
SENIOR NETWORK

2019 Senior Wellness Expo



WEDNESDAY, SEPTEMBER 25

Reservations are not required.

9 – 11:30 a.m. Information booths
11:15 – 11:45 a.m. Act II Singers
11:45 a.m. – 1 p.m. Cook-Off

Solon Community Center and Solon Senior Center

35000 Portz Parkway, Solon, Ohio 44139

You will enjoy:

- Complimentary health screenings
- Information booths and fun giveaways
- Flu shots available (Covered by most insurances, otherwise there will be a fee)
- A soup/chili cook-off! For \$4, you can sample them all!
(Includes salad, bread, dessert and beverage)
- Door prizes held at regular intervals (Must be present to win)



University Hospitals
Bedford Medical Center

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