

Values List:

Begin with highlighting 15 values that are most important to you. Then narrow down to 5-8 **core values**.



Accomplishment	Conformity	Genuineness	National Security	Self-Respect
Achievement	Contentedness	Happiness	Nature	Sincerity
Adventure	Control	Health	Obedient	Spirituality
Affection	Cooperation	Helpfulness	Order	Stability
Affiliation	Courageous	Honesty	Peace	Status
Ambitious	Courteous	Hope	Personal Development	Success
Authority	Creativity	Humility	Perseverance	Symbolic
Autonomy	Dependable	Humor	Pleasure	Taking Risks
Beauty	Disciplined	Independence	Polite	Teamwork
Belonging	Economic Security	Improving Society	Power	Tidy
Balance	Effective	Innovative	Pride	Tender
Caring	Equality	Integrity	Rational	Tranquility
Challenge	Excitement	Intellectual	Recognition	Tradition
Cheerful	Fame	Involvement	Reliable	Trust
Clean	Family Happiness	Imagination	Religion	Time
Comfortable Life	Family Security	Joy	Respectful	Uniqueness
Companionship	Forgiving	Justice	Responsible	Wealth
Compassion	Free Choice	Leisurely	Restrained	Well-being
Competent	Freedom	Logical	Salvation	Wholeheartedness
Competitiveness	Friendship	Love	Self-Controlled	Winning
Contribution to others	Fun	Loving	Self-Reliance	Wisdom

Others not listed:

