9th Street Dental Clinic

419· 289-1430 www.acohs.org/9th street.html

HEALTH CLINICS

Ashland Christian Health Center

419-903-0475

www.ashlandchristianhealthcenter.org

Ashland Health Department

419-282-4317

www ashlandhealth com

Walk-in Clinic at Kettering-Samaritan Health

Center

419-994-4121

Q-Care

419-207-2502

HOSPICE

Hospice of NCO

800-952-2207 or 419-281-7107 www.hospiceofnorthcentralohio.org

Southern Care

419-774-0555

HOSPITALS

Affinity Medical Center

330-832-8761

Akron General Medical Center

330-344-6000

www.akrongeneral.org

Cleveland Clinic

800-223-2273

my.clevelandclinic.org

Cleveland Metro Health

216-957-5555

www.metrohealth.org

Grant Medical Center

614-566-9000

www.ohiohealth.comjgrant

Kettering Health Network

419-994-4121

www.khnetwork.org

MedCentral

419-526-8000

www.medcentral.org

Ohio State Medical Center

800-293-5123

medicalcenter.osu.edu

Riverside Methodist

614-566-5000

www.ohiohealth.com/riverside

Samaritan Regional Health System

419-289-0491

www.samaritanhospital.org

SUMMA—St. Thomas Hospital

330-375-3000

Wooster Community Hospital

330-263-8100

https://woosterhospital.org

MEDICAL EQUIPMENT

Ashland Christian Health Center

419-903-0475

www.ashlandchristianhealthcenter.org

Ashland County Cancer Association

419-281-1863

American Home Patient

419-5 29-5454

www.ahom.com

Apria Healthcare

800-277-4288

www.apria.com

DASCO Home Medical

800-892-4044

419-289-6489

419-289-0489

www.godasco.com

Discount Drug Mart

419.281-7880

Easter Seal Society of Northwestern Ohio

440-324-6600

http://noh.easterseals.com

Hanger Prosthetic & Orthopedic, Inc.

419-756-6226 or 1-877-442-6437

www.hanger.com

Wavne Health Services

330-345-7730 or 800-345-5894

www.waynehealthservices.com

Hursh Health Care

419.522.9900

Integrated Medical Inc.

800-783-9251

www.imsready.com

Companions of Ashland

419-281-2273

www.crystalcarecenters.com

First Choice Home Health

419.521.2700

www.thirdage.com

Home Care Plus

419-529-2200

www.mardencompanies.com

Home Care Matters Home Health & Hospice

419-468-7985

www.homecarematters.org

Home Care Network

419-756-8872

Home Care Network/PediaNet

800-600-3974

Fisher Titus Medical Center Home Health

Care

419.668.8101 or 800-589-3862

Home Helpers (non-medical care)

