

# **2020–2022** Community Health Implementation Strategy

UH Geauga Medical Center Geauga County, Ohio











# **Table of Contents**

Board Adoption	2
Community Health Implementation Strategy Availability	2
Written Comments	2
Introduction	3
Hospital Mission Statement	4
Community Served by Hospitals	4
Alignment with Local and State Standards	4
Community Partners	4
2019 Community Health Needs Assessment (CHNA) Trend Summary Table	6
Priority Health Needs	8
Strategies to Address Health Needs	8
Significant Health Needs Not Being Addressed by the Hospital	20
Community Collaborators	20
Qualifications of Consulting Company	21
Contact Information	21
Appendix A: 2020-2022 Geauga County Community Health Improvement Plan Strategies	22

# Adoption by the Board

University Hospitals adopted the UH Geauga Medical Center Community Health Implementation Strategy on March 31, 2020.

# **Community Health Implementation Strategy Availability**

The Implementation Strategy can be found on University Hospitals' website at www.UHhospitals.org/CHNA-IS or a hard copy can be mailed upon request at CommunityBenefit@UHhospitals.org.

# **Written Comments**

Individuals are encouraged to submit written comments, questions or other feedback about the UH Geauga Medical Center Implementation Strategy to <u>CommunityBenefit@UHhospitals.org</u>. Please make sure to include the name of the UH facility that you are commenting about and, if possible, a reference to the appropriate section within the Implementation Strategy.

# Introduction

In 2019, University Hospitals Geauga Medical Center conducted a joint community health needs assessment (a "CHNA") with the Geauga County Health Department and the associated Geauga County Community Health Assessment Committee known as the Partnership for a Healthy Geauga. The CHNA was compliant with the requirements of Treas. Reg. §1.501(r) ("Section 501(r)") and Ohio Revised Code ("ORC") 3701.981. The 2019 CHNA serves as the foundation for developing an Implementation Strategy ("IS") to address those needs that, (a) UH Geauga Medical Center determined they are able to meet in whole or in part; (b) are otherwise part of UH's mission; and (c) are not met (or are not adequately met) by other programs and services in the county. This IS identifies the means through which UH Geauga Medical Center plans to address a number of the needs that are consistent with the hospital's charitable mission as part of its community benefit programs. Likewise, UH Geauga Medical Center is addressing some of these needs simply by providing care to all, regardless of ability to pay, every day. UH Geauga Medical Center anticipates that the strategies may change and therefore, a flexible approach is best suited for the development of its response to the 2019 CHNA. For example, certain community health needs may become more pronounced and require changes to the initiatives identified by UH Geauga Medical Center in the IS. More specifically, since this IS was done in conjunction with the 2020-2022 Geauga County Community Health Improvement Plan (CHIP), other community organizations will be addressing certain needs. The full Geauga County CHIP can be found at

<u>http://www.hcno.org/community-services/community-health-assessments/</u> and a list of the Geauga County CHIP strategies can be found in Appendix A of this report.

In addition, UH Geauga Medical Center worked together to align both its CHNA and IS with state plans. Ohio state law (ORC 3701.981) mandates that all hospitals must collaborate with their local health departments on community health assessments (a "CHA") and community health improvement plans (a "CHIP"). Additionally, local hospitals must align with Ohio's State Health Assessment (a "SHA") and State Health Improvement Plan (a "SHIP"). This requires alignment of the CHNA and IS process timeline, indicators, and strategies. This local alignment must take place by October 2020.

Note: This symbol Vill be used throughout the report when a priority, indicator or strategy directly aligns with the 2017-2019 SHIP.

This aligned approach has resulted in less duplication, increased collaboration and sharing of resources. This report serves as the 2020-2022 UH Geauga Medical Center Community Health Implementation Strategy which aligns with the 2019 Geauga County Community Health Improvement Plan and meets the state of Ohio's October 1, 2020 deadline. This IS meets all the requirements set forth in Section 501(r).

The Geauga County Health Department, on behalf of the Partnership for a Healthy Geauga (includes UH Geauga Medical Center), hired the Hospital Council of Northwest Ohio (HCNO) to conduct the community health planning process which influenced the strategies outlined in this report and the development of the aligned Geauga County Community Health Improvement Plan ("CHIP"). This report more clearly delineates the commitments made by UH Geauga Medical Center.

UH Geauga Medical Center is working with other partners in Geauga County to address the following priorities which were identified in the 2019 CHNA:

- 1. Mental health
- 2. Addiction
- 3. Chronic disease 🛡

Additionally, UH Geauga Medical Center will work collaboratively with other partners to address healthcare system and access and public health system, prevention and health behaviors which were identified as cross-cutting factors undergirding the priorities.

#### **Hospital Mission Statement**

As a wholly owned subsidiary of University Hospitals, UH Geauga Medical Center is committed to supporting the UH mission, "To Heal. To Teach. To Discover." (the "Mission"), by providing a wide range of community benefits including clinical services, medical education and research. UH is an integrated delivery system and thus can provide benefits by coordinating within and among various entities ("UH System").

#### **Community Served by the Hospital**

The community has been defined as Geauga County. About two-fifths (41%) of UH Geauga Medical Center's discharges are residents of Geauga County. In addition, University Hospital collaborates with multiple stakeholders, most of which provide services at the county-level. For these two reasons, the county was defined as the community served by the hospital.

# **Alignment with Local and State Standards**

#### **Community Partners**

The IS was done in collaboration with various agencies and service-providers within Geauga County. From September to December 2019, the Partnership for a Healthy Geauga reviewed many data sources concerning the health and social challenges that Geauga County residents are facing. They determined priority issues which, if addressed, could improve future outcomes; determined gaps in current programming and policies; examined best practices and solutions; and determined specific strategies to address identified priority issues.

