



**University Hospitals**  
Bedford Medical Center

*A Campus of UH Regional Hospitals*

# Health Care Services Guide







## Dear patients, family members and members of the community,

At University Hospitals Bedford Medical Center, we are proud to provide exceptional, high-quality health care services to our friends and neighbors in the surrounding communities.

Each physician, nurse and employee at our hospital is dedicated to building quality, lasting relationships with our patients and their families. And, our leadership team is working continually to expand our capabilities; invest in new technologies; and ultimately, exceed the expectations of those who come to us for care. We treat every patient with integrity, respect and sincere compassion for his or her unique situation and take great pride in providing a personalized experience from the moment a patient comes through our doors until the moment he or she leaves.

As you explore the services detailed throughout this guide, you can be confident that your health care team will be dedicated to your complete wellness, and our friendly staff will support and care for you in an environment that has been designed to provide a sense of well-being and safety.

Quality care, compassionate caring and close-to-home medical expertise. Those are the cornerstones of our hospital and the goal of all those who work within its walls.

Thank you again for choosing UH Bedford Medical Center.



## **There's so much going on inside our doors.**

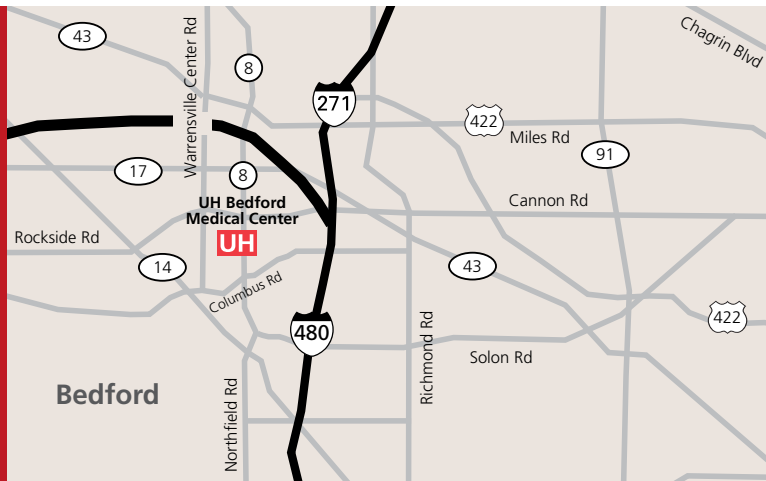
This nonprofit, acute care facility provides high-quality inpatient, outpatient and emergency health care services to the residents of Bedford and the surrounding communities.

We offer you and your family state-of-the-art medical expertise and compassionate caring in a warm, friendly, accessible setting. Our care is provided by physicians, nurses and other clinical professionals who deliver an extraordinary patient experience in close collaboration with the acclaimed Centers of Excellence at University Hospitals Cleveland Medical Center.

## **To Heal. To Teach. To Discover.**

Our mission is the foundation of the work we do. We take pride in our long tradition of medical excellence, and invite you to explore its dimensions on the pages that follow.

Thank you for choosing UH Bedford Medical Center for your care.



## Getting HERE

**UH Bedford Medical Center is located in Bedford,  
with convenient access to I-480 and I-271.**

***From the East:*** Take I-480 West to the Rockside Road exit.  
Turn left onto Rockside Road. Turn left onto Center Road.  
Turn left onto Blaine Avenue.

***From the West:*** Take I-480 East to exit 25A  
(Warrensville Center Road South) toward Bedford.  
Turn left onto Blaine Avenue.

***From the North:*** Take I-271 South to the Rockside Road exit.  
Turn right onto Rockside Road. Turn left onto Center Road.  
Turn left onto Blaine Avenue.

***From the South:*** Take I-271 North to the Broadway/Forbes exit.  
Turn left onto Broadway, toward downtown Bedford.  
Take a soft right onto Center Road. Turn right onto Blaine Avenue.

