

# Adding Patient Connections to Your MyUHCare Personal Health Record (PHR) Account

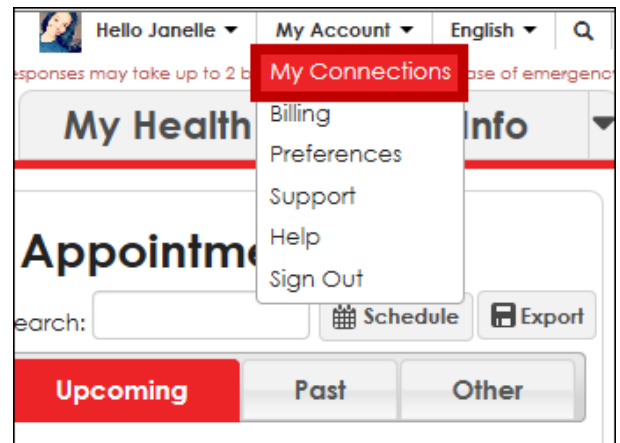
Follow the steps below to send an invitation for someone to connect to your MyUHCare PHR account. These instructions also contain information on how to accept an invitation to connect with someone's PHR account and how to disconnect a connection.

## Sending an Invitation for Someone to Connect with Your Record

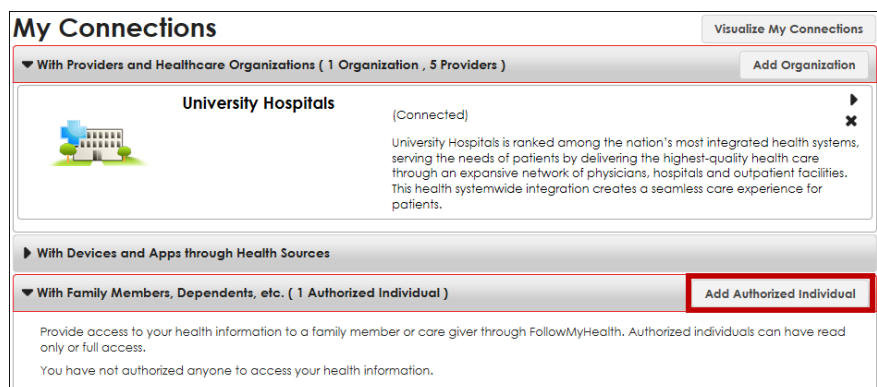
You can request for a friend or family member to connect to your MyUHCare PHR account so they may view your record while logged into their account.

**Note:** To view the record of a child under 18 or an adult for whom you are a guardian, you must complete the [Parent/Guardian Access Request Form](#) available at [uhhospitals.org/ParentGuardianAccess](http://uhhospitals.org/ParentGuardianAccess).

1. Log into your [MyUHCare PHR](#) account at [uhhospitals.followmyhealth.com](http://uhhospitals.followmyhealth.com). Under My Account, select **My Connections** in the upper right corner of the screen.

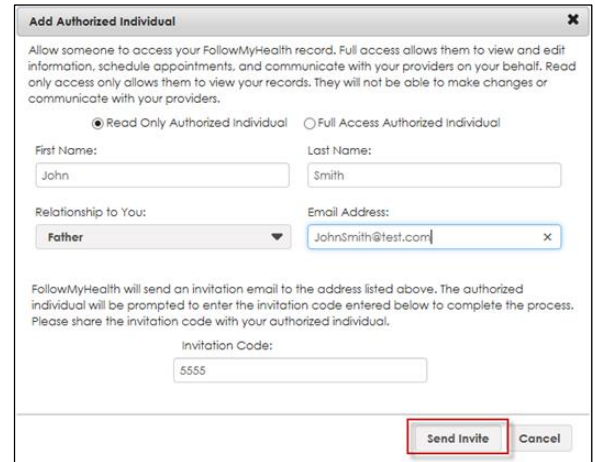


2. Under With Family Members, Dependents, etc. select **Add Authorized Individual**.

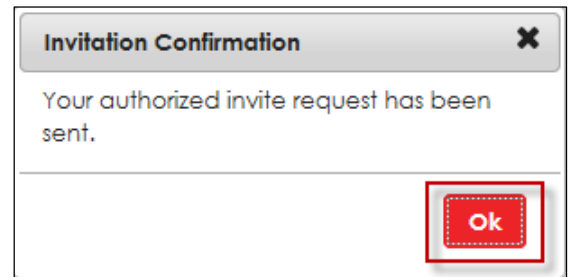


- The Add Authorized Individual screen appears. Select Read Only or Full Access (individual will be able to perform all the same actions as the account owner), then enter the requested information. Enter a four-digit **Invitation Code** of your choice.

