

2020 Medically Supervised Weight Loss Programs

The Nutritional Health & Bariatric Surgery Center at University Hospitals is pleased to offer free** medically supervised weight loss programs. These programs assist patients in meeting the preoperative, medically supervised nutrition requirement that is mandated by insurance companies prior to weight loss surgery.

We offer FIVE convenient locations to serve you.

UH Cleveland Medical Center

11100 Euclid Ave, Cleveland, Ohio 44106
3rd Tuesday of each month
Bolwell A

4 – 5 p.m.

January 21	February 18
March 17	April 21
May 19	June 16
July 21	August 18
September 15	October 20
November 17	December 15

UH Parma Medical Center

7007 Powers Boulevard, Parma, Ohio 44129
1st and 3rd Thursday of each month
MAC 2 Suite 303

5:30 – 6:30 pm

January 2	January 16
February 6	February 20
March 5	March 19
April 2	April 16
May 7	May 21
June 4	June 18
July 2	July 16
August 6	August 20
September 3	September 17
October 1	October 15
November 5	November 19
December 3	December 17

UH Geauga Medical Center

13207 Ravenna Road, Chardon, Ohio 44024
2nd Tuesday of each month
Conference Center

4:30 – 5:30 p.m.

January 14	February 11
March 10	April 14
May 12	June 9
July 14	August 11
September 8	October 13
November 10	December 8

The following classes are 9 – 10 a.m.

January 8 – Education center
February 5 – Education center
April 8 – Education center
May 13 – Education center
June 10 – Education center
July 8 – Lobby conference room
August 12 – Lobby conference room
September 9 – Lobby conference room
October 14 – Lobby conference room
November 11 – Lobby conference room
December 9 – Education center

The following class is noon – 1 p.m.

March 11 – Lobby conference room

UH Minoff Health Center at Chagrin Highlands

3909 Orange Place
Orange Village, Ohio 44122
3rd and 4th Wednesday of each month
3rd Floor Lobby

5:30 – 6:30 p.m.

January 15	January 22
February 19	February 26
March 18	March 25
April 15	April 22
May 20	May 27
June 17	June 24
July 15	July 22
August 19	August 26
September 16	September 23
October 21	October 28
November 11*	November 18*
December 16	December 23

UH Westlake Health Center

960 Clague Road, Westlake, Ohio 44145
2nd Thursday of each month
Conference Room

5:30 – 6:30 p.m.

January 9	February 13
March 12	April 9
May 14	June 11
July 9	August 13
September 10	October 8
November 12	December 10

For more information, contact us: 216-844-5274

To read patient stories and learn more about our program, visit UHhospitals.org/WeightLoss.

*Indicates a date change

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**Patients requesting to have their Medically Supervised Weight Loss Group records released to a non-UH facility for any reason prior to their weight loss surgery will be required to pay a \$500 program fee prior to record release.