

# Polycystic Ovarian Syndrome

CAN YOU TELL WHO'S AT RISK FOR POLYCYSTIC OVARIAN SYNDROME?



*A message for...*

*women of childbearing age from MacDonald Women's Hospital  
Division of Reproductive Endocrinology and Infertility*

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## **Polycystic Ovarian Syndrome (PCOS)**

is one of the most common endocrine disorders among women in their 20s, 30s and 40s. Some of the signs and symptoms can be:

- Irregular menstrual cycles – including prolonged, infrequent or lack of periods
- Infertility
- Obesity or unexplained rapid weight gain
- Excessive body and/or facial hair
- Scalp hair loss
- Recurrent miscarriages

Often undiagnosed, the disorder is complicated but can be managed with help from a physician specializing in reproductive endocrinology and infertility.

Untreated, Polycystic Ovarian Syndrome can lead to long-term health problems including a higher risk for heart attacks, diabetes, high blood pressure and gynecological cancers.

Take the lead toward ensuring your good health. If you require a first or a second opinion, consider choosing a specialist with ties to MacDonald Women's Hospital.

**For a confidential appointment and insurance verification, please call (216) 844-1514.**

*MacDonald Women's Hospital ~  
caring for women through every step of life*

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