

**Bariatric Surgery Program**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

**OBESITY SURGERY INFORMATION ASSESSMENT TOOL**

**Directions:** The following questions are intended to find out what you already know about surgery for obesity. Please understand that these questions are not intended to provide you with new information about the surgery. After you have completed this handout, our staff will spend personal time with you answering any questions you may have and will provide detailed information about the surgery and our bariatric program.

For each of the following questions, please circle the letter which best answers the question. If you do not know the answer, select an answer that is your best guess.

1. After surgery, how many ounces of food can you eat at one time?
  - A. 1-2 oz. (1/4 cup)
  - B. 3-5 oz. (1/2 cup)
  - C. 6-8 oz. (3/4-1 cup)
  - D. 9-20 oz. (1-2 1/2 cups)
  
2. How much weight can you expect to have lost one year after surgery?
  - A. Less than 25 pounds
  - B. 26-50 pounds
  - C. 51-75 pounds
  - D. 76-100 pounds
  - E. 101-125 pounds
  - F. 126-150 pounds
  - G. 151-175 pounds
  - H. 176-200 pounds
  - I. More than 200 pounds
  
3. Can any person who is overweight have obesity surgery?
  - A. Yes
  - B. No
  
4. Are there any risks or dangers with obesity surgery?
  - A. Yes (go to question # 5)
  - B. No (go to question # 6)

5. How much risk would you say there is?
- A. A small amount of risk
  - B. A moderate amount of risk
  - C. A great deal of risk
  - D. It depends on the patient
  - E. Other
6. Must you continue to see your surgeon regularly after the surgery?
- A. Yes
  - B. No
7. After losing a sufficient amount of weight, would you be required to have surgery again to “undo” the bariatric procedure?
8. Approximately how long does obesity surgery take?
- A. 30-45 minutes
  - B. 1- 1 ½ hours
  - C. 2- 2 ½ hours
  - D. 3- 3 ½ hours
  - E. Longer than 4 hours
9. Approximately how long would you expect to stay in the hospital after bariatric surgery?
- A. 1-3 days
  - B. 3-4 days
  - C. 5-7 days
  - D. 8-10 days
10. Is it possible to gain weight following bariatric surgery; can you learn to “out-eat” the effects of surgery?
- A. Yes
  - B. No
11. Will you have to change your lifestyle (exercise and eating habits) following surgery?
- A. Yes
  - B. No
12. At what age did you develop a weight problem? \_\_\_\_\_
13. How much did you weigh in high school? \_\_\_\_\_
14. What is the most you have weighed? \_\_\_\_\_
15. How much weight do you think you should lose? \_\_\_\_\_

