

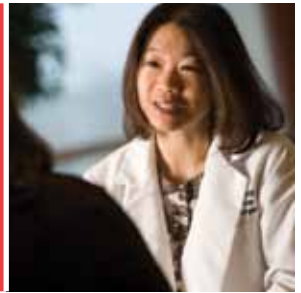


**University Hospitals**  
Case Medical Center

Cleveland | Ohio

# The Difference in Psychiatry

Department of Psychiatry





Among the nation's leading academic medical centers, University Hospitals Case Medical Center is the primary affiliate of Case Western Reserve University School of Medicine, a nationally recognized leader in medical research and education.







# University Hospitals Case Medical Center

University Hospitals Case Medical Center has been at the forefront of patient care, physician education and medical research for more than 144 years.

Founded after the Civil War as a place of healing, the institution embraced a broader role as medical science advanced. By the turn of the twentieth century, a modern general hospital was enhanced by specialty facilities for women, children and infants. An affiliation with the medical school of what was then Western Reserve University – today Case Western Reserve University – made University Hospitals of Cleveland one of the first true academic medical centers in the United States, joining Johns Hopkins Hospital and Massachusetts General in combining the training of young physicians and the pursuit of laboratory research with delivery of the most advanced patient care.

## **Our mission:**

To Heal.

To Teach.

To Discover.



*University Hospitals Case Medical Center is located in University Circle, Cleveland's district of innovation in health care, education, arts and culture.*

*(Inset) The Rapid Transit Authority's HealthLine joins downtown Cleveland to University Circle.*

In 1931, new facilities brought University Hospitals and the School of Medicine onto the same medical campus in University Circle. Over the years the complex continually expanded both its physical presence and the scope of its professional activities, adding diagnostic and treatment capabilities as well as top-flight physicians and surgeons. Eleven Nobel laureates have been affiliated with the medical center, helping to develop leading-edge treatments and therapies in such areas as heart disease, cancer, cystic fibrosis, neonatology and a host of subspecialties.

Today, as the primary affiliate of Case Western Reserve University School of Medicine, the **University Hospitals Case Medical Center** boasts a strengthened relationship to research and teaching and a large academic medical campus that incorporates nationally acclaimed hospitals including UH Rainbow Babies & Children's Hospital, UH Ireland Cancer Center and UH MacDonald Women's Hospital. In addition new institutes have emerged: The UH Neurological Institute, UH Harrington-McLaughlin Heart & Vascular Institute, UH Eye Institute, the UH Digestive Health Institute and the UH Urology Institute. The UH Case Medical Center campus, which provides patient-centered care with the most sophisticated diagnostic and therapeutic technologies, is augmented by a regional network of affiliated hospitals and suburban satellite locations.

University Hospitals is in the midst of completing Vision 2010, a five-year, \$1.2 billion strategic plan, which includes building a new freestanding 120-bed inpatient and outpatient UH Cancer Hospital to house the UH Ireland Cancer Center; a Center for Emergency Medicine at UH Case Medical Center for adults and children; a recently opened Neonatal Intensive Care Unit at UH Rainbow Babies & Children's Hospital, which was ranked second in the nation for newborn care by U.S. News & World Report; and building the UH Ahuja Medical Center, a 432,000-square-foot hospital and office building in Beachwood, Ohio, and several outpatient health centers throughout Northeast Ohio. A key portion of Vision 2010 focuses on implementing a new state-of-the-art Electronic Medical Record system throughout the health system.



*As part of our strategic plan, the UH Cancer Hospital will open for patients in 2011. The 120-bed facility will bring together diagnostics, outpatient and inpatient treatment, surgery, clinical trials and professional education and research all under one roof.*



## Our History

From humble beginnings University Hospitals Case Medical Center has led the ranks of academic medicine in patient care, physician education and biomedical research, fulfilling all three elements of its ongoing mission – “To Heal. To Teach. To Discover.”

The world's earliest blood transfusion took place here in 1906, Dr. Spock began his child development research here, and CPR was first developed and taught here. UH Case Medical Center is where iodine's role in thyroid disease was discovered, where Dr. Claude Beck performed the first surgical treatment of coronary artery disease, and where research in cystic fibrosis was launched. Throughout its history, University Hospitals has led medical advancements that have improved the lives of people around the world.