### Partnership for a Healthy Geauga:

Mark Burgess, City of Geauga Sarah Goodwill Humphrey, Geauga County Health Department Steve Stone, Geauga County Mental Health & Recovery Board Kathy Witmer, University Hospitals Geauga Medical Center

Danielle Price, University Hospitals

With special thanks to our Community Health Partners, including:

Geauga City Schools Mapleton Local Schools Geauga County Community Academy Geauga County Family & Children First Council Geauga County Catholic Charities Geauga County Council on Aging Geauga County Board of Developmental Disabilities Appleseed Community Mental Health Center Geauga County Board of Health Geauga County Board of Health Geauga County Chamber of Commerce Geauga Parenting Plus Geauga County EMA Geauga County Job & Family Services Safe Haven of Geauga, Ohio The community health improvement process was facilitated by Emily Golias, Community Health Improvement Coordinator, from Hospital Council of Northwest Ohio.

# 2019 CHNA Trends Summary Table

The 2019 CHNA is a 141-page report that consists of county-level primary and secondary data for Geauga County. The following data are trends from the CHNA that support the priorities and strategies found in this IS. The full CHNA report can be found at: <u>www.UHhospitals.org/CHNA-IS</u>.

# Adult Trend Summary

Adult Variables	Geauga County 2011	Geauga County 2016	Geauga County 2019	Ohio 2017	U.S. 2017
Healthcare Coverage, Acc	ess, and Uti	lization			
Uninsured	12%	6%	6%	8%	11%
Visited a doctor for a routine checkup	57%	59%	68%	72%	70%
(in the past 12 months) 🛡	5170	5978	0078	1270	10%
Had one or more persons they thought of as their personal	86%	89%	89%	81%	77%
health care provider		0370	0370	0170	1170
Preventive Me	edicine				
Ever had a pneumonia vaccination (age 65 and older)	N/A	81%	78%	76%	75%
Had a flu shot within the past year (age 65 and older)	41%	83%	76%	63%	60%
Ever had a shingles or zoster vaccine	N/A	18%	27%	29%	29%
Had a colonoscopy or sigmoidoscopy within the past 5 years (age 50 and older)	67%	54%	58%	72%*	74%*
Women's H	ealth				
Had a clinical breast exam in the past two years (age 40 and older)	N/A	75%	71%	N/A	N/A
Had a mammogram within the past two years (age 40 and older)	77%	78%	79%	74%*	72%*
Had a pap test in the past three years (ages 21-65)	N/A	69%	80%	82%*	80%*
Men's Hea	lth		ł	4	
Had a PSA test within the past two years (age 40 and older)	N/A	56%	54%	39%*	40%*
Oral Heal	,	3070	3170	3370	1070
Visited a dentist or dental clinic (within the past year)	68%	79%	78%	68%*	66%*
Visited a dentist or dental clinic (5 or more years ago)	10%	6%	7%	11%*	10%*
Health Status Pe		0/0			
Rated general health as good, very good, or excellent	94%	91%	91%	81%	83%
Rated general health as excellent or very good	67%	63%	60%	49%	51%
Rated general health as fair or poor	6%	9%	9%	19%	18%
Rated physical health as not good on four or more days (in the past 30 days)	16%	19%	23%	22%*	22%*
Average number of days that physical health not good (in the past 30 days) (County Health Rankings)	N/A	3.8	3.3	4.0 <sup>¥</sup>	3.7 <sup>¥</sup>
Rated mental health as not good on four or more days (in the past 30 days)	18%	28%	25%	24%*	23%*
Average number of days that mental health not good (in the past 30 days) (County Health Rankings)	N/A	4.8	3.6	4.3 <sup>¥</sup>	3.8¥
<b>Poor physical or mental health kept them from doing usual</b> <b>activities, such as self-care, work, or recreation</b> (on at least one day during the past 30 days)	18%	21%	22%	22%*	22%*

Indicates alignment with the Ohio State Health Assessment \*2016 BRFSS

\*\*2016 BRFSS as compiled by 2018 County Health Rankings

Adult Variables	Geauga County 2011	Geauga County 2016	Geauga County 2019	Ohio 2017	U.S. 2017			
Weight Status								
Obese (includes severely and morbidly obese, BMI of 30.0 and	22%	27%	24%	34%	32%			
above)								
Overweight (BMI of 25.0 - 29.9) Normal weight (BMI of 18.5 - 24.9)	38% 39%	37% 35%	41% 33%	34% 30%	35% 32%			
	co Use	55%	55%	50%	5270			
Current smoker (currently smoke some or all days)	14%	10%	10%	21%	17%			
Former smoker (smoked 100 cigarettes in lifetime & now do not smoke)	30%	27%	34%	24%	25%			
Tried to quit smoking (on at least one day in the past year)	42%	51%	41%	N/A	N/A			
Current e-cigarette user (vaped on some or all days)	N/A	N/A	6%	5%	5%			
Former e-cigarette user	N/A	N/A	12%	19%	16%			
	nsumption	T	I		I			
<b>Current drinker</b> (drank alcohol at least once in the past month)	65%	69%	71%	54%	55%			
<b>Binge drinker</b> (defined as consuming more than four [women] or five [men] alcoholic beverages on a single occasion in the past 30 days)	18%	26%	24%	19%	17%			
Drove after having perhaps too much alcohol to drink	6%	5%	5%	4%**	4%**			
	Use							
Adults who used recreational marijuana or hashish in the past 6 months	5%	5%	4%	N/A	N/A			
Adults who misused prescription medication in the past 6 months	5%	5%	5%	N/A	N/A			
	Behavior	1	-					
Had more than one sexual partner in past year	5%	2%	5%	N/A	N/A			
	Health	20/	20/	NI / A				
Considered attempting suicide in the past year Attempted suicide in the past year	<u>2%</u> 1%	3% 0%	3% 1%	N/A N/A	N/A N/A			
	ular Health	078	176	N/A	N/A			
Ever diagnosed with angina or coronary heart disease	2%	3%	3%	5%	4%			
Ever diagnosed with a heart attack or myocardial	2%	4%	4%	6%	4%			
Ever diagnosed with a stroke	2%	2%	2%	4%	3%			
Had been told they had high blood pressure	30%	27%	30%	35%	32%			
Had been told their blood cholesterol was high	36%	36%	39%	33%	33%			
Had their blood cholesterol checked within last five years	82%	86%	84%	85%	86%			
Arthritis, Asthn	na and Diabe	tes						
Had ever been told they have asthma 🛛 🔰	12%	14%	14%	14%	14%			
Ever been told by a doctor they have diabetes (not pregnancy-related)	6%	9%	7%	11%	11%			
Ever been diagnosed with pregnancy-related diabetes	1%	N/A	<1%	1%	1%			
Even been diagnosed with pre-diabetes or borderline diabetes	N/A	5%	5%	2%	2%			

N/A – Not Available

♥ Indicates alignment with the Ohio State Health Assessment \*\*2015 BRFSS

# **Priority Health Needs**

Reminder: This symbol vill be used throughout the report when a priority, indicator or strategy directly aligns with the 2017-2019 SHIP.