# Important phone numbers

<b>Hospital operator</b>	<b>440-735-3900</b>
<b>Admissions/Patient registration</b>	<b>440-735-3705</b>
<b>Central Scheduling</b>	<b>440-735-3701</b>
One convenient phone number to schedule appointments for the following services: Diagnostic Imaging* (MRI, Ultrasound, CT, Mammography, Nuclear Medicine and X-ray) EEG EMG Heart and Vascular Rehabilitation Services* Respiratory Sleep Studies Wound Center & Hyperbaric Medicine	
<b>Center for Lifelong Health</b>	<b>440-735-4200</b>
<b>Diabetes Center</b>	<b>440-735-4700</b>
<b>Emergency Department</b>	<b>440-735-3800</b>
<b>Financial counseling</b>	<b>440-735-3530</b>
<b>Grace Bedford (Long-term acute care)</b>	<b>440-735-3888</b>
<b>Laboratory</b>	<b>440-735-3544</b>
<b>Orthopedic Care Center</b>	<b>440-735-4775</b>
<b>Patient information</b>	<b>440-735-3900</b>
<b>Physician referral line</b>	<b>440-735-3701</b>
<b>Preadmission testing</b>	<b>440-735-3647</b>
<b>Respiratory therapy</b>	<b>440-735-4762</b>
<b>Senior ER</b>	<b>440-735-4200</b>
<b>UH Harrington Heart &amp; Vascular Institute</b>	<b>440-735-4762</b>
<b>UH Urology Institute</b>	<b>440-232-8955</b>
<b>Wound Care &amp; Hyperbaric Medicine Center</b>	<b>440-735-4755</b>

*\*Same- and next-day appointments available*

## INSTITUTES

### UH Digestive Health Institute

UH Digestive Health Institute is a nationally ranked leader in the prevention, diagnosis and treatment of digestive and liver diseases using novel, minimally invasive therapies and the most advanced technology. Expert medical and surgical teams provide comprehensive, compassionate care for each patient, including essential preventive screenings and wellness initiatives. Our integrated model means patients are seen by specialists from multiple disciplines who collaborate on personalized plans to deliver the highest-quality care experience.

At UH Bedford Medical Center, digestive conditions diagnosed and treated include:

- Barrett's esophagus
- Celiac disease
- Chronic diarrhea
- Constipation
- Diverticular disease
- Esophagitis
- Gastritis
- Gastroesophageal reflux disease (GERD)
- Gastrointestinal cancer
- Hemorrhoids
- Hepatitis
- Inflammatory bowel disease (IBD)
- Irritable bowel syndrome (IBS)
- Liver disease
- Pancreatitis
- Peptic ulcer disease
- Polyps
- Rectal bleeding
- Swallowing disorders

Call **440-735-3701** for a referral to a specialist.

### UH Harrington Heart & Vascular Institute

**Expert cardiovascular care – just a heartbeat away.**

University Hospitals Harrington Heart & Vascular Institute has a team of specialists at more than 20 convenient locations across the region, including UH Bedford Medical Center. With a reputation for providing personalized care, our nationally recognized experts, innovative treatments and leading-edge research are available when and where you need them – close to home.

Conditions diagnosed and treated include:

- Abdominal aortic aneurysm
- Angina
- Atrial fibrillation and other cardiac arrhythmias
- Coronary artery disease
- Heart attack
- Heart failure
- High blood pressure
- Peripheral arterial disease
- Valvular heart disease

In addition, UH Bedford Medical Center has received the following accreditations in accordance with evidence-based research and national guidelines:



Call **440-735-3701** for a referral to a heart and vascular specialist.



## UH Neurological Institute

The advanced neurodiagnostic capabilities of UH Neurological Institute are accessible to you, close to home. Our physician specialists collaborate with the Neurological Centers of Excellence at UH Cleveland Medical Center to provide the most advanced care available. UH Bedford Medical Center is a certified Primary Stroke Center, equipped with the latest technologies and clot-busting medications for the optimum treatment of brain attack.