Learn more about pioneering advancements, current research and future investments in **Psychiatry**, one of University Hospitals Case Medical Center's most comprehensive and esteemed specialty areas.

## Department of Psychiatry

The Department of Psychiatry at University Hospitals Case Medical Center offers comprehensive inpatient and ambulatory services coupled with internationally recognized academics and research as the primary affiliate of Case Western Reserve University School of Medicine. The department's primary focuses are caring for people at all stages of life, training the next generation of physicians and contributing to the body of knowledge about psychiatric research.

### Recent Contributions to the Field

The Department of Psychiatry was established in 1946 and continues to provide cutting-edge research into the origins of and treatments for serious and persistent mental disorders. Among other areas, the department is nationally recognized for its research in the treatment of Bipolar Disorders. In 2003 the Center for Bipolar Disorders Across the Lifespan was established with a \$2.7 million grant from the National Institute of Mental Health, the first NIMH-funded research center dedicated solely to the study of Bipolar Disorder. The center studies and provides state-of-the-art treatment for Bipolar and other mood disorders of children, adolescents, adult and geriatric populations. The department is also recognized for its innovative programs in Community Mental Health and Public Psychiatry, Child & Adolescent Psychiatry, Addiction Psychiatry, Forensics and Psychiatry & Medicine (Psychosomatic Medicine).

### Department of Psychiatry's Endowed Chairmanship

In 2007 Robert J. Ronis, MD, MPH, was named the Douglas Danford Bond Professor and Chairman of Psychiatry at Case Western Reserve University School of Medicine. The Bond Professorship was established by the Case Western Reserve University School of Medicine's Board of Trustees in 1978 and named in honor of the department's inaugural chairman.

Ronis previously held the Lenkoski Professorship, established in 2004 to honor former chairman and professor emeritus L. Douglas Lenkoski, a pioneer in Community Psychiatry. Additionally, in 2009, Dr. Ronis was named the first Psychiatrist-in-Chief for University Hospitals.



### Current Research and Advancements

*NIH Research funding to Case Western Reserve University School of Medicine supports scientific, translational and clinical research at UH Case Medical Center.*

Research being conducted today in the Department of Psychiatry rivals in importance any in its rich history, with work underway in several key areas whose results may not only improve the lives of people living with psychiatric disorders, but impact the field as a whole.

Since 2005 the Center for Bipolar Disorders under the direction of Joseph R. Calabrese, MD, has been engaged in the study of post-traumatic stress disorder in the military, a groundbreaking project supported by Congresswoman Marcy Kaptur (D-OH) and funded by the Department of Defense. This study of members of Ohio's National Guardsmen and Reserves evaluates risk and resiliency factors before, during, and after active military duty, and includes treatment resources

for active duty soldiers, and for combat veterans in collaboration with the Department of Veterans Affairs.

A Mood and Metabolic Disorders Clinic was developed in recognition that mood disorders often co-occur with illnesses affecting the body's metabolism. Director David E. Kemp, MD, and his clinical team are currently carrying out a first-of-its-kind clinical trial to investigate whether pioglitazone, a medication routinely used in the treatment of Type 2 diabetes, can reduce symptoms of depression as well as reduce abdominal obesity and improve other aspects of the metabolic syndrome.

The Discovery and Wellness Center for Children, the department's child and adolescent research center led by Robert L. Findling, MD, serves as the lead investigative team for several multicenter studies, such as the Longitudinal Assessment of Manic Symptoms (LAMS) and Collaborative Lithium Trials (COLT). COLT is a comprehensive study of lithium in the treatment of children and adolescents with bipolar mania symptoms. Funded by a \$17.5 million grant from the NIMH, COLT is being conducted in collaboration with six other sites and is the first to examine the efficacy and safety of lithium treatment – a common indication for adults – in children.



### Commitment to Education

The Department of Psychiatry at Case Western Reserve University School of Medicine boasts fellowships in Addiction Psychiatry, Child & Adolescent Psychiatry, Community Psychiatry, Forensic Psychiatry and Geriatric Psychiatry. The department also offers the Post Pediatric Portal Project, an innovative three-year program established in 2007 that offers Board Certification in both general psychiatry and child/adolescent psychiatry, and the Psychosomatic Medicine Fellowship, which – through the relationship with University Hospitals Case Medical Center – provides comprehensive training in psychosomatic medicine through supervised clinical experience on the inpatient consultation service, in the emergency department, and in a variety of outpatient medical/surgical liaison clinics.



