Welcome to UH Ahuja

Join us! Open House – Nov. 14

The Ultimate Healing Environment

Unsurpassed quality patient care and leading-edge technology support your journey of wellness

UH Ahuja Medical Center, opening early 2011
Supporting Your Journey of Wellness

Greetings! Thank you for taking time out of your busy schedule to read about University Hospitals Ahuja Medical Center.

Why should you choose UH Ahuja Medical Center for your health care needs? From the day the hospital opens in early 2011, patients will have access to a technologically advanced, state-of-the-art medical center. Technology serves as a wonderful aid to help diagnose and treat disease, but technology without a human touch is not health care.

At UH Ahuja Medical Center, we have worked to ensure that the experience for you and your family is of the highest quality and attentive to your overall needs. The superior quality of our caregivers, the excellence of our medical programs, the design of our rooms, the commitment to safety for our patients and staff – our primary focus is not only to care for you when you are sick, but also to educate and empower you on your journey of wellness so you can enjoy life.

Our goal at UH is for your connection to UH Ahuja Medical Center to exceed your expectations. I hope you’ll get to know us by visiting our website, UHAhuja.org, or, when the hospital opens, stopping by to enjoy our wonderfully landscaped grounds or just enjoy a cup of coffee in our cafeteria.

I look forward to providing you information on the UH Ahuja Medical Center experience. Future publications will showcase our programs and their connection to you and our community. This issue profiles our cardiology, emergency and children’s services.

We hope you plan to attend our community open house on Nov. 14.

Jim Benedict
President
UH Ahuja Medical Center

Save the Date!

Join us for a Community Open House at University Hospitals Ahuja Medical Center

Sunday, Nov. 14, 2010
1:30–5 p.m.

UH Ahuja Medical Center
3999 Richmond Road
Beachwood, OH 44122
(near the Harvard Road exit off I-271)

Throughout the day, take advantage of:

- Hospital tours
- Health screenings
- Information about hospital services
- Children’s activities
- Meeting UH Ahuja Medical Center physicians and employees
- Refreshments
- Fun

Be among the first to get an up-close look at this eco-friendly, state-of-the-art hospital right in your community. Learn about services and programs that will be offered, and meet the doctors and employees who will provide top-notch care and a superior patient and family experience in the ultimate healing environment.

Off-site parking and shuttle service will be available.

Be sure to check out UHAhuja.org/openhouse for more information closer to the event.
Meet the Leadership Team at UH Ahuja Medical Center

James J. Benedict Jr., JD, CPA, MAFIS, President
Part of University Hospitals since 2004, Jim has more than 20 years of comprehensive health care experience. As president, he leads the team to provide our community with enhanced access to advanced medical, surgical and emergency services.

Alan M. Hirsh, MD, Chief Medical Officer
Part of UH since 1998, Dr. Hirsh brings a wealth of experience as a health care executive and an accomplished physician to the task of providing clinical quality leadership for the medical center.

Dawn Gubanc-Anderson, MSN, RN, NE-A, BC, FACHE, Chief Nursing Officer and Director of Clinical Operations
With more than 20 years of nursing experience, Dawn will oversee nursing staff and clinical operations, as well as promote quality, safety and patient care excellence throughout the medical center.

Valerie M. Hayden, MEd, LNHA, Director of Operations
Now overseeing day-to-day operations at UH Ahuja Medical Center, Valerie brings 15 years of health care management experience. She joined UH in August 2009 as administrator at the Extended Care Campus in Chardon.

Georgianna Umbel, MBA, Director of Finance
Georgianna joined University Hospitals in November 2009. With 15 years of experience in finance, she will plan and direct all financial aspects for UH Ahuja Medical Center.

From left: Alan M. Hirsh, MD, Georgianna Umbel, Valerie M. Hayden, James J. Benedict Jr., Dawn Gubanc-Anderson

How You Can Make a Difference
A Q&A with Michelle Mulchin, Development Officer, UH Ahuja Medical Center

Q How will UH Ahuja Medical Center be involved in the community?
From its inception, University Hospitals Ahuja Medical Center has been a hospital by the community and for the community. A leadership council of about 50 community leaders played an integral role in the development of the medical center. They worked with senior hospital leaders to provide hundreds of ideas, of which about 90 percent were implemented. UH Ahuja Medical Center is a great example of how the generosity and support of the community allow us to expand our presence and extend our commitment to provide excellent care to all.