#### **Priorities:**

- 1. Mental health 🛡
- 2. Addiction
- Chronic disease V

#### **Cross-Cutting Factors:**

The Ohio SHIP contains strategies that are referred to as cross-cutting. This means that cross-cutting strategies have an impact on all selected priority areas. Certain priorities identified in the 2019 Geauga County CHNA also fit within the following cross-cutting areas for which UH Geauga Medical Center will be addressing in this plan:

- 1. Public health system, prevention and health behaviors ♥
- Healthcare system and access ♥

# **Strategies to Address Health Needs**

#### Mobilizing for Action through Planning and Partnerships (MAPP)

The planning and strategic development process was completed using the National Association of County and City Health Officials' (NACCHO) MAPP process. MAPP is a national, community-driven planning process for improving community health. This process was facilitated by HCNO in collaboration with various local agencies representing a variety of sectors. The MAPP framework includes six phases which are listed below:

- 1. Organizing for success and partnership development
- 2. Visioning
- 3. The four assessments
- 4. Identifying strategic issues
- 5. Formulate goals and strategies
- 6. Action cycle

The MAPP process includes four assessments: community themes and strengths, forces of change, local public health system assessment and the community health status assessment. These four assessments were used by the Geauga County Health Needs Assessment Committee to prioritize specific health issues and population groups which are the foundation of this plan. Additionally, input from UH Geauga Medical Center's community outreach leaders, board of directors and hospital president was used to further determine the hospital's specific tactics.

The strategies listed on the following pages are done in alignment with the Geauga County Community Health Improvement Plan. They reflect the specific strategies that UH Geauga Medical Center will implement to address the identified priorities and achieve the anticipated county level outcomes. The resources being provided include staff time and expertise, health screening supplies and equipment, publicity for various events and other contributions as outlined in the following section.

CHNA Priority: Mental Health

Strategy 1: Campaign to increase awareness of behavioral health warning signs V

Goal: Improve mental health outcomes.

**Objective:** By December 31, 2022, work with the Partnership for a Healthy Geauga's mental health committee to create and implement a written implementation plan to increase awareness of mental health warning signs in Geauga County.

#### Action Steps:

#### Year 1:

- Work with other partners in Geauga County to approach school administrators, guidance counselors, hospitals, churches and other community agencies to research mental health social marketing programs that specifically address stigma such as the National Alliance on Mental Illness' (NAMI) Cure Stigma or Ohio Department of Mental Health and Addiction Services' (OHMAS) Be Present Campaign. (Track number and type of programs.)
- Work with Partnership for a Healthy Geauga to secure funding for the campaign and to create a written implementation plan focusing on awareness and outreach. Target outreach to specific audiences, such as low-income, Amish, and school-age populations. (Track publicity vehicles.)

#### Year 2:

- Target campaign to specifically address populations most at risk. Include information on warning signs and symptoms of mental health issues and where to seek help.
- Launch campaign and continue to promote local community events that aim to reduce stigma.
- Promote and raise awareness of the Crisis Text Line (Text 4hope to 741741) throughout the county, as well as other mental health trainings, such as QPR (Question, Persuade, Refer).

#### Year 3:

- Continue efforts from Years 1 and 2.
- Evaluate campaign effectiveness.

#### \* Anticipated measurable outcome(s):

- Decrease the percentage of adults who did not use a program or service for themselves or a loved one to help with depression, anxiety or emotional problems due to stigma (baseline: 3% in the 2019 Geauga County CHNA).
- Decrease the percent of adults who report that they ever seriously considered attempting suicide within the past 12 months by 1% (baseline: 3% in the 2019 Geauga County CHNA).
- Decrease the number of age-adjusted deaths due to suicide per 100,000 population by 2 (baseline: 11.5, 2013-2017 ODH Data Warehouse).

#### Indicator(s) used to measure progress:

 Percentage of Geauga County adults who did not use a program or service for themselves or a loved one to help with depression, anxiety, or emotional problems due to stigma (HCNO household survey)

- Percent of Geauga County adults who report that they ever seriously considered attempting suicide within the past 12 months (HCNO household survey)
- Number of Geauga County age-adjusted deaths due to suicide per 100,000 population (HCNO household survey)

**Collaboration and Partnerships:** Geauga County Board of Mental Health and Recovery Services-MHRB, Ravenwood Health, Geauga schools, Lake Geauga Recovery Center, NAMI Geauga County, Partnership for a Healthy Geauga, Geauga Public Health

CHNA Priority: Addiction

Strategy 1: Medication Assisted Treatment (MAT)

Goal: Decrease drug overdose deaths.

**Objective:** By December 31, 2022, work with the Partnership for a Healthy Geauga's Mental Health committee to create a plan to continue and expand MAT programming in Geauga County.

#### Action Steps:

#### Years 1-3:

- Work with Partnership for a Healthy Geauga to collect baseline data on the number of agencies offering MAT (including UH Geauga Medical Center) and the number of clients served. (Document number of agencies.)
- Participate on Geauga County's addiction committee to create a plan to continue and expand MAT services in the county.
- Continue to refer UH Geauga Medical Center patients for the appropriate treatment. (Track number referred.)

#### \* Anticipated measurable outcome(s):

 Decrease the number of Geauga County age-adjusted deaths dues to unintentional drug overdoses per 100,000 population by 2 (baseline: 21.1, 2012-2017 ODH Data Warehouse).