The Psychiatry and Medicine (Psychosomatic Medicine) program led by Joseph Locala, MD, is engaged in collaborative study with other medical services, including neurology and neurosurgery, cardiovascular medicine, pain medicine and dermatology, where investigators are studying linkages between anxiety and depressive disorders and conditions such as psoriasis, myocardial infarction and epilepsy. The department is also a partner in University Hospitals' recently established Neurological Institute.

Research by the Geriatric Psychiatry team led by Martha Sajatovic, MD, focuses on factors contributing to patient nonadherence with psychiatric treatment advice, and has designed personalized interventions to enhance understanding and adherence to medical treatment recommendations. Interventions include education, reminder services, peer and family support systems and other approaches to improve treatment adherence and outcomes.

## Department of Psychiatry Faculty Spotlight

Phillip J. Resnick, MD, is an internationally known forensic psychiatrist, noted for his expertise in clinical prediction of violence risk, assessment of malingering and deception, and expert witness testimony. He is currently director, Division of Forensic Psychiatry, Case Western Reserve University School of Medicine, and a past president of the American Academy of Psychiatry and Law. He has provided consultation and/or expert witness testimony in many high profile cases including: Jeffrey Dahmer, William Kennedy Smith, Susan Smith, Timothy Mc Veigh, John DuPont, the Unibomber and Andrea Yates.



The Community Psychiatry program was established in 1990 by Chairman Robert Ronis, MD, who co-directs the Center for Evidence Based Practices at Case Western Reserve University School of Medicine in collaboration with the Mandel School of Applied Social Sciences. The Center researches and promotes community-based approaches to treating co-occurring serious mental illness and substance abuse, such as Integrated Dual Disorders Treatment, Supported Employment, and Tobacco Recovery.

## Future Projects and Investment

The Department of Psychiatry has seen momentous changes in recent years, as University Hospitals Case Medical Center has committed to integrating psychiatric services throughout its services network. Since 2007 University Hospitals has invested nearly \$20 million to enhance the facilities and services of the department.

Among the improvements are:

- a new Child & Adolescent Psychiatry 14-bed inpatient unit at UH Rainbow Babies & Children's Hospital;
- new state-of-the-art Adult and Geriatric facilities and a neurostimulation program at the UH Richmond Medical Center;
- an Emergency Psychiatric Access Team (EPAT), 24/7 consultation services and Centralized Intake Program at the UH Case Medical Center campus;
- inpatient services at UH Geauga Medical Center;
- new facilities for Addiction Recovery Services;
- Intensive Outpatient Programs and other consolidated ambulatory programs at the W.O. Walker Center;
- planning already underway for services at the soon-to-open UH Ahuja Medical Center, other outlying community hospitals, and for ambulatory services across the UH system of care.

# Clinicians & Scientists

at UH Case Medical Center and  
Case Western Reserve University School of Medicine

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## Department of Psychiatry

### **Robert J. Ronis, MD, MPH**

Douglas Danford Bond Professor & Chairman  
Department of Psychiatry  
Psychiatrist-in-Chief, University Hospitals

### **Adult Psychiatry**

#### **Robert J. Ronis, MD, MPH**

Director

#### **Cathleen A. Cerny**

Assistant Professor  
Assistant Director, Adult Psychiatry  
Residency Training

#### **John R. Fisher, MD**

Assistant Professor

#### **David Hahn, MD**

Assistant Professor  
Director, Inpatient Adult  
Psychiatry Service

#### **Jeffrey Janata, PhD**

Associate Professor  
Director, Behavioral Medicine  
Program

#### **Leslie M. Koblentz, MD, JD**

Senior Instructor  
Director, Psychiatric Emergency  
Services

#### **Margaret Kotz, DO**

Professor  
Director, Addiction Recovery  
Services

#### **Jennifer Levin, PhD**

Assistant Professor

#### **David Liebenthal, PhD**

Assistant Clinical Professor

#### **Matig Mavissakalian, MD**

Professor  
Director, Anxiety Disorders Program

#### **David Pincus, DMH**

Assistant Professor

#### **Luis Ramirez, MD**

Associate Professor

#### **Phillip J. Resnick, MD**

Professor of Psychiatry  
Director, Forensic Psychiatry Program

#### **Miriam Rosenthal, MD**

Associate Professor

#### **Susan Stagno, MD**

Associate Professor  
Director, Adult Psychiatry  
Residency Training

**Clinicians & Scientists** at UH Case Medical Center and  
Case Western Reserve University School of Medicine *(continued)*

