

Quick Guide to Ways We Can Help

Services we provide	Ways we can help	For more info
Cancer Information	<ul style="list-style-type: none"> • Answer questions about cancer • Provide books and information on cancer • Perform searches on health topics <p><i>*Located at main campus of UH Seidman Cancer Center – open to all patients</i></p>	<ul style="list-style-type: none"> • Call or visit the Puck Learning Resource Center* (Library) 216-286-4636 • Call the Cancer Information Service Line at 1-800-641-2422
Billing Information	<ul style="list-style-type: none"> • Answer your billing questions 	<ul style="list-style-type: none"> • Call 216-286-3814 for last names A – M • Call 216-286-3809 for last names N – Z
Social Worker	<ul style="list-style-type: none"> • Help to address barriers to care • Coping and emotional support 	<ul style="list-style-type: none"> • At your appointment, request to speak with a social worker
Nutrition Support	<ul style="list-style-type: none"> • Answer questions about nutrition and diet • Help you choose the best food and drinks during and after treatment 	<ul style="list-style-type: none"> • At your appointment, request to speak with a dietitian
Symptom Management and Supportive Care	<ul style="list-style-type: none"> • Talk with you about your values, goals for care, and treatment choices • Provide added support to help manage: <ul style="list-style-type: none"> ▪ Pain ▪ Fatigue (feeling tired) ▪ Shortness of breath ▪ Depression ▪ Anxiety (worry) ▪ Loss of appetite ▪ Problems sleeping ▪ Constipation ▪ Nausea/Vomiting 	<ul style="list-style-type: none"> • Talk with your doctor or nurse
Le Salon	<ul style="list-style-type: none"> • Provide wigs, hats and scarves to patients with hair loss from cancer treatment at no cost 	<ul style="list-style-type: none"> • Call 216-844-9447 to schedule an appointment
Adolescent & Young Adults	<ul style="list-style-type: none"> • Provide support and information to adolescents, teens and young adults up to age 30 	<ul style="list-style-type: none"> • Call 216-844-5437, press #2.

Services we provide	Ways we can help	For more info
UH Addiction	<ul style="list-style-type: none"> • Provide a psychiatrist to address alcohol and drug addictions 	<ul style="list-style-type: none"> • Call 216-844-2400 to make an appointment with a psychiatrist
Physical Therapy	<ul style="list-style-type: none"> • Provide exercise and activity to help regain strength and movement and learn ways to avoid falls and injuries • Manage the effects of lymphedema 	<ul style="list-style-type: none"> • Talk with your doctor or nurse
Integrative Oncology Consultation	<ul style="list-style-type: none"> • Offers recommendations – encompassing body, mind and spirit – to help you develop a personalized care plan, based on individual goals and current health conditions. 	<ul style="list-style-type: none"> • Request an appointment with a integrative oncology specialist
Acupuncture	<ul style="list-style-type: none"> • Use acupuncture to treat symptoms from cancer therapies: Pain, nausea/vomiting, headaches, hot flashes, dry mouth, mood disorders, and neuropathy 	<ul style="list-style-type: none"> • Talk with your doctor or nurse to request appointment with the acupuncturist
Art Therapy	<ul style="list-style-type: none"> • Provide art therapy techniques to help reduce pain and stress and express feelings 	<ul style="list-style-type: none"> • Call 216-844-1221 to make an appointment
Music Therapy	<ul style="list-style-type: none"> • Provide music and instruments to reduce pain, stress, and express your feelings 	<ul style="list-style-type: none"> • Call 216-844-7727 to make an appointment
Pet Pals	<ul style="list-style-type: none"> • Provide pets with a volunteer to visit with you when your admitted to the hospital. 	<ul style="list-style-type: none"> • Ask your hospital team or nurse
Spiritual Care	<ul style="list-style-type: none"> • Talk with you and/or your family about faith, spirituality, or life meaning • Provide prayer and emotional support 	<ul style="list-style-type: none"> • Call 216-286-3871 to make an appointment
Women’s Sexual Health	<ul style="list-style-type: none"> • Provide help to women with sexual function and related concerns 	<ul style="list-style-type: none"> • Call 216-285-5039 to make an appointment
Men’s Sexual Health	<ul style="list-style-type: none"> • Provide help to men with sexual function and related concerns 	<ul style="list-style-type: none"> • Call 216-844-3009 to make an appointment
Survivorship	<ul style="list-style-type: none"> • Support patient and families with issues related to surviving cancer (after treatment ends) 	<ul style="list-style-type: none"> • Ask your cancer nurse for more information
Fertility	<ul style="list-style-type: none"> • Provide fertility counseling and fertility treatments 	<ul style="list-style-type: none"> • Talk with your doctor or nurse
Quit Smoking or Tobacco use	<ul style="list-style-type: none"> • Provide service to help with quit tobacco use at no cost. Appointments can occur in-person, by phone or video conference. Nicotine replacement therapy is also available. 	<ul style="list-style-type: none"> • Call 216-368-5643 to make an appointment

Continued on reverse side