#### Indicator(s) used to measure progress:

 Number of Geauga County age-adjusted deaths dues to unintentional drug overdoses per 100,000 population (HCNO household survey)

**Collaboration and Partnerships:** Ravenwood Health, Mental Health Recovery Board, Ravenwood Health, Lake Geauga Recovery Center, Geauga Public Health, Partnership for a Healthy Geauga

CHNA Priority: Addiction

Strategy 2: School-based alcohol/other drug prevention programs

Goal: Decrease substance use.

**Objective**: By December 31, 2022, all Geauga school districts will have at least one schoolbased alcohol/other drug prevention program.

Action Steps:

Years 1-3:

• Work with Partnership for a Healthy Geauga to provide school-based drug prevention programs. More specifically, UH Geauga Medical Center will provide DARE workshops. (Track number of schools and participants.)

\* Anticipated measurable outcome(s):

• TBD

Indicator(s) used to measure progress:

• TBD by the Partnership for a Healthy Geauga's addiction committee

**Collaboration and Partnerships:** Mental Health Recovery Board, Ravenwood Health, Geauga schools, Lake Geauga Recovery Center, Torchlight Youth Mentoring Alliance, Geauga Public Health, Partnership for a Healthy Geauga

CHNA Priority: Addiction

Strategy 3: Naloxone access

Goal: Decrease drug overdose deaths.

Objective: Provide naloxone to Geauga County police and EMS departments.

Action Steps:

Years 1-3:

• UH Geauga Medical Center will continue to provide naloxone to first responders. This aligns with other efforts in the Geauga County Community Health Improvement Plan to implement Project DAWN and to distribute naloxone and increase awareness of free naloxone distribution for lay responders. (Track the amount distributed and the number of venues.)

#### \* Anticipated measurable outcome(s):

Decrease the number of age-adjusted deaths dues to unintentional drug overdoses per 100,000 population by 2 (baseline: 21.1, 2012-2017, in the 2019 Geauga County CHNA).

#### Indicator(s) used to measure progress:

• Number of age-adjusted deaths dues to unintentional drug overdoses per 100,000 population (ODH Data Warehouse)

**Collaboration and Partnerships:** Mental Health Recovery Board, Ravenwood Health, Lake Geauga Recovery Center, Geauga Public Health, Partnership for a Healthy Geauga

University Hospitals Geauga Medical Center
CHNA Priority: Chronic Disease 🛡
Strategy 1: Prediabetes screening and referral 🛡
Goals: Prevent diabetes in adults.
<b>Objective:</b> By December 31, 2022, increase prediabetes screening and referral by 15%.
Action Steps:
<ul> <li>Years 1-3:</li> <li>UH Geauga Medical Center will work with Geauga County partners to screen for prediabetes and refer patients to resources. (Track number screened and positive screening results.)</li> <li>Promote free/reduced cost screening events within the county, such as health fairs, hospital screening events, etc. Target screenings towards those who live in or serve, economically disadvantaged, aging and/or minority populations in particular.</li> <li>Increase screening and referral by 5% each year.</li> </ul>
<ul> <li>* Anticipated measurable outcome(s):</li> <li>Decrease the percent of Geauga County adults who have been told by a health professional that they have diabetes by 2% (Baseline: 7% in the 2019 Geauga County CHNA).</li> </ul>
<ul> <li>Indicator(s) used to measure progress:</li> <li>Percent of Geauga County adults who have been told by a health professional that they have diabetes (HCNO household survey)</li> </ul>
<b>Collaboration and Partnerships:</b> Geauga Public Health, YMCA, Area Office on Aging, OSU Extension, Partnership for a Healthy Geauga

University Hospitals Geauga Medical Center
CHNA Priority: Chronic Disease 🤝
Strategy 2: Hypertension screening and follow up 🔍
Goal: Prevent coronary heart disease in adults.
<b>Objective:</b> By December 31, 2022, increase hypertension screening by 15%.
Action Steps:
<ul> <li>Years 1-3:</li> <li>UH Geauga Medical Center will work with Geauga County partners to screen for hypertension and refer patients to resources. (Track number screened and positive results.)</li> <li>Promote free/reduced cost screening events within the county, such as health fairs, hospital screening events, etc. Target screenings towards those who live in or serve economically disadvantaged, aging and/or minority populations. (Track by zip code or other proxy to measure reach in marginalized populations.)</li> <li>Increase screening and referral by 5% each year.</li> </ul>
<ul> <li>* Anticipated measurable outcome(s):</li> <li>Decrease the percent of Geauga County adults ever diagnosed with coronary heart disease by 1% (Baseline: 3% in the 2019 Geauga County CHNA).</li> </ul>
<ul> <li>Indicator(s) used to measure progress:</li> <li>Percent of Geauga County adults ever diagnosed with coronary heart disease by 1% (HCNO household survey) ♥</li> </ul>
<b>Collaboration and Partnerships:</b> Geauga Public Health, YMCA, Area Office on Aging, OSU Extension, Partnership for a Healthy Geauga

University Hospitals Geau	uga Medical Center
CHNA Priority: Chronic Dis	sease 🛡
Strategy 3: Wellness navig	ation 🔍
Goal: Increase wellness sc	reenings.
<b>Objective:</b> By December 3 screenings and services.	1, 2019, screen 1,200 patients a year for necessary wellness
Action Steps:	
<ul> <li>navigation services outcomes.)</li> <li>Wellness Navigator services that are ide</li> <li>Screen patients for positive results.)</li> </ul>	I Center will dedicate a Wellness Navigator to continue to provide to patients. (Track number served and applicable health will screen inpatients and outpatients and facilitate scheduling entified (i.e. mammogram, colonoscopy, calcium scoring, etc.). necessary wellness services. (Track number screened and
<ul><li>mammogram in the CHNA).</li><li>Increase the percent</li></ul>	tage of Geauga County women ages 40+ years who received a past year by 2% (baseline: 62% in the 2019 Geauga County tage of Geauga County adults ages 50+ years who received a doscopy in the past 5 years by 2% (baseline: 58% in the 2019
<ul> <li>in the past year (HC</li> <li>Percentage of Geau colonoscopy/sigmoid</li> </ul>	iga County women ages 40+ years who received a mammogram NO household survey) iga County adults ages 50+ years who received a doscopy in the past 5 years (HCNO household survey) rships: Geauga Public Health, YMCA, Area Office on Aging, OSU