Select **Send Invite**.



- An Invitation Confirmation screen appears. Select **Ok**.
- You can now log out of your MyUHCare PHR account by going to the **My Account** menu and selecting **Sign Out**.
- Share the four-digit **Invitation Code** you created with your invited connection.



## Accepting an Invitation to Connect with Another Individual's PHR Account

- After you receive an invitation to access another individual's account, you will receive an email from [noreply@followmyhealth.com](mailto:noreply@followmyhealth.com) containing instructions. Click on the registration link at the bottom of the message.

Please follow these instructions to complete the registration process and receive access to help manage Bradley Jean Test's health care. After you click the registration link below, follow these steps:

- Click Sign Up and Connect.** If you already have a portal account, click Sign in and add this connection (skip to step 3).
- Create a username** for your portal account. By default, this will be your email address. Next, create a password following the criteria noted on the right of the screen. Confirm your password to continue.
- Connect your account.** Follow the on-screen prompts to complete your account connection. These screens include accepting our Terms of Service, entering the Invitation Code that was provided to you by the sender, and accepting the release of information.

At the top of the page, you'll see a dropdown arrow next to **Hello, Name** which lists the accounts you have proxy access to. Simply click on the name of the account you wish to access.

If you have any questions during the registration process, please visit [support.followmyhealth.com](http://support.followmyhealth.com)

[Click here to become a proxy account manager for Bradley Jean Test](#)

Sincerely,  
The FollowMyHealth® Team

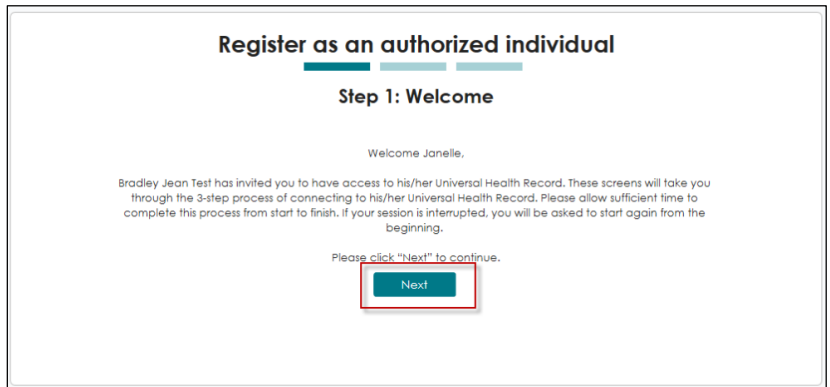
2. A login screen appears.

**Note:** The login screen will appear differently than the red MyUHCare PHR login screen you normally see. This blue-green FollowMyHealth screen is correct for this process.

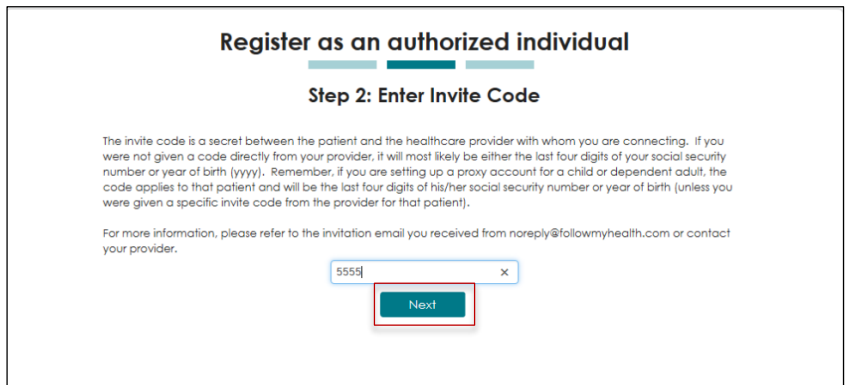
- If you already have a MyUHCare PHR account, select **Sign in and add this connection**.
- If you do not have an account, select **Sign Up and Connect** to create a username and password. Select **Confirm and Continue**.



