

Will It Come Back?

Summer 2012

This pathfinder may be useful in finding information about the fear of your cancer returning.

Resources

Books

The Cancer Survivor's Guide: The Essential Handbook to Life after Cancer by Michael Feuerstein, Ph.D. De Capo Press, 2006

Picking Up the Pieces: Moving Forward after Surviving Cancer by Sherri Magee. Rutgers University Press, 2007

Riding the Dragon: 10 Lessons for Inner Strength in Challenging Times by Robert J. Wicks. Sorin Books, 2005

Brochures

“Facing Forward: Life After Cancer Treatment” from the National Cancer Institute. To get a copy or read online, go to www.cancer.gov and click on NCI Publications from the left sidebar. Click on “Survivorship” and choose “Facing Forward” from the list.

Websites

LiveSTRONG Go to www.livestrong.org. Click “Cancer Information.” Then click “Learn About Cancer.” Choose “Cancer Support Topics” then “Emotional Effects of Cancer.” Click on “Fear of Recurrence.”

American Cancer Society – “Living with Uncertainty” is an online document, which can also be printed, that covers the common questions and concerns people may have when thinking about their cancer returning. Go to www.cancer.org. Type “uncertainty” in the search box. Click on the first link in the list.

American Society for Clinical Oncology. Go to www.cancer.net. Click “Coping” on the left sidebar. Choose “Fear of Recurrence.”

Where to Find These

Visit your local library

Use the library computers or ask the librarian to help you find these resources.

Puck Learning Resource Center

www.opac.libraryworld.com Use Puck LRC for login – no password

Cleveland Public Library

www.CPL.org

Cuyahoga County Public Library

www.cuyahogalibrary.org

World-wide library catalog

www.worldcat.org

This Pathfinder is a suggested list of books and websites and is not meant to take the place of medical advice or professional counseling. If you have any questions, please talk to your doctor, nurse, or social worker.