Count on UH Neurological Institute for treatment of:

- Autonomic disorders
- Concussion
- Epilepsy
- Fibromyalgia
- Headache including migraine
- Multiple sclerosis
- Neuromuscular diseases including ALS
- Pain management
- Parkinson's disease
- Stroke

Call **440-735-3701** for a referral to a neurologist.

## UH Urology Institute

Our physicians specialize in the advanced treatment of urologic conditions that affect men and women of all ages. Our specialists are trained in the latest minimally invasive techniques including laparoscopic and robotic surgery. They also offer sophisticated diagnostics and medical treatments along with lifestyle modification programs to improve your quality of life.

Services include:

- General urologic procedures including vasectomy
- Treatment of varicocele, hydrocele and urethral strictures
- Laparoscopic, robotic and open surgery for urologic cancers and structural or functional disorders
- Treatment of erectile dysfunction
- Care for urinary incontinence and/or retention problems
- Cryoablation of prostate and kidney tumors
- Treatment of benign prostatic hyperplasia (BPH)
- Treatment of kidney, ureter and bladder stones

Screenings for the early detection of urologic cancers are also available for both genders.

Call **440-232-8955** for more information or to schedule a consultation.



**American Heart Association  
American Stroke Association  
CERTIFICATION**

Meets standards for

**Primary Stroke Center**





## SPECIALTY SERVICES

### Breast Clinic

At UH Bedford Medical Center, we offer a comprehensive range of breast health services for women of all ages. Our highly skilled team of physicians, surgeons, radiologists, nurses and other clinicians work together to provide complete care. Our breast health services include:

- Annual screening breast exams
- Evaluation and management of high-risk patients
- Mammograms
- Breast ultrasound
- Breast MRI
- Surgeries including needle aspiration, breast biopsy, lumpectomy, standard and nipple-sparing mastectomy

Women with breast health concerns do not need a referral from their primary care physician to schedule a consultation.

Call **440-735-3701** for more information or to schedule an appointment.

### Central Scheduling

Now, with one phone call, you can speak to specially trained personnel for assistance in scheduling the following tests and appointments:

- CT scans
- Mammograms
- MRI
- Nuclear medicine tests
- Pulmonary function tests
- Rehabilitation services appointments (physical, occupational and speech therapy)
- Sleep studies
- Ultrasound tests
- And more

Our trained referral specialists are available Monday through Friday from 7 a.m. to 11 p.m. and Saturday and Sunday from 8 a.m. to 5 p.m. to answer questions and schedule your tests and appointments.

*Please note, a physician referral is required for most tests and procedures. Once scheduled, you may either bring your written order to your appointment or ask your doctor to fax it to 216-201-5226.*

Call **440-735-3701**.

*Same- and next-day appointments available.*



## Center for Lifelong Health

At UH Bedford Medical Center, we recognize the need for specialized clinical services, preventive care and opportunities for social engagement to keep our senior population active, healthy and happy. At our Center for Lifelong Health, promoting successful aging is our goal.

Our center offers a multidisciplinary approach to engaging and caring for older adults and their families or caregivers. Health maintenance, disease prevention and the management of chronic conditions are the cornerstones of our program.

In addition to having a board-certified geriatrician on staff, the center offers the following services:

- Access to specialized care
- Age Well Be Well membership club
- Diabetes Center and support group
- Palliative care and hospice
- Senior ER
- Wound care and hyperbaric oxygen therapy

For more information about any of these services, call **440-735-4200**.

## Diabetes Center

Our Diabetes Center provides comprehensive strategies and clinical services to help manage your diabetes in one convenient location. Men, women and children of all ages are eligible to participate in the program, including prediabetics and women with gestational diabetes. Our services include:

- Access to clinical specialists including dietitians and pharmacists
- Access to educational classes
- Additional annual screenings recommended for diabetics
- Blood sugar monitoring and maintenance
- Compassionate one-on-one support and counseling
- If necessary, referral to physicians who treat complications often seen in diabetic patients

Our Diabetes Center is accredited by the American Diabetes Association.

