

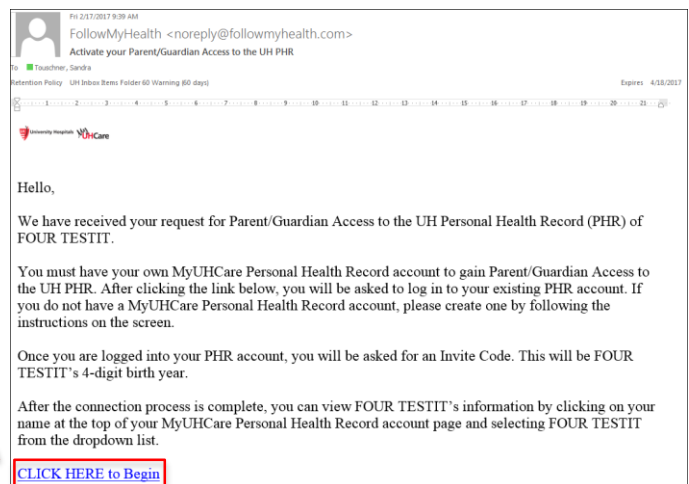
# Accepting an Invitation for Parent/Guardian Access to the MyUHCare Personal Health Record

Thank you for signing up for parent/guardian access to the MyUHCare Personal Health Record (PHR). In a few days, check your email for an invitation from FollowMyHealth® like the one below. Follow these steps to accept the invitation and set up access to view the patient's PHR.

1. Click on the blue **CLICK HERE to Begin** link at the bottom of the PHR Parent/Guardian Access Activation email.

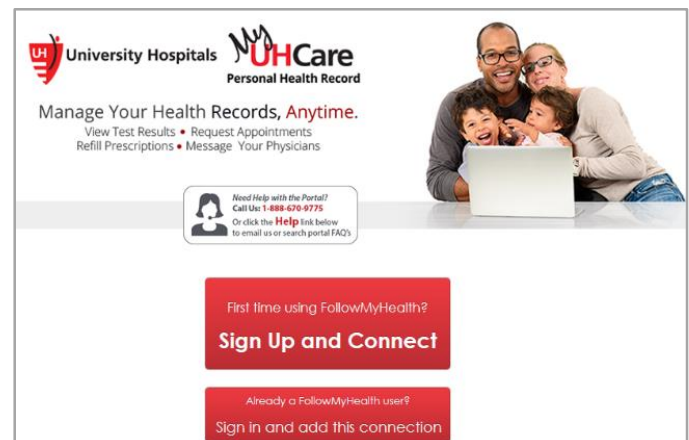
**Note:** This email will be sent to you from FollowMyHealth® (noreply@followmyhealth.com). If you do not see the email in your inbox, check your Junk or Spam email folder.

If you submit more than one Parent/Guardian Access form, you will receive an email for each form submitted. You will have to repeat the steps in this handout for each email you receive.



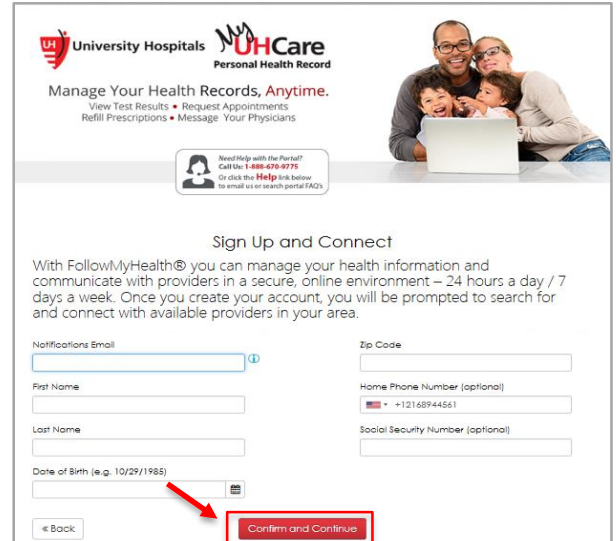
2. The UH PHR login screen displays with two options:

- If you already have your own PHR account, choose **Sign in and add this connection**. After logging in, skip to Step 5.
- If you do not already have your own PHR account, you will need to create one. Choose **Sign Up and Connect**.



3. After selecting **Sign Up and Connect**, the screen at the right displays.

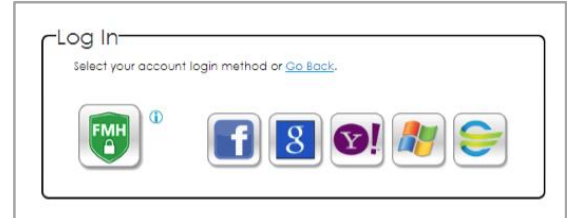
Fill out the required information, select **Confirm and Continue** and accept the Terms of Service.



4. Choose a login method for your new account and log in.

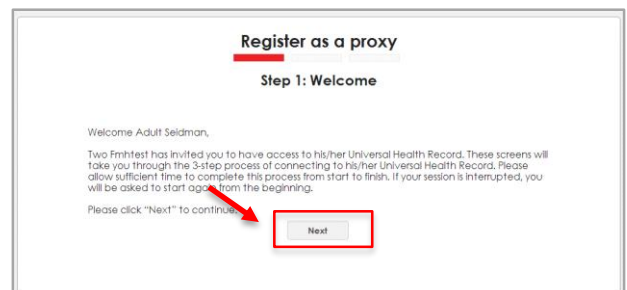
- Click on the green **FMH** secure login icon to create a username and password specifically for your PHR.
- Or log in with an existing username and password from a Facebook, Google, Yahoo or Microsoft Windows Live account. We never share the information in your PHR with these websites.

