

UH Doctors make the **Difference.**

HealthSpeak

Fall | '09



Orthopaedic Sessions:

Are you experiencing knee or hip pain? Learn about arthritis and other causes of pain, discover treatment options that could help you live a better life, and get answers to your bone and joint wellness questions. Upcoming schedule:

Friday mornings sessions: **9:30-10:30 a.m.**
October 9, November 3, December 11.

Tuesday evening sessions: **6-7 p.m.**
October 20, November 17, December 15.

All sessions are held in the 4th-floor Conference Room at UH Richmond Medical Center. Light refreshments will be provided. Admission is free. Seating is limited; reservations are required.

HealthSpeak Topics:

"Neck, Arthritis and Spinal Cord Injury"

Tuesday, October 6: 2:30-4:30 p.m.

"Surgical Sleep Options for Sleep Apnea"

Monday, October 19: 6-7 p.m.

"Peripheral Arterial Disease (PAD):

What You Should Know About It"

Wednesday, October 21: 6-7 p.m.

"Update on Breast Cancer:

Diagnosis, Treatment and Prevention"

Monday, October 26: 6-7 p.m.

"Common Disorders of the Foot/Ankle"

Tuesday, October 27: 6-7 p.m.

"Raising the Bar on Shoulder Health:

Problems and Solutions"

Monday, November 2: 6-7 p.m.

"Pain Management from A to Z"

Tuesday, November 10: 5-6 p.m.

Our next orthopaedic session takes place on Friday, October 9th.

**Free admission and refreshments!
Join us by calling
440-585-7005.**



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