University Hospitals Geauga Medical Center
CHNA Priority: Chronic Disease
Strategy 4: Screening events
Goal: Increase prevention and early detection.
Objective: By December 31, 2019, host 175 screening events per year in Geauga County.
Action Steps:
<ul> <li>Years 1-3:</li> <li>Continue to provide screening events though UH Geauga Medical Center. (Track number screened and positive results.)</li> <li>UH Geauga Medical Center's community outreach staff will provide at least 175 chronic disease screening events each year to facilitate early detection and mitigate chronic disease progression. (Track number hosted and number of attendees.)</li> </ul>
<ul> <li>* Anticipated measurable outcome(s): :</li> <li>Decrease the percent of Geauga County adults who have been told by a health professional that they have diabetes by 2% (baseline: 7% in the 2019 Geauga County CHNA). ▼</li> <li>Decrease the percent of Geauga County adults ever diagnosed with coronary heart disease by 1% (baseline: 3% in the 2019 Geauga County CHNA). ▼</li> </ul>
<ul> <li>Indicator(s) used to measure progress:</li> <li>Percent of Geauga County adults who have been told by a health professional that they have diabetes (HCNO household survey) ♥</li> <li>Percent of Geauga County adults ever diagnosed with coronary heart disease (HCNO household survey) ♥</li> </ul>
<b>Collaboration and Partnerships:</b> Geauga Public Health, YMCA, Area Office on Aging, OSU Extension, Partnership for a Healthy Geauga

**CHNA Priority:** Cross Cutting Factor: Public Health Systems, Prevention and Health Behaviors

**Strategy 1:** Employ strategies of intentional inclusion in the collection of population health data to assure representation of populations who experience health disparities and health inequities.

**Goal:** Increase data collection regarding under-represented populations in Geauga County.

**Objective:** By December 31, 2022, create a comprehensive health assessment that is inclusive of the Amish community and people living with developmental and intellectual disabilities in Geauga County.

#### Action Steps:

#### Year 1:

• As a member of the Partnership for a Healthy Geauga, UH Geauga Medical Center will help recruit additional members to represent the Amish community and the population who live with intellectual or developmental and disabilities (IDD).

#### Year 2:

• Committee will continue to engage new members, work with local agencies, including Amish leaders and the Metzenbaum Center to discuss appropriate strategies of data collection and topics of particular need or interest.

#### Year 3:

- Continue efforts from Years 1 and 2.
- Create a comprehensive health assessment that consists of county-level data regarding the health risk behaviors, health status and access to health needs for the general population as well as specifically as well as the Amish population and the population living with IDD.

#### \* Anticipated measurable outcome(s): :

- The Partnership for a Healthy Geauga will include at least two members representing the Amish population and two members representing people living with developmental and intellectual disabilities.
- The next iteration of the Geauga County Community Health Needs Assessment will include actionable data specific to these two populations.

#### Indicator(s) used to measure progress:

- Healthy Geauga membership roster
- 2022 Geauga County Community Health Needs Assessment data regarding the Amish and developmental & intellectual disability populations

**Collaboration and Partnerships:** Amish community leadership, Geauga Board of Developmental Disabilities, Geauga Public Health

CHNA Priority: Cross Cutting Factor: Health Systems and Access

**Strategy 1:** Amish outreach programs

Goal: Increase positive health outcomes among Amish living in Geauga County.

**Objective:** By December 31, 2022, host 30 Amish outreach programs per year in Geauga County.

#### Action Steps:

#### Years 1-3:

- UH Geauga Medical Center will continue to provide Amish outreach programs in Geauga County.
- UH Geauga Medical Center's community outreach staff will provide at least 30 Amishspecific outreach programs per year such as well-baby clinic, immunizations clinic, health screens. (Track number served and health outcomes wherever feasible.)

#### Anticipated measurable outcome(s):

- Maintain consistent outreach programs targeting the Amish population in Geauga County (target: 30 events per year).
- Other outcomes TBD based on the previous strategy for public health systems, prevention and health behaviors, focused on getting better data on the Amish population in Geauga County.

#### Indicator(s) used to measure progress:

- Other indicators TBD
- UH Geauga Medical Center self-report data regarding outreach events

Collaboration and Partnerships: Geauga Public Health, Partnership for a Healthy Geauga

# Significant Health Needs Not Being Addressed by the Hospital

UH Geauga Medical Center is implementing a variety of strategies in collaboration with other partners in Geauga County for all three priorities identified in the 2019 Geauga County CHNA.

However the following strategies will not be directly addressed by UH Geauga Medical Center as part of its Community Health Implementation Strategy because other county partners have agreed to take the lead based on their core expertise, prior experience and/or availability of existing resources (see full list of Geauga County's strategies in Appendix A). Additionally, some strategies are not included in this IS because they do not meet the IRS definition of a non-profit hospital "community benefit" but are still addressed by the UH System. More specifically, they are required or expected of all hospitals based on licensure or accreditation, are a routine standard of clinical care or primarily benefit the organization rather than the community. This includes things such as mental health and addiction treatment, clinical services to treat diabetes and connecting eligible patients to health insurance. Lastly community outreach staff from UH Geauga Medical Center remain engaged as thought-leaders on all the strategies as needed.

#### Mental health

- Trauma-informed care
- School-based social and emotional instruction

#### Chronic disease

• Diabetes Prevention Program (DPP)

#### Cross-cutting factors

Public health system, prevention and health behaviors

• Mass-reach communications

Healthcare system and access

• Expand access to evidence-based tobacco cessation treatments

Social determinants of health

• Outreach to increase uptake for earned income tax credits

# **Community Collaborators**

This IS was commissioned by University Hospitals in collaboration with the 2020-2022 Geauga County Community Health Improvement Plan and the associated county partners; see the Partnership for a Healthy Geauga committee listed on page 4 of this report.