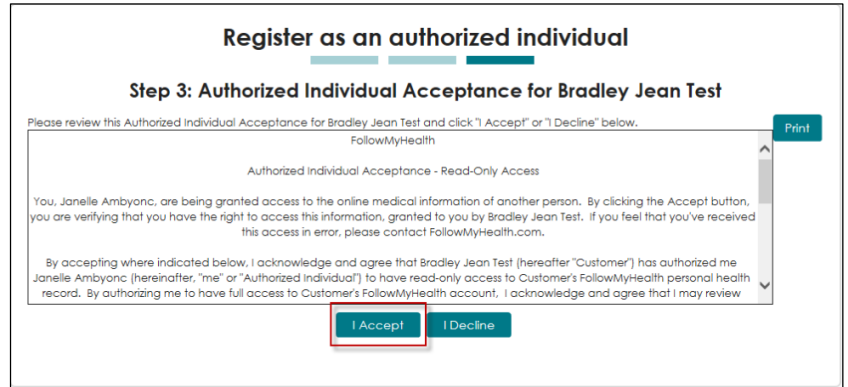
3. In Step 1, the Welcome screen appears. Select **Next**.



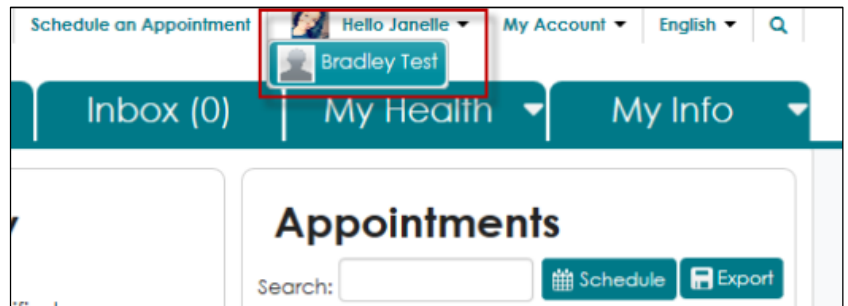
4. In Step 2, the Enter Invite Code screen appears. Enter the **four-digit code** provided to you by the individual inviting you to connect with their account. Select **Next**.



- In Step 3, the Authorized Individual Acceptance screen appears. Select **I Accept**.



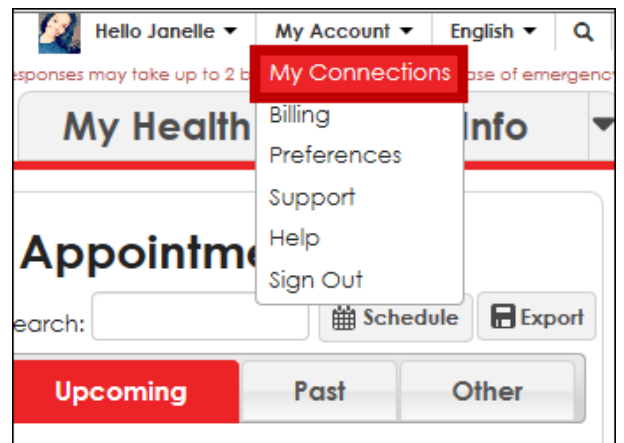
- Your MyUHCare PHR appears. Select the arrow next to Hello <Your Name>. The connected patient's name will display under your own. Click on their name to view their PHR.



## Removing a Connection

You can remove your MyUHCare PHR connections so that they may no longer view your record while logged into their account. You may also remove connections to view other people's accounts.

- Log into your [MyUHCare PHR](https://uhhospitals.followmyhealth.com) account at [uhhospitals.followmyhealth.com](https://uhhospitals.followmyhealth.com). Under My Account, select **My Connections** in the upper right corner of the screen.



2. Under With Family Members, Dependents, etc. select **Remove**.

**▼ With Family Members, Dependents, etc. ( 2 Authorized Individuals )** Add Authorized Individual

Provide access to your health information to a family member or care giver through FollowMyHealth. Authorized individuals can have read only or full access.

The following individuals have access to your records:

Name	Access	Health Record Updates	Remove
Mr. Family Member	Full Access	Active	<span style="border: 2px solid red; padding: 2px;">Remove</span>

You have access to the following individual's records:

Name	Access	Health Record Updates	Remove
Mrs. Your Friend	Full Access	Active	Remove

3. The Warning box appears. Select **Yes** to continue.

**Warning** ✕

Are you sure you want to remove your authorized access to Mr. Family Member's account?

Yes
No

4. The entry is removed from the screen and access is no longer available.

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Name	Access	Health Record Updates	Remove
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### Need Additional Assistance?

Please contact Customer Service at 1-888-670-9775, Monday – Friday, 8 a.m. – 8 p.m. or email [support@followmyhealth.com](mailto:support@followmyhealth.com)