### Robinson Memorial Hospital

#### Room Service Menu

**Broth**
- Chicken
- Beef
- Vegetable

**Juice**
- Orange
- Cranberry
- Grape
- Plum

**Gelatin**
- Cherry
- Orange

**Frozen Desserts**
- Diet Sorbet
- Frozen Ice Popsicle

**Beverages**
- Black Coffee
- Diet Decaf Coffee
- Tea
- Diet Tea
- Iced Tea
- Soda

#### Clear Liquid Diet

**Availability of flavors may vary**

**Transitional Liquids**

Traditional liquids, previously called “full liquids,” may be preferred by patients before moving to solid foods.

#### Low Sodium

- Restricted to 2400 mg (salt) per day

#### Carbohydrate Consistent

- Low glycemic index, moderate fiber content

#### Dietary fiber

- High content, 1-2 servings per day

#### Fluid Restriction

- To be ordered in consultation with your physician

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**Visit Robinson Memorial Hospital**

**To place an order, dial 72390**

**From outside the hospital, dial 330-297-2390**

**Place orders between 7:30 a.m. and 6:30 p.m.**

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**Visitor Information**

Our Room Service menu is offered complimentary to patients.

For your convenience, visitors may purchase a guest meal to be sent up with the patient’s tray.

Please purchase your guest meal ticket in the cafeteria, then order the guest and patient trays together.

Ask your Room Service Representative for more details and pricing or dial 72390.

If you would like to order for your family member, you can call us direct from outside of the hospital: 330-297-2390.

Please let us know if you need assistance to meet ethnic or religious food needs.
Breakfast
Served all day

Dial 72390

Hot Entries
Buttermilk Pancakes with Syrup (2)
Try any combination of add-ins: Banana, Blueberry, Walnuts, Chocolate Chips
French Toast with Syrup (2)
Better dipped! French Toast
Omelet
Try any combination of add-ins: Green Pepper, Onion, Cheese, Spinach, Tomato, Ham
Scrambled Eggs

Breakfast Sandwich
Bread your way: English Muffin, Bagel, Egg Patty, Sausage Patty, Bacon Cheese

Breakfast Meats
Bacon, Sausage Patty, Grilled Turkey
Hash Browns (1)

Entrées
Chicken, Beef or Vegetarian Quessadilla (2)
In a flour tortilla, grilled until golden with your choice of green peppers, onions, tomatoes or cheese. Request sour cream or guacamole.
Chicken & Dumpling (2)
Slow cooked, tender chicken with peas and carrots in a creamy sauce served over a dumpling.

Chicken Parmesan
Boneless, seasoned chicken breast topped with homemade marinara sauce and Provolone cheese. Try it with a side of spaghetti.

Savory Herb Chicken
Boneless chicken breast seasoned with origanum, parsley and thyme for a classic roasted flavor.

Chicken Tenderloin (2)
Broasted chicken strip served with golden fries. Choice of BBQ or Honey Mustard sauce.

Roast Beef
Sliced and topped with beef gravy – great as an open face sandwich.

Homemade Mashed (1)
Lose ground beef with onions and green peppers topped with beef gravy, cheddar cheese.

Grilled Pork Loin
Tender sliced pork with fresh pineapple and topped with gravy.

Potato Crusted Fish (1)
A mild-flavored white fish with potato crust.

Pan-Seared Tofu (1)
Seasoned with garlic and herbs.

Salmon Filet
Grilled and lightly seasoned with fresh lemon and dill.

Lasagna Roll-Up (2)
Lasagna noodle rolled and stuffed with ricotta cheese, broccoli spears and topped with homemade marinara sauce.

Potato and Cheddar Pierogies (2)
Potato and cheddar pierogies stuffed with sautéed onions. Add a vegetable and/or side to any entrée.

Sides
Green Beans
Creamed Spinach
Broccoli
Roasted Red Potatoes

Brown Rice (1)
Whipped Potatoes (1)
Pasta Chips (2)
Rice
Baked Potato Chips (2)
Buttered Noodles (1)
Side of Spaghetti (2)

Coleslaw
Cottage Cheese
Vegetables and Dip (1)
Cheese and Crackers (2)

If your doctor has prescribed a therapeutic diet, some items may be modified or should be avoided. • Indicates items that should be avoided on a heart healthy or low sodium diet. • Numbers in parentheses (2) indicate carbohydrate choices.