

What is Quick Start?

When a child is diagnosed with Autism, families need help to navigate the path ahead. Knowing where to start and how to move forward is essential. This series of educational sessions is designed to assist families and professionals to get a "Quick Start" on building their knowledge and understanding of Autism, learning how to get started after the diagnosis, and how to manage common daily needs and issues. It will provide families with essential information to assist them in learning about the available options for treatment and intervention for their child.

Community Collaboration

This educational series is the result of community collaboration among local/regional agencies, organizations and service providers, capitalizing on the strengths and expertise in our community, to meet the needs of children and families with Autism.

Community Collaborators:

Achievement Centers for Children

achievementcenters.org

Autism Society of Greater Cleveland

asgc.org

Autism Speaks

autismspeaks.org

Cleveland Clinic Center for Autism

clevelandclinic.org/Autism

Cuyahoga County Board of Developmental Disabilities

cuyahogabdd.org

Hattie Larlham

hattielarlham.org

MetroHealth

metrohealth.org

Milestones Autism Organization

milestones.org

Monarch Center for Autism

A Division of Bellefaire JCB
monarchcenterforautism.org

Northeast Ohio Autism Group

northeastohioautismgroup.org

Positive Education Program

pepcleve.org

Re-Education Services

re-edserv.com

UH Rainbow Babies & Children's Hospital

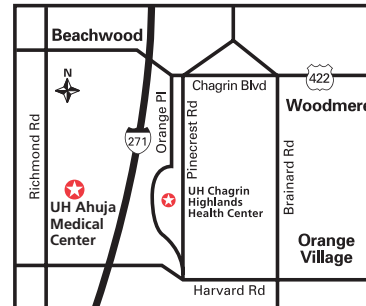
RainbowBabies.org

Directions to UH Ahuja Medical Center:

From the West: I-480 East toward I-271 North LOCAL to Harvard Road exit. Turn left onto Harvard Road. Turn right onto Richmond Road. Entrance to UH Ahuja Medical Center is on the right.

From the South: I-271 North to Harvard Road exit. Turn left onto Harvard Road. Turn right onto Richmond Road. Entrance to UH Ahuja Medical Center is on the right.

From the East/North: I-271 South to Harvard Road exit. Turn right onto Harvard Road. Turn right onto Richmond Road. Entrance to UH Ahuja Medical Center is on the right.



Directions to Corporate College East: (April 12 session ONLY)

From the West: I-480 East toward I-271 North LOCAL to Harvard Road exit. Turn left onto Harvard Road. Turn left onto Richmond Road and pass Tri-C's Eastern Campus. Entrance to Corporate College is on the right.

From the South: I-271 North to Harvard Road exit. Turn left onto Harvard Road. Turn left onto Richmond Road and pass Tri-C's Eastern Campus. Entrance to Corporate College is on the right.

From the East/North: I-271 South to exit OH-175/Richmond Road exit. Corporate College is across the street from the exit ramp.



Quick Start: Getting a Jump on Autism

Spring 2012



Dates/Topics

All sessions
Wednesday Evenings 7:00 – 8:30 p.m.
Registration begins at 6:30 p.m.

March 7, 2012

Coping with the Diagnosis of Autism: Practical Strategies from the Front Lines

Robyn Strosaker, MD
Pediatrician and mother of a child with autism
UH Rainbow Babies & Children's Hospital

March 14, 2012

How to Prepare for an IEP Meeting: Tools and Strategies*

Sandee Winkelman
Advocate and mother of two children with autism

April 4, 2012

Social Skills for Success: What Really Works

Jay Berk, PhD
Licensed Psychologist, Consultant and Strategist
Jay Berk, PhD & Associates

April 18, 2012

What About Potty Training: Getting Through the Difficult Time*

Jocelyn Eskenazi, BS, BCABA
Outreach Behavior Therapist
Cleveland Clinic

May 16, 2012

Autism 101: What and Why

Shanna Kralovic, DO
Developmental-Behavioral Pediatrician
UH Rainbow Babies & Children's Hospital

Location

University Hospitals Ahuja Medical Center
3999 Richmond Road
Beachwood, OH 44122
(see back panel for directions)

Another series of Quick Start Sessions will be available
Fall 2012!

*Topic applicable for all children with developmental disabilities

FREE Autism Community Lecture:

April 12, 2012

7:00 – 8:30 p.m. (Registration begins at 6:30 p.m.)

Sleep and Autism*

Beth Malow, MD, MS
Burry Chair in Cognitive Childhood Development
Professor of Neurology and Pediatrics
Medical Director, Vanderbilt Sleep Disorders Center
Vanderbilt University, Nashville, TN

Location of April 12 Event ONLY:

Corporate College East
4400 Richmond Road
Warrensville Hts., OH 44128
(see back panel for directions)

Co-Director

Nancy Roizen, MD

Director, Division of Developmental Behavioral Pediatrics
and Psychology
UH Rainbow Babies & Children's Hospital

Co-Director

Roberta Bauer, MD

Neurodevelopmental Disabilities Pediatrician
Developmental and Rehabilitation Pediatrics
Cleveland Clinic Children's Hospital for Rehabilitation

Autism Patient Navigator

Beth Mishkind, MSSA, LSW

UH Rainbow Babies & Children's Hospital

If you have any questions or need more information,
please contact Beth Mishkind at 216-286-5500 or
Beth.Mishkind@UHhospitals.org.

Cost is \$10/Session.** Participants may register for any/all sessions. The fee covers the session lecture and all handouts. **No refunds will be given.**

To register, mail completed form with payment to the following address:

UH Rainbow Babies & Children's Hospital
Attn: Beth Mishkind
11100 Euclid Avenue – Mail Stop RBC6012/PICU
Cleveland, OH 44106

Name

Address

Email

Phone (best contact)

How did you hear about Quick Start?

| Select | Date/Topic | Fee |
|--------------------|--|---------|
| | March 7, 2012 Coping with the Diagnosis of Autism: Practical Strategies from the Front Lines | \$10.00 |
| | March 14, 2012 How to Prepare for an IEP Meeting: Tools and Strategies* | \$10.00 |
| | April 4, 2012 Social Skills for Success: What Really Works | \$10.00 |
| | April 12, 2012: Community Autism Lecture Sleep and Autism* <i>Please note location for this date only is Corporate College East</i> | FREE |
| | April 18, 2012 What About Potty Training: Getting Through the Difficult Time* | \$10.00 |
| | May 16, 2012 Autism 101: What and Why | \$10.00 |
| Grand Total | | \$ |

Please make checks payable to:
UH Rainbow Babies & Children's Hospital.
Credit card payments will not be accepted.

To register by email:
Beth.Mishkind@UHhospitals.org

**Please note a small number of scholarships are available. Contact Beth Mishkind at 216-286-5500 or via email at Beth.Mishkind@UHhospitals.org.