**Note:** It is best practice to create a username and password specifically for your PHR instead of logging in with Facebook, Google, Yahoo or Microsoft Windows Live.



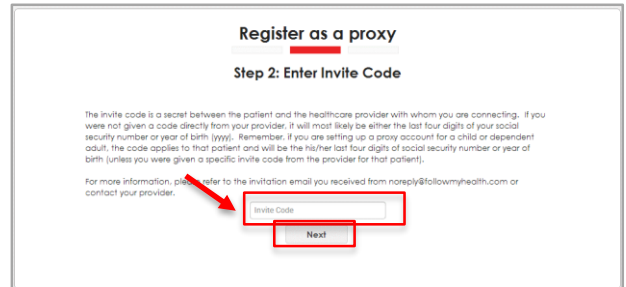
5. The proxy registration welcome screen displays.

Click **Next**.



- The next screen asks for an invite code. Enter the 4-digit birth year of the patient (e.g., 1992).

Click **Next**.



**Register as a proxy**

**Step 2: Enter Invite Code**

The invite code is a secret between the patient and the healthcare provider with whom you are connecting. If you were not given a code directly from your provider, it will most likely be either the last four digits of your social security number or year of birth (YYYY). Remember, if you are setting up a proxy account for a child or dependent adult, the code applies to that patient and will be the father last four digits of social security number or year of birth (unless you were given a specific invite code from the provider for that patient).

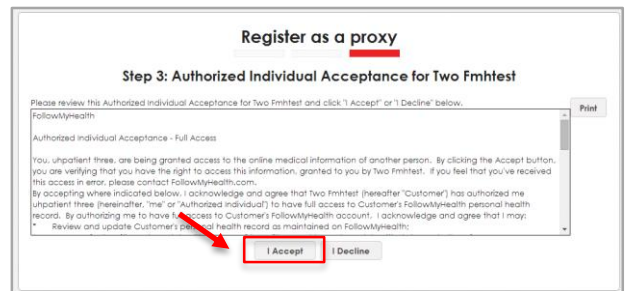
For more information, please refer to the invitation email you received from [norsply@followmyhealth.com](mailto:norsply@followmyhealth.com) or contact your provider.

Invite Code

Next

- The **Authorized Individual Acceptance** agreement displays. This confirms your right to access the patient's health information.

Click **I Accept**.



**Register as a proxy**

**Step 3: Authorized Individual Acceptance for Two Fmhtest**

Please review this Authorized Individual Acceptance for Two Fmhtest and click "I Accept" or "I Decline" below.

FollowMyHealth

Authorized Individual Acceptance - Full Access

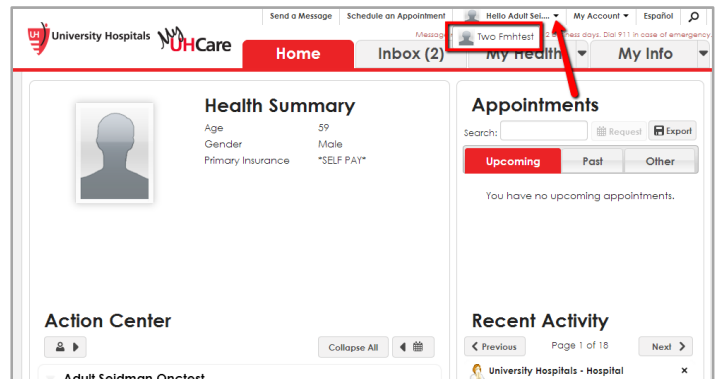
You, uhpatient three, are being granted access to the online medical information of another person. By clicking the Accept button, you are verifying that you have the right to access this information, granted to you by two Fmhtest. If you feel that you've received this access in error, please contact [FollowMyHealth.com](http://FollowMyHealth.com).

By accepting where indicated below, I acknowledge and agree that two Fmhtest (hereafter "Customer") has authorized me uhpatient three (hereafter, "me" or "Authorized individual") to have full access to Customer's FollowMyHealth personal health record. By authorizing me to have full access to Customer's FollowMyHealth account, I acknowledge and agree that I may: Review and update Customer's personal health record as maintained on FollowMyHealth.

I Accept I Decline

- Your own PHR account displays.

Click the drop-down menu next to your name at the top of the screen and select the name of the patient to view his or her PHR account.



Send a Message Schedule an Appointment Hello Adult Sel... My Account Español

University Hospitals UHCare Home Inbox (2) my health My Info

Health Summary

Age 59  
Gender Male  
Primary Insurance \*SELF PAY

Appointments

Search: [ ] Request Export

Upcoming Past Other

You have no upcoming appointments.

Action Center

Recent Activity

Adult Seidman Onctest

## Need Additional Assistance?

Please contact Customer Service at 1-888-670-9775, Monday – Friday, 8 a.m. – 8 p.m. or email [support@followmyhealth.com](mailto:support@followmyhealth.com)