Call **440-735-4700** for more information. Or visit **[UHBedford.org/Diabetes](http://UHBedford.org/Diabetes)**.



## Diagnostic Imaging

Fast, full-service outpatient diagnostic imaging is available at UH Bedford Medical Center including these state-of-the-art technologies:

- 128-slice CT
- Bone densitometry
- CT scan
- Digital mammography
- MRI
- Nuclear medicine
- Ultrasound
- X-ray

We offer personalized attention, minimized exam times and convenient appointment hours including weeknights and weekends. Close, ample parking is available. You must have a physician referral for all imaging procedures.

Call Central Scheduling at **440-735-3701** to schedule these tests.

*Same- and next-day appointments available.*

## Emergency Services

### ED Direct

When you come to the 24-hour emergency department at UH Bedford Medical Center, you will be seen by an emergency care specialist in 30 minutes or less. Under our care you will benefit from advanced capabilities including:

- A clinical staff certified in emergency medicine and trauma care
- Chest pain accreditation for exceptional early-stage heart attack care
- Stroke certification
- Total integration with and immediate access to the resources of UH Cleveland Medical Center and University Hospitals Rainbow Babies & Children's Hospital. When advanced care is needed, the UH MedEvac helicopter is available for swift transport.

- Remote EKG monitoring to minimize heart muscle damage while en route to the emergency room by ambulance
- Advanced technologies such as the Arctic Sun 5000 targeted temperature management system for patients with suspected cardiac arrest, heat emergencies or stroke

### InQuicker

University Hospitals is proud to offer Northeast Ohio's only online waiting room for select ER locations, including UH Bedford Medical Center. Choose your time slot and we'll hold your place so that when you arrive, we can take care of you or your loved one and get you back to your life sooner.

To schedule your ER visit, visit **[UHHospitals.org/InQuicker](https://www.uhhospitals.org/InQuicker)**.

*If you or your loved one is experiencing an urgent medical emergency, call 9-1-1.*

### Senior ER

Our hospital features the region's first Senior ER. Specialized emergency treatment for older adults is provided in an environment that includes softer lighting, safety rails, visual and hearing assistance devices, and mattresses that reduce pressure on the skin and back. At our Senior ER, patients have 24-hour access to physicians and nurses with high level, specialty training in senior care – addressing their physical, emotional and mental well-being within 30 minutes of arrival.

Call **440-735-4200** for more information or to receive a brochure in the mail.



## Ear, Nose and Throat Services (ENT)

At UH Bedford Medical Center, you can consult with our ENT specialists about your hearing, allergy or breathing issues in one day, instead of at separate appointments weeks apart. You now have convenient access to outstanding, hospital-based care for conditions involving the ears, nose, throat, head and neck, including:

- Asthma
- Chronic nosebleed
- Ear infection
- Food/insect/drug/environmental allergies
- Nasal/sinus conditions
- Sensorineural hearing loss
- Tonsillitis
- Vertigo

Call **440-735-3701** for a referral to an ENT physician in your neighborhood.

## Grace Bedford (Long-term acute care)

UH Bedford Medical Center has partnered with Grace Hospital to provide a 360-degree spectrum of acute care at one convenient location in our community. Grace Bedford – located on the third floor of the hospital – is an acute care facility that cares for patients who are very ill, but progressing, patients with multiple long-term acute medical needs, and patients who require a longer period of more intensive, inpatient treatment. Grace Bedford staff provides 24-hour patient monitoring with a high nurse-to-patient ratio. Physicians and specialists see each patient every day, and are always on call to quickly and skillfully address any emergency situation.

Call **440-735-3888** for more information.



## Laboratory

The laboratory at UH Bedford Medical Center is staffed by an experienced team of registered medical technologists and medical laboratory technicians. Lab services are available 24 hours a day for the Emergency Department and all inpatient areas of the hospital.

Convenient outpatient hours for physician-ordered blood draws are available at these times:

Monday – Thursday: 7:30 a.m. – 5 p.m.

Friday: 7:30 a.m. – 4:30 p.m.