# **Qualifications of Consulting Company**

The community health improvement process was facilitated by Emily Golias, Community Health Improvement Coordinator, at Hospital Council of Northwest Ohio (HCNO). HCNO is a 501(c)(3) nonprofit regional hospital association founded in 1972 that represents and advocates on behalf of its member hospitals and health systems and provides collaborative opportunities to enhance the health status of the citizens of Northwest Ohio. HCNO is respected as a neutral forum for community health improvement. HCNO has a track record of addressing health issues and health disparities collaboratively throughout northwest Ohio, and the state. Local and regional initiatives include: county-wide health assessments, community health improvement planning, strategic planning, disaster preparedness planning, Northwest Ohio Regional Trauma Registry, Healthcare Heroes Recognition Program and the Northwest Ohio Pathways HUB.

The Community Health Improvement division of HCNO has been conducting community health assessments (CHAs), community health improvement plans (CHIPs) and facilitating outcome focused multi-sectorial collaborations since 1999. HCNO has completed more than 90 CHAs in 44 counties. The model used by HCNO can be replicated in any type of county and therefore has been successful at the local and regional level, as well as for urban, suburban and rural communities.

The HCNO Community Health Improvement Division has six full time staff members with Master's Degrees in Public Health (MPH), who are dedicated solely to CHAs, CHIPs and other community health improvement initiatives. HCNO also works regularly with professors at the University of Toledo, along with multiple graduate assistants to form a very experienced and accomplished team. The HCNO team has presented at multiple national, state, and local conferences including the Centers for Disease Control and Prevention's Behavioral Risk Factor Surveillance System (BRFSS) conference, the Association of Community Health Improvement (ACHI) national conference, the Ohio Hospital Association (OHA) state conference, the Ohio Association of Health Commissioners (AOHC) and others.

The aligned 2020-2022 UH Geauga Medical Center IS was compiled and written by Danielle Price, Director, Community Health Engagement in the department of Government and Community Relations at University Hospitals. She oversees state and federal community benefit compliance for all UH medical centers. Ms. Price has a Bachelor's degree from the Wharton School of Business, University of Pennsylvania and a Master of Science in Social Administration (MSSA) degree from the Mandel School of Applied Social Science at Case Western Reserve University.

# Contact

For more information about the Implementation Plan, please contact:

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# Appendix A

# 2020-2022 Geauga County Community Health Improvement Plan Strategies

## Priority #1: Mental Health

## Strategic Plan of Action

To work toward improving mental health outcomes, the following strategies are recommended:

Priority #1: Mental Health 🛡							
Strategy 1: Trauma-informed care							
Goal: Improve mental health outcomes.							
Objective: Conduct at least two trauma-informed c	are trainings (	(per year) by D	ecember 31, 2022.				
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Responsible Person/ Agency			
<ul> <li>Year 1: Facilitate an assessment among healthcare providers, teachers, coaches, social service providers, and other community members on their awareness and understanding of trauma, including toxic stress and adverse childhood experiences.</li> <li>Administer at least four trauma-informed care trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse childhood experiences. Target trainings towards those who live in or serve economically disadvantaged and/or minority populations.</li> <li>Year 2: Continue efforts from year 1. Administer at least two trauma-informed care trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse childhood experiences. Target trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse childhood experiences. Target trainings towards those who live in or serve economically disadvantaged and/or minority populations.</li> <li>Year 3: Continue efforts from years 1 and 2. Administer at least two trauma-informed care trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse childhood experiences. Target trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse childhood experiences. Target trainings to increase education and understanding of trauma and the lifelong impact of untreated adverse childhood experiences. Target trainings towards those who live in or serve economically disadvantaged and/or minority populations.</li> </ul>	December 31, 2020 December 31, 2021 December 31, 2022	Adult	<ol> <li>Adult suicide ideation: Decrease the percent of adults who report that they ever seriously considered attempting suicide within the past 12 months by 1% (Baseline: 3%, 2019 Geauga County CHNA)</li> <li>Suicide deaths: Decrease the number of age- adjusted deaths due to suicide per 100,000 population by 2 (Baseline: 11.5, 2013-2017 ODH Data Warehouse)</li> </ol>	Geauga County Board of Mental Health and Recovery Services Ravenwood Health			
Type of Strategy:       O       Social determinants of health       Social determinants of health							
O Public health system, prevention and health be		O Not SHIP	Identified				
Strategy identified as likely to decrease disparities?O YesNoO VesO Unknown/No DataO Not SHIP Identified							
<b>Resources to address strategy:</b> MHRB, Ravenwood Health, schools, Lake Geauga Recovery Center, NAMI Geauga County, Geauga Public Health, Partnership for a Healthy Geauga.							

## Priority #1: Mental Health

#### Strategy 2: Mental health first aid

**Goal:** Improve mental health outcomes.

**Objective:** Conduct one mental health first aid training (per quarter) by December 31, 2022.

Action Step	Timeli ne	Priority Population	Indicator(s) to measure impact of strategy:	Responsible Person/ Agency	
Year 1: Facilitate an assessment among healthcare providers, teachers, coaches, law enforcement, social service providers, and other community members on their ability to identify, understand and respond to signs of mental illnesses and substance use disorders. Continue to offer mental health first aid. Administer at least four mental health first aid trainings (one per quarter) to increase education and understanding of mental illnesses and substance use disorders. Target trainings towards those who live in or serve economically disadvantaged, aging, and/or minority populations.	Dece mber 31, 2020	Adult	<ol> <li>Adult suicide ideation: Decrease the percent of adults who report that they ever seriously considered attempting suicide within the past 12 months by 1% (Baseline: 3%, 2019 Geauga County CHNA)</li> <li>Suicide deaths: Decrease the number of age-adjusted deaths due to suicide per 100,000 population by 2 (Baseline: 11.5, 2013-2017 ODH Data Warehouse)</li> </ol>	NAMI Geauga County	
Year 2: Continue efforts from year 1. Administer at least four mental health first aid trainings (one per quarter) to increase education and understanding of mental illnesses and substance use disorders. Target trainings towards those who live in or serve economically disadvantaged, aging, and/or minority populations.	Dece mber 31, 2021				
Year 3: Continue efforts from years 1 and 2. Administer at least four mental health first aid trainings (one per quarter) to increase education and understanding of mental illnesses and substance use disorders. Target trainings towards those who live in or serve economically disadvantaged, aging, and/or minority populations.	Dece mber 31, 2022				
Type of Strategy:       O         O       Social determinants of health         O       Public health system, prevention and health behaviors    O Not SHIP Identified					
Strategy identified as likely to decrease disparities?					
Resources to address strategy: MHRB, Ravenwood Health, schools, Lake Geauga Recovery Center, NAMI Geauga					
County, Partnership for a Healthy Geauga, Geauga Public Health, UH Geauga Medical Center (will provide Stop the Bleed training).					