**Child & Adolescent Psychiatry**

**Robert Findling, MD, Director**

Rocco L. Motto Professor of Psychiatry  
Co-Director, Bipolar Disorders  
Research Center  
Director, Discovery and Wellness Center

**Felipe Amunategui, PhD**

Assistant Professor  
Associate Director, Child & Adolescent  
Residency Training

**Joseph C. Bedosky, PhD**

Senior Instructor

**Yael Crawford, PhD**

Associate Professor

**Maryellen Davis, MD**

Associate Clinical Professor  
Director, Child & Adolescent  
Residency Training

**Mary Lynn Dell, PhD**

Associate Professor

**Aaron Ellington, PhD**

Clinical Instructor  
Director, Intensive Outpatient Program

**Marcie Hall, MD**

Assistant Professor

**John Hertzner, MD**

Assistant Professor  
Clinical Director, Child &  
Adolescent Psychiatry

**Michael Mageria, MD**

Senior Instructor

**Noah L. Miller, MD**

Senior Instructor  
Director, Inpatient Child & Adolescent  
Psychiatry Service

**Lynn Milliner, MD**

Senior Instructor

**Nora McNamara, MD**

Senior Instructor

**Maria Pagano, PhD**

Assistant Professor

**Robert Stansbrey, MD**

Assistant Professor

**Karen Tien, PhD**

Senior Instructor

**Cheryl Wills, MD**

Assistant Professor

**Geriatric Psychiatry**

**Martha Sajatovic, MD, Director**

Willard Brown Professor and Director,  
Neurological Outcomes Center

**Vassily Arkadiev, MD**

Clinical Instructor

**Phillipp Dines, MD**

Assistant Professor  
Director, Inpatient Geropsychiatry  
Service  
Director, Geropsychiatry Fellowship

**Irina Korobkova, MD**

Senior Instructor

**Zinaida Lebedeva, MD**

Senior Clinical Instructor

**Amir Poreh, PhD**

Assistant Clinical Professor

**Rebecca Schlachet, DO**

Senior Instructor

**Mood Disorders**

**Joseph R. Calabrese, MD, Director**

Bipolar Disorders Research Chair  
and Professor  
Co-Director, Bipolar Disorders  
Research Center

**Francoise Adan, MD**

Senior Instructor

**Stephen J. Ganocy, PhD**

Assistant Professor

**Keming Gao, MD, PhD**

Assistant Professor  
Clinical Director, Mood Disorders Program

**David Kemp, MD**

Assistant Professor  
Director, Mood and Metabolic  
Disorders Program

**Steven P. Hampl, PhD**

Assistant Professor

**John A. Heather, MD**

Assistant Professor  
Director, Intensive Outpatient Program

**Susan E. Kimmel, MD**

Assistant Professor  
Medical Director, ECT

**Paul Minnillo, PhD**

Assistant Professor

**Edwin R. Shirley, PhD**

Assistant Professor

**Psychiatry & Medicine**

**Joseph Locala, MD, Director**

Associate Professor

**David Agle, MD**

Sihler Family Professor

**Lois Friedman, PhD**

Professor  
Director, Psycho-Oncology Program

**Jeanne M. Lackamp, MD**

Assistant Professor

**Susan Padrino, MD**

Assistant Professor

**Public & Community Psychiatry**

**Kathleen Clegg, MD, Director**

Associate Professor  
Director, Public Academic Liaison (PAL)  
Program

**Christina Delos Reyes, MD**

Assistant Professor  
Director, Addiction Psychiatry Fellowship

**Farah Munir, DO**

Assistant Professor

**Robert J. Ronis, MD, MPH**

Co-Director, Center for Evidence Based  
Practices

**Patrick Runnels, MD**

Senior Instructor  
Director, Public and Community  
Psychiatry Fellowship

Clinicians and scientists at University Hospitals Case Medical Center and Case Western Reserve University School of Medicine have published over 150 articles this past year. To review these current publications, visit [UHhospitals.org/PSYpub](http://UHhospitals.org/PSYpub)