800-216-4196

http://ihomehelpers.ccj

Hursh Health Care

419-522-9900

Intrepid USA Healtbcare Services

888-800-5311

www.intrepidusa.com

Lakeside Home Health Care

419-589-2423

www.lakesidehomecare.com

MedCare Professionals, LLC

419-933-4633

http://jmedcareprofessionals.com

MedCentral Health Systems Home Care/

Hospice

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419-526-8442

Mid-Ohio Home Health

419-529-3883

www.midohiohomehealth.com

Mohican Home Health

419-651-3360

SamaritanHomeCare

419-289-7822

www.samaritanhospital.org

Signature Health Services

419 · 281 - 0517

www.signaturehealth.org

Sunshine Home Care PPL

419-207-9900

Visiting Nurses Association- Mid-Ohio

419.522-4969

www.vnaohio.org

Wooster Community Hospital's Home Health

Department

330·263-8636 or 1·800-531·3036

RESPITE CARE

Alzheimer's Association 24/7

National Hotline

800-441-3322

www.alz.org

Mansfield Area Regional Office 419-522-5050

www.alz.org/nwohio

Area Agency on Aging, District 5

800-860-5799

www.aaa5ohio.org

Belmont Tower—Brethren Care Village

1.866.289-1585 or 419-289-1585

www.brethrencarevillage.org

Bloomfield Cottages—Brethren Care Village

1-866-289-1585 or 419-289-1585

www.brethrencarevillage.org

Brookwood Place—Brethren Care Village

1-866-289-1585 or 419-289-1585 www.brethrencarevillage.org

Cambridge Home Health Care

419·281·3599 www.cambridgehomehealth.com

Colonial Manor Health Care Center

419-994-4191

Companions of Ashland Home Care & Nurse

Aide Training 419·281·2273

www.ashlandnurseaidetraining.com

Easter Seal Society of Northwestern Ohio

440-324-6600

http://noh.easterseals.com

Good Shepherd Home & Villa

419-289-3523

www.thegoodshepherdashland.org

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Kingston of Ashland

419-289·3859 www.kingstonhc.com

Signature Health Services

419· 2 81·0517 www.signaturehealth.org

Sunshine Home Care PPL

419 · 207 · 9900

Visiting Nurse Association

419-522-4969 www.vnaohio.org

WELLNESS PROGRAMS

Area Agency on Aging, District 5

800-860-5799 www.aaa5ohio.org

Kingston of Ashland

419-289-3859 www.kingstonashland.com

Salvation Army

419-281-8001 www.ashland.salarmykroc.org

Silver Sneakers—Ashland YMCA

419-289-0626

SNAP Fitness

419-903-0577

Emergency Response System

ADT Companion Services

800-568-1216 www.adtcares.com

Aultman Lifeline Services 800-628-4302

Care 241ncorporated 800-538-9968

Phillips Lifeline

800-458-3236

Caring Solutions

800-683-9302 or 419-683·3502 www.caringsolutionsinc.com

Guardian Medical Monitoring

888-349-2400

Health II

419-353-0817

Healthcom

800-525-6237 www.healthcominc.com

Home Helpers & Direct Link

800-216-4196 or 330-745-9295 http://homehelpers.cc/

Lifeline Systems

1·800·566-6218 http://philips.lifelinesystems.com

Responsibility Systems

800-899-4560

Schmidt Security Pro-Caregard

419·526·4747 or 800-526-1919 www.schmidtsecurity.com

Sonitrol

1-877-766-4876 www.sonitrol.com

SOSignal Personal Emergency Response

800-225-4848 www.sossignal.com

VectorSecurity

419-526-1299 www.vectorsecurity.com

VRI Lifeline

800·860-4230 www.monitoringcare.com

Housing

ADULT FOSTER/ GROUP HOMES

ACCESS—Salvation Army Kroc Center

419-281-8001

www.ashland.salarmykroc.org

Loudonville Rest Home

994-4250

Loudonville Foster Home—Veterans Only

419-994-5433

Marcella Sousa Home

419-281-3734

ASSISTED LIVING

Belmont Tower—Brethren Care Village

1-866·289-1585 or 419·289-1585 www.brethrencarevillage.org

Brethren Care Village

1-866-289-1585 or 419-289-1585 www.brethrencarevillage.org

Brookwood Place—Brethren Care Village

1-866-289-1585 or 419-289-1585 www.brethrencarevillage.org

Loudonville Rest Home

994-4250

Loudonville Foster Home—Veterans Only

419-994-5433

Lutheran Village of Ashland

419-281-8403 www.lutheranvillageofashland.org

McMullen Assisted Care

419-994-5405

HOME MODIFICATION/ REPAIRS

American Ramps Central Ohio

888-715-7598 www.amramp.com

Area Agency on Aging, District 5

800-860-5799 www.aaa5ohio.org

Health Care Depot of Ohio, LLC

419-524-3376

R&R Cleaning

419-589-7747

Richland Renovation

877-524-0220

http://richlandrenovating.com

Shaw-Ott Medical

419-524-4388 or 1-877-742-9688 http://fshawottmedical.com

Sunshine Home Care PPL

419-207-9900

TriState Construction

419-994-5865

INDEPENDENT LIVING & HOUSING

Agape Acres

419-289-8920

Arlene Apartments

419-938-5691

Ashland Village Apartments

419-289-8784

Brethren Care Village

1-866-289-1585 or 419·289-1585 www.brethrencarevillage.org

Essex House Apartments

419-281-8230

Good Shepherd Home & Villa

419-289-3523

www.thegoodshepherdashland.org

Lincoln Terrace

419-289-3296

Loudon Bluff Apartments

419-994-3104

Martin House Apartments

419-281-6721

Mill Run Place

419-281-8776

Stoney Creek

419-281-0281

SKILLED NURSING FACILITIES

Brethren Care Village

1-866-289-1585 419-289-158 www.brethrencarevillage.org

Colonial Manor Health Care Center

419-994-4191

Crystal Care Companions

419-281-9595

www.crystalcarecenters.com

Good Shepherd Home & Villa

419-289-3523

www.thegoodshepherdashland.org

Kingston of Ashland

419-289-3859

www.kingstonhc.com

Legal

Legal Aid Services 888-534-1432

Ashland County Council on Aging

419-281-1477

Medical

DENTAL CLINICS

Kno-Ho-Co Ashland Dental Clinic

419-289-4957

www.knohoco.org