#### Priority #1: Mental Health 💙

Strategy 3: Campaign to increase awareness of behavioral health warning signs 
Goal: Improve mental health outcomes.
Objective: By December 31, 2022, create and implement a written implementation plan to increase awareness of mental health warning signs in Geauga County.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/ Agency
<ul> <li>Year 1: Work with school administrators, guidance counselors, hospitals, churches, and other community agencies to research mental health social marketing programs that specifically address stigma such as NAMI's Cure Stigma or OHMAS's Be Present Campaign).</li> <li>Secure funding for campaign and create a written implementation plan focusing on awareness and outreach. Target outreach to specific audiences, such as low-income, Amish, and school-age populations.</li> <li>Year 2: Target campaign to specifically address demographics most at risk. Include information on warning signs and symptoms of mental health issues and where to seek help.</li> <li>Launch campaign. Continue to promote local community events that aim to reduce stigma.</li> <li>Promote and raise awareness of the Crisis Text Line (Text 4hope to 741741) throughout the county, as well as other mental health trainings, such as QPR (Question, Persuade, Refer).</li> </ul>	December 31, 2020 December 31, 2021	Adult	<ol> <li>Adult stigma: Decrease the percentage of adult who did not use a program or service for themselves or a loved one to help with depression, anxiety, or emotional problems due to stigma (Baseline: 3%, 2019 Geauga County CHNA)</li> <li>Adult suicide ideation: Decrease the percent of adults who report that they ever seriously considered attempting suicide within the past 12 months by 1% (Baseline: 3%, 2019 Geauga County CHNA)</li> <li>Suicide deaths: Decrease the number of age-adjusted deaths due to suicide per 100,000 population by 2 (Baseline: 11.5, 2013- 2017 ODH Data</li> </ol>	Geauga County Board of Mental Health and Recovery Services
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		Warehouse) 🚩	
Evaluate campaign effectiveness.       Image: Constraint of the system of				
County, Partnership for a Healthy Geauga, Geauga Public Health, UH Geauga Medical Center will work with other partners to raise awareness.				

#### Priority #1: Mental Health 💙

Strategy 4: School-based social and emotional instruction

**Goal:** Improve social competence, behavior, and resiliency in youth.

**Objective:** Implement a school-based social-emotional learning program in at least three additional Geauga County school districts by December 31, 2022.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/ Agency
Year 1: Collect baseline data on the number of school districts that implement The PAX Good Behavior Game. Introduce PAX to Geauga County school districts that primarily serve economically disadvantaged and/or minority populations. Obtain a memorandum of understanding (MOU) with at least one school district to support the implementation of the program.	December 31, 2020	Youth	TBD by Geauga County	Geauga County Board of Mental Health and Recovery Services
Work with the school district(s) to develop policies for implementation. Pilot PAX, or another evidence- based program, with the school(s).				
<b>Year 2:</b> Evaluate outcomes from year one. Obtain a MOU with at least one additional school district that primarily serves economically disadvantaged and/or minority populations.	December 31, 2021			
Work with the school district(s) to develop policies for implementation. Implement the social-emotional learning program with the school(s).				
<b>Year 3:</b> Continue efforts from year 2. Obtain a MOU with at least one additional school district that primarily serves economically disadvantaged and/or minority populations.	December 31, 2022			
Work with the school district(s) to develop policies for implementation. Implement the social-emotional learning program with the school(s).				
Type of Strategy:       O         Social determinants of health       O         Healthcare system and access         Public health system, prevention and health         behaviors				
Strategy identified as likely to decrease disparities?         O Yes       No         O Unknown/No Data       O Not SHIP Identified				
<b>Resources to address strategy:</b> MHRB, Ravenwood Health, schools, Lake Geauga Recovery Center, NAMI Geauga County, Partnership for a Healthy Geauga, Geauga Public Health, Torchlight Youth Mentoring Alliance (after school programs based on 40 developmental assets that improve social, emotional and resiliency in youth).				

## **Priority #2: Addiction**

# Priority #2: Addiction 💙

#### Strategy 1: School-based alcohol/other drug prevention programs 💙

#### **Goal:** Decrease substance use.

**Objective:** By December 31, 2022, all school districts will have at least one school-based alcohol/other drug prevention program.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/ Agency	
<b>Year 1:</b> Continue to implement the BOTVIN Life Skills Training.	December 31, 2020	Youth	TBD by Geauga County	Ravenwood Health	
Develop a marketing plan to recruit instructors and/or volunteers to assist in implementing/teaching the program.				Lake Geauga Recovery	
Implement Life Skills Training in all Geauga County school districts.					
<b>Year 2:</b> Continue efforts from years 1.	December 31, 2021				
Determine the feasibility of expanding the program to additional classrooms. Secure funding for program (if applicable).					
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022				
Expand program service area where necessary.					
Type of Strategy:OSocial determinants of health $\otimes$ Public health system, preven behaviors	tion and heal				
Strategy identified as likely to c O Yes	<b>lecrease dis</b> No	<b>parities?</b> C	Unknown/No Data O N	lot SHIP Identified	
<b>Resources to address strategy:</b> MHRB, Ravenwood Health, schools, Lake Geauga Recovery Center, Torchlight Youth Mentoring Alliance, Geauga Public Health, Partnership for a Healthy Geauga.					