Q How can I help support UH Ahuja Medical Center?
To support community wellness and deliver superior patient-centered care, we rely on the community members. Donations and other philanthropic support will make a difference to the thousands of patients who will come to UH Ahuja Medical Center for their care.

GET INVOLVED TODAY
Discover how you can get involved in UH Ahuja Medical Center. Contact Michelle Mulchin directly at michelle.mulchin@uhhospitals.org or 216-983-5243.

UHAhuja.org | University Hospitals | Fall 2010 3
Have a heart-to-heart. Get down to the heart of the matter. Wear your heart on your sleeve. In the English language, we use the heart to stand for the deepest, most important part of ourselves.

Similarly, because cardiovascular disease is the leading cause of death in the U.S., heart health is a critical aspect of well-being. Some of the country’s foremost experts in cardiovascular medicine and surgery take care of patients through the University Hospitals Harrington-McLaughlin Heart & Vascular Institute. Already serving patients at 16 sites throughout Northeast Ohio, the UH Harrington-McLaughlin Heart & Vascular Institute will offer comprehensive services at UH Ahuja Medical Center.

“In addition to comprehensive noninvasive imaging, diagnostic coronary catheterization, peripheral diagnostic and interventional procedures, and vascular surgery, we will be able to do interventional coronary procedures including emergency heart attack angioplasty 24/7,” says Daniel Simon, MD, Director of the UH Harrington-McLaughlin Heart & Vascular Institute. Coronary artery bypass surgery and valve procedures will also be performed at UH Ahuja Medical Center.

“The UH Harrington-McLaughlin Heart & Vascular Institute at UH Ahuja Medical Center addresses the number-one disease problem for both men and women in the U.S. – close to home,” Dr. Simon says. “It leverages the clinical expertise of the institute and advanced technologies to promote cutting-edge care in the community.”

High-quality cardiovascular care is available right in the neighborhood.
Each volunteer helps the hospital serve the community

University Hospitals Ahuja Medical Center is committed to serving the community, and volunteers will play an integral role in achieving this part of its mission.

Many opportunities are available: volunteer leaders, people with and without volunteer experience, and people with and without patient contact experience. Volunteers ages 15 and older are welcome.

To get involved, go to UHAhuja.org/volunteer.

Take These Warning Signs to Heart

♥ Chest discomfort. Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

♥ Discomfort in other areas of the upper body. Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

♥ Shortness of breath with or without chest discomfort.

♥ Other signs may include breaking out in a cold sweat, nausea or lightheadedness.

Source: National Heart, Lung, and Blood Institute
“Children aren’t just little adults,” says Michael J. Farrell, President of University Hospitals Rainbow Babies & Children’s Hospital. That’s why UH Rainbow Babies & Children’s Hospital care providers at UH Ahuja Medical Center will make sure kids are welcomed into a “safe, family-centered environment,” Farrell says.

Children from birth to age 17 will receive emergency services in a pediatric-friendly area of the hospital designed for children and families, including a separate family waiting room. “Children will be cared for by highly skilled clinicians and support staff who know how to deal with the specific needs of children,” Farrell says.

Many outpatient procedures can be performed at UH Ahuja Medical Center, including urological; orthopaedic; ear, nose and throat; and general surgeries. A board-certified pediatric anesthesiologist will administer anesthesia.

“The nationally respected surgical team from UH Rainbow Babies & Children’s Hospital has years of experience and dedication to children,” says Dan Barr, FACHE, Director of Service Line Development for Women’s and Children’s Services.

UH Ahuja Medical Center offers convenient access in the community to this reassuring level of pediatric expertise.

UH Ahuja Medical Center and UH Rainbow Babies & Children’s Hospital combine for family-friendly care

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Every Little Thing’s Gonna Be All Right

Comfort is an important part of quality care, no matter how old you are.