Saturday: 7:30 a.m. – 12 p.m.

Our outpatient laboratory is located in the ambulatory surgery center.

*Walk-ins are welcome.*

*Appointments are not required.*

## Minimally Invasive and General Surgical Services

When you need surgery, count on the surgical team at UH Bedford Medical Center. Committed to the safety, wellness, convenience and comfort of our patients, our surgeons use advanced techniques featuring the newest laparoscopic and traditional procedures. Surgical capabilities include:

- Breast surgery including augmentation, reduction and reconstruction
- Gallbladder, liver and bile duct surgery
- Gastrointestinal procedures including appendectomy and bowel resection
- Hernia repair
- Hysterectomy
- Plastic and hand surgery

Call **440-735-3701** for a referral to a surgeon.



## Orthopedic Care Center

If you're living with orthopedic problems like arthritis, we can offer you hope for a more functional life. Our advanced bone and joint care is delivered by orthopedic specialists focused on your quality outcome and total wellness. Our inpatient/outpatient capabilities include:

- Arthroscopy
- Fracture care
- Noninvasive and minimally invasive arthritis care
- Noninvasive treatment of tendonitis, bursitis and osteoporosis
- Physical therapy and rehabilitation
- Traditional and minimally invasive total joint replacement, including knee, hip, shoulder, elbow, wrist and ankle

Call **440-735-4775** to speak to someone in the department.

Call **440-735-3701** for a referral to an orthopedic surgeon.

## Pain Management

Our patients have access to board-certified pain management physicians trained in physical medicine, neurology, anesthesiology and rehabilitation. Their clinical expertise provides chronic and acute pain sufferers with the most advanced diagnostic tools and therapies available. Our full range of minimally invasive and noninvasive techniques bring you maximum relief from pain caused by:

- Back pain following surgery
- Cancer
- Neuromuscular disorders
- Neurostimulation for chronic pain
- Peripheral and spinal nerve disorders
- Spinal cord compression due to:
  - Arthritis*
  - Degenerative conditions*
  - Fractures*
  - Herniated disc*
  - Osteoporosis*
- Spinal instability
- Sports and work-related back injuries

Call **440-735-3701** for a referral to a pain management specialist.



## Plastic Surgery

Our board-certified plastic surgeons bring the latest techniques in plastic and reconstructive surgery to your neighborhood, including procedures to correct injuries and manage chronic health problems. Our surgical specialties include:

- Aesthetic and reconstructive procedures
- Age spot and skin lesion removal
- Breast augmentation/reduction/reconstruction
- Body contouring (liposuction)
- Ear tuck and reconstruction
- Eyelid lift
- Facelift
- Rhinoplasty (nasal surgery)
- Scar revision
- Surgical/nonsurgical facial rejuvenation

Call **440-735-3701** for a referral to a plastic surgeon.

## Podiatric Medicine

Our board-certified and fellowship-trained podiatrists provide services for persons with foot, ankle and leg issues, including orthopedic and vascular problems. Our services include:

- Arthritis care
- Foot and ankle surgery and reconstruction to treat deformities and injuries
- Trauma, fractures and sports injuries
- Treatment of common foot problems including bunions, fungus and hammer toes
- Wound care including diabetic ulcers

Call **440-735-3701** for a referral to a podiatrist.



## Rehabilitation Services

Our highly trained physical, occupational and speech therapists provide comprehensive evaluations and treatment, and patient education using the most recent research-based technology. Treatment plans are developed to maximize each patient's abilities and achieve their goals and that of the referring physician.

