

**SENIOR NETWORK  
2019 MEETING SCHEDULE**

8:30 – 9:00 Networking  
9:00 – 10:15 Meeting

	<u>HOST FACILITY</u>	<u>PHONE</u>	<u>SHOWCASE</u>	<u>SPEAKER</u>
<b>January 15</b>	Jennings at Brecksville 8736 Brecksville Road Brecksville, OH 44141	440.526.6643	Great Lakes Caring Home Health Care Autumn Richmond	<b>Opioid Crisis Robert Coleman, MD</b>
<b>February No meeting</b>				
<b>March 19</b>	Walton Manor 19859 Alexander Road Walton Hills, Oh 44146	440.439.4433	Daniel P. Seink, Co Daniel P. Seink	<b>Bundled Payments UH Population Health Department</b>
<b>April 16</b>	UH Bedford Medical Center 44 Blaine Avenue Bedford, OH 44146	440.735.3653	Laurels of Chagrin Falls Christine Iacona	<b>Hospital Case Manager/Social Work Panel</b>
<b>May 21</b>	Grand Oaks Embassy 24569 Broadway Avenue Oakwood Village, OH 44146	440.439.7976	Age Fit Consulting Annie O'Neill	<b>“Can’t we talk about something more pleasant” Lee-Ann Spacek</b>
<b>June 18</b>	Solon Senior Center 35000 Portz Pkwy Solon, OH 44139	440.349.6363  (Main Ball Room)	Beachwood Pointe/Regency of Beachwood Rebecca Moore	<b>FEEL The BEAT – Music Therapy and Wellness Daniel Rose, MM, MT-BC</b>
<b>July No meeting</b>				
<b>August 20</b>	Montefiore One David N. Myers Pkwy Beachwood, OH 44122	216.360.9080	Nesting Net, LLC Ginny Calvey	<b>Introduction to Integrative Medicine Leah Bacsh, PAC</b>
<b>September 17</b>	Atrium at Anna Maria 800 N. Aurora Road Aurora, OH 44202	330.562.0862	Angels on the Move Sue Lyons	<b>LinkedIn Ray Antonelli</b>
<b>October 15</b>	Home Instead Senior Care 7650 First Place, Bldg. B, Ste. H Oakwood Village, OH 44146	440.914.1400	Kabb Law Firm Melinda Smith	<b>Sleep Benefits in our Lives Kasia Hrecka, Ph.D</b>
<b>November 19</b>	Stratford Commons 7000 Cochran Road Solon, OH 44139	440.419.0900	Cherished Companions Lena Macfarlane	<b>Legislative Update</b>
<b>December 17 12-2pm</b>	Independence Village of Aurora 505 Chillicothe Road (St Rt 43) Aurora, OH 44202	330.562.1750		<b>Holiday Gathering</b>

- Host facilities will provide refreshments, a sign in/info table and a 5-minute presentation of their facility/agency. Tours can be offered after the meeting.
- Showcases will provide a door prize to raffle off and will do a 5 minute presentation of their facility/agency.
- A display / informational table will be available at all meetings for flyers on CEU's, Special events, etc...from any network member.

**2019 EVENTS:** 4/24/19 - Spring Wellness Luncheon at Holiday inn Independence  
9/25/18 - - Senior Wellness Expo at Solon Senior Center – You may register for a vendor table or cook-off sponsor