Child life services is one aspect of the child-centered approach to care at University Hospitals Rainbow Babies & Children’s Hospital. “A child life specialist is a combination of companion, teacher and friend to the child and family,” says Michael J. Farrell, President of UH Rainbow Babies & Children’s Hospital.

These specialists help kids know what to expect, create a calming environment and help distract children during potentially stressful procedures.

“Drawing on the expertise of UH Rainbow Babies & Children’s Hospital, UH Ahuja Medical Center delivers high-quality care for children in a comforting environment for the whole family,” Farrell says.
Here When YOU Need Us

Emergency services are ready to help your family, day or night

Take the expertise of physicians serving an urban university hospital and bring it into the community, and what do you have? The Emergency Department (ED) at University Hospitals Ahuja Medical Center.

“Emergency Medicine at UH Ahuja Medical Center will be staffed by physicians who also staff the Department of Emergency Medicine at UH Case Medical Center, leveraging the expertise of our academic faculty as we build our community ED practice,” explains Edward A. Michelson, MD, Chair of Emergency Medicine at Case Western Reserve University School of Medicine, UH Case Medical Center and UH Ahuja Medical Center.

UH Ahuja Medical Center's Emergency Department will rapidly identify and facilitate the care of patients with acute heart conditions. Physicians in the hospital's Cardiac Catheterization Lab will diagnose and treat heart attacks. Patients with strokes will have access to the UH Neurological Institute's stroke service.

Other features include:
- Separate waiting area for pediatric patients
- Pediatric specialist care providers trained at UH Rainbow Babies & Children’s Hospital
- 14-bed intensive care unit
- Dedicated X-ray room and satellite lab in ED to speed diagnosis
- Two large resuscitation rooms for the most acute patients
- Cardiac monitoring capabilities in all ED acute care rooms
- 24-hour access to diagnostic CT scans in radiology space adjacent to the ED
- An EMS support room
- Access to ground and air critical care transport

“The Emergency Department at UH Ahuja Medical Center will be a place of excellence in patient- and family-centered care,” says Sandra Costello, RN, Nurse Manager of the hospital's Emergency Department.

With patient rooms clustered around a central nurses station, the Emergency Department is designed to maximize the availability of staff to patients and their families.

In addition to the emergency services at UH Ahuja Medical Center, the Urgent Care Center at UH Chagrin Highlands Health Center will remain open. The two locations will cooperate to see patients as quickly as possible, with access to UH Ahuja Medical Center for your inpatient needs when necessary.

“The Emergency Department at UH Ahuja Medical Center will be the extension of the Emergency Department into the community,” says Dan Ellenberger, Director of the institute.

The UH EMS Training & Disaster Preparedness Institute provides initial and continuing education and training for paramedics, emergency care providers and the community. It also oversees disaster preparedness. (Learn more at UHems.org.)

“From the living room to the hospital, we’re committed to giving patients a seamless transition and the best experience possible in an emergency situation,” Ellenberger says.
The UH Difference, Close to Home

UH Ahuja Medical Center

Scheduled to open in early 2011, University Hospitals Ahuja Medical Center is situated on a 53-acre campus near the intersection of Interstate 271 and Harvard Road at Chagrin Highlands in Beachwood. The site offers convenient access from Cleveland’s eastern and southeastern communities, as well as Lake, Medina and Summit counties.

Building UH Ahuja Medical Center

Dec. 12, 2006
University Hospitals announces a $30 million gift from the Ahuja family, one of the largest single donations in its 140-year history.

Sept. 28, 2007
Official groundbreaking ceremony begins the transformation of a 53-acre field in Beachwood into the future campus of UH Ahuja Medical Center.

March 19, 2009
At the topping-out ceremony, the last steel beam is lifted into place, marking the completion of major framing.

May 11, 2010
Members of the UH Ahuja Medical Center Board of Directors are elected. They held their first meeting in June.

Oct. 31, 2010
Projected date of substantial completion. Once major construction is finished, staff and equipment can start moving in.

Early 2011
UH Ahuja Medical Center is scheduled to open its doors to receive patients.

Visit UHAhuja.org/tour for a behind-the-scenes virtual tour!