### Services include:

- Rehabilitation following spine injury, musculoskeletal disorders, occupational or motor vehicle accidents or injury
- Postoperative care (joint replacement, ligament repair, etc.)
- Balance, exercise and conditioning programs
- Individualized home exercise programs
- Advanced vestibular rehabilitation with the SMART Balance Master® by Natus®
- Pain control modalities
- Treatment of headache and craniosacral syndromes

### Specialty services:

- Hand therapy
- Women's health physical therapy
- Speech therapy for adults and children
- Neurological rehab – specialized therapies for patients being treated for:
  - Stroke
  - Traumatic brain injury
  - Post concussion syndrome
  - Progressive neurological diseases, including Parkinson's, multiple sclerosis and amyotrophic lateral sclerosis (ALS)
  - Spinal cord injuries
  - Musculoskeletal and neural disorders of the spine

The majority of services are now offered at the Warrensville Outpatient and Neuro Rehab facility located at 4480 Richmond Road in Warrensville Heights. However, for those patients who prefer the familiar, hospital-based location, we still offer a limited number of physical therapy appointments there.

For more information or to schedule an appointment call:

Warrensville Outpatient and Neuro Rehab:  
**216-765-2830**

UH Bedford Medical Center (physical therapy appointments only): **440-735-3701**

*Please note that a physician referral is required for all services.*





## Respiratory Services and Pulmonary Medicine

Our board-certified physicians and their team of respiratory therapists provide comprehensive pulmonary diagnostics, surgical and medical care for patients with lung disease and breathing problems. Services include:

- Arterial blood gas (with and without co-oximetry)
- Methacholine challenge tests
- Oxygen desaturation studies
- Pulmonary function testing\*
- Pulse oximetry
- Six-minute walk oximetry studies
- Spirometry (with and without bronchodilators)

Call **440-735-3701** for a referral to a pulmonologist.

*\*Same- and next-day appointments available for pulmonary function tests. Call 440-735-3701 to schedule.*

Call **440-735-4762** to speak directly with someone in the Respiratory Services Department.

## Sleep Medicine

Our sleep medicine program specializes in the diagnosis and treatment of sleep disorders including insomnia, sleep apnea and narcolepsy. If a sleep study is recommended, you will spend a night in our private, comfortable sleep lab located at the Hampton Inn & Suites in Beachwood. Your brain activity and body movements while sleeping will be monitored and interpreted by a sleep specialist. A treatment plan will then be developed that is tailored to your needs and lifestyle.

Some patients may be eligible to undergo a home sleep study. Talk to your doctor about your options.

*Please note that sleep studies require a physician referral – have your physician fax the order to 216-201-5226. You may then call Central Scheduling at 440-735-3701 to schedule your study for a night that fits your schedule.*

Call **440-735-3701** for a referral to a sleep specialist.



## Wound Care and Hyperbaric Medicine

We provide convenient, local access to comprehensive wound treatment options. Our program offers the latest surgical and nonsurgical treatments for chronic, nonhealing wounds including:

- Burns
- Chronic venous insufficiency
- Diabetic ulcers
- Radiation injuries
- Traumatic and surgical wounds
- Vasculitis

UH Bedford Medical Center is the only University Hospitals facility on the Eastside to offer hyperbaric oxygen therapy (HBOT). This is a noninvasive treatment that optimizes a patient's natural wound-healing abilities and speeds healing. All of our innovative wound care services, including HBOT, are designed to lower the risk of amputation.

Call the Wound Care & Hyperbaric Medicine Center at **440-735-4755**.



We are proud to have an extensive roster of experienced physicians on our medical staff. For assistance in selecting a doctor in any of the following specialties, call our physician referral specialist at **440-735-3701**.

*Allergy and immunology*

*Cardiology*

*Dentistry*

*Dermatology*

*Endocrinology*

*Family medicine*

*Gastroenterology*

*General surgery*

*Geriatric medicine*

*Hand surgery*

*Hematology/oncology*

*Internal medicine*

*Nephrology*

*Obstetrics and gynecology*

*Ophthalmology*

*Orthopedics*

*Otolaryngology (ENT)*

*Pain management*

*Plastic surgery*

*Podiatry*

*Pulmonology*

*Rheumatology*

*Sleep medicine*

*Sports medicine*

*Thoracic surgery*

*Urology*

*Vascular surgery*

*Wound care*



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**440-735-3900**

**UHBedford.org** |  

44 Blaine Avenue, Bedford, Ohio 44146