

Information on Phase 1 Cancer Clinical Trials

What are phase 1 cancer clinical trials?

Phase 1 cancer clinical trials are looking to find new treatments for cancer. There are 4 phases of clinical trials. In phase 1 trials, it is the first time the treatment or medicines are being studied in humans. To help keep patients safe, these trials are controlled and approved by a review board.

The purpose of phase 1 cancer trials is to:

- find a safe dose of a new medication or treatment.
- see how a new medicine or treatment should be given.
- see how a new medicine or treatment affects the body and fights the cancer.

Enrollment in a phase 1 clinical trial can depend on:

- your type of cancer
- your medical history and current health
- the type of treatments you have received
- the number of available trial spots

What are the first steps in the cancer clinical trial process?

After you or your doctor contacts us, a member of our clinical trials team reviews your medical records to see if we have any trials for you. If we have to gather records from other hospitals, this may take extra time. If you need to come in for a pre-clinical trial appointment, we will call you.

What happens at a pre-clinical trial appointment?

- A doctor or nurse practitioner and a research specialist meet with you to look at your medical history and review your overall health. They review info about clinical trials and answer your questions. You may have an exam and lab work. This visit helps find out if you are healthy enough for a trial.



- You may want to bring a family member or caregiver with you to help listen and ask questions.
- Plan to be at this appointment for 1 to 2 hours.
- If we discuss a trial with you at this visit, you do not have to decide at this appointment if you want to join the trial.

How long will it take to find a clinical trial?

- The time it takes to find a trial may vary from days to weeks. Timing depends on when a spot becomes available. During this time, the clinical trials team reviews your case every week.
- The clinical trials team will contact you when a spot becomes available. It is important to respond promptly, as spots in the study may be limited.
- If we do not have a trial at UH for you, we will contact you and/or your cancer doctor.



What do I do while waiting for a clinical trial?

While waiting for a clinical trial you need to continue to follow up with your main cancer doctor. Keep in contact with our clinical trials team every few weeks to let us know about changes in your treatment plan and/or health.

It is okay to look for trials at other cancer centers during this time.

What happens after a cancer clinical trial is found for me?

- A member of the clinical trials team contacts you and sets up an appointment to review the trial consent form in person.
- The research nurse reviews the consent form with you. After you have your questions answered and understand the trial you can choose to sign the consent form. You may also take the time to review the consent form at home with your family, friend or caregiver.
- Before starting the trial, you may have to meet with a doctor from the phase 1 clinical trial team and have tests such as blood draws and/or scans.
- It is important to understand what is covered by your insurance company. Not all clinical trials are covered by insurance. You may meet with a financial counselor to discuss insurance and financial questions.



Enrolling in a trial is your choice. At any time during the trial, you can choose to stop the trial and talk about other care options.

How can I learn more about clinical trials?

Call

UH Seidman Cancer Center Cancer Information Service Line: 216-844-5432

National Cancer Institute: 1-800-4CANCER or 1-800-422-6227



Search

UH Seidman Cancer Center: clinicaltrials.uhseidman.org

American Society of Clinical Oncology: cancer.net

U.S. National Library of Medicine: clinicaltrials.gov



View

Cancer.net -Type in search box: clinical trials videos