<b>Goal:</b> Decrease drug overdose deaths.				
<b>Objective:</b> By December 31, 2022, create a pl	an to continu	ie and expand	MAT programming.	
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Responsible Person/ Agency
<b>Year 1</b> : Collect baseline data on the number of agencies offering MAT and how many clients have been served. Create a plan to continue and expand MAT services.	December 31, 2020	Adult	Unintentional drug overdose deaths: Decrease the number of age-adjusted deaths dues to unintentional	Ravenwood Health
Year 2: Continue efforts from year 1.	December 31, 2021		drug overdoses per 100,000 population by	
Year 3: Continue efforts from years 1 and 2.	December 31, 2022		2 (Baseline: 21.1, 2012- 2017 ODH Data Warehouse) ♥	
Type of Strategy:		_		
<ul> <li>O Social determinants of health</li> <li>O Public health system, prevention and health behaviors</li> </ul>	alth		re system and access Identified	
Strategy identified as likely to decrease dis	•	<b>a</b>	<b>2</b>	
O Yes 🛛 🛞 No		O Unknown/	'No Data 🛛 🔿 Not SHIF	P Identified

Strategy 3: Naloxone access 🛡				
<b>Goal:</b> Decrease drug overdose deaths.				
Objective: Expand naloxone distribution to inc	lude three a	dditional distri		per 31, 2022
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency
Year 1: Continue to implement Project DAWN and provide/distribute naloxone and increase awareness of free naloxone distribution for lay responders. Expand naloxone distribution to distribute 250 naloxone kits by end of year.	December 31, 2020	Adult	Unintentional drug overdose deaths: Decrease the number of age- adjusted deaths dues to unintentional drug overdoses per	Geauga Public Health Ravenwood Health Lake Geauga Recovery
Year 2: Continue efforts from year 1. Expand naloxone distribution to include one additional distribution strategy.	December 31, 2021		100,000 population by 2 (Baseline: 21.1, 2012-2017 ODH	
<b>Year 3:</b> Continue efforts from years 1 and 2. Expand naloxone distribution to include one additional distribution strategy.	December 31, 2022		Data Warehouse) 💙	
<ul> <li>Type of Strategy:</li> <li>O Social determinants of health</li> <li>O Public health system, prevention and heal behaviors</li> </ul>		<ul><li>Healthcare</li><li>Not SHIP I</li></ul>	e system and access dentified	
Strategy identified as likely to decrease disp		) Unknown/I	No Data O Not S	HIP Identified

# Priority #3: Chronic Disease

Priority #3: Chronic Disease 💙							
Strategy 1: Prediabetes screening and refer	ral 🛡						
Goal: Prevent diabetes in adults.							
<b>Objective:</b> By December 31, 2022, increase prediabetes screening and referral by 15%.							
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency			
Year 1: Continue to screen for prediabetes and refer patients to resources. Promote free/reduced cost screening events within the county, such as health fairs, hospital screening events, etc. Target screenings towards those who live in or serve economically disadvantaged, aging and/or minority populations.	December 31, 2020	Adult	Diabetes: Decrease the percent of adults who have been told by a health professional that they have diabetes by 2% (Baseline: 7%, 2019 CHA)	University Hospitals Geauga Medical Center			
Increase screening and referral by 5%.							
<b>Year 2:</b> Continue efforts from year 1. Increase screening and referral by 5%.	December 31, 2021						
<b>Year 3:</b> Continue efforts of years 1 and 2. Increase screening and referral by 5%.	December 31, 2022						
<ul> <li>Type of Strategy:</li> <li>O Social determinants of health</li> <li>O Public health system, prevention and health behaviors</li> </ul>			care system and access IIP Identified				
Strategy identified as likely to decrease of	disparities?						
O Yes 🛞 No	المالم الم		•	HIP Identified			
<b>Resources to address strategy:</b> Geauga Pu for a Healthy Geauga, UH Geauga Medical C				ion, Partnersnip			

Priority #3: Chronic Disease 💙						
Strategy 2: Diabetes prevention program (DPP) 💙						
Goal: Prevent diabetes in adults.						
Objective: By December 31, 2022, increase en	rollment in d	iabetes educat	ion programs by 25%			
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency		
Year 1: Continue to implement the National Diabetes Prevention Program (DPP) at the YMCA. Increase awareness of the program among community agencies and health care providers. Create a referral process for admission to the program. Increase enrollment by 5% from baseline.	December 31, 2020	Adult	Diabetes: Decrease the percent of adults who have been told by a health professional that they have diabetes by 2% (Baseline: 7%, 2019 CHA)	Linda McVey, YMCA		
<b>Year 2:</b> Continue efforts from year 1. Increase enrollment by 15% from baseline.	December 31, 2021					
<b>Year 3:</b> Continue efforts of years 1 and 2. Increase program participation by 25%.	December 31, 2022					
Type of Strategy:       O       Social determinants of health       O       Healthcare system and access         O       Public health system, prevention and health       O       Not SHIP Identified         behaviors       O       Not SHIP Identified						
Strategy identified as likely to decrease dis O Yes & No	-	O Unknown/I	No Data O Not	SHIP Identified		
<b>Resources to address strategy:</b> Geauga Publi Geauga, OSU Extension.	c Health, YM	CA, Area Office	e on Aging, Partnershi	p for a Healthy		

Strategy 3: Hypertension screening and follow up	. 💓				
<b>Goal:</b> Prevent coronary heart disease in adults.					
<b>Objective:</b> By December 31, 2022, increase hypert	ension screer	nina by 15%			
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/ Agency	
Year 1: Continue to screen for hypertension and refer patients to resources. Promote free/reduced cost screening events within the county, such as health fairs, hospital screening events, etc. Target screenings towards those who live in or serve economically disadvantaged, aging and/or minority populations. Increase screening and referral by 5%. Year 2: Continue efforts from year 1. Increase screening and referral by 5%.	December 31, 2020 December 31, 2021	Adult	Coronary heart disease: Decrease the percent of adults ever diagnosed with coronary heart disease by 1% (Baseline: 3%, 2019 CHA)	University Hospitals Geauga Medical Center	
<b>Year 3:</b> Continue efforts of years 1 and 2. Increase screening and referral by 5%.	December 31, 2022				
Type of Strategy:       O       Social determinants of health       Image: Wealth and access         O       Public health system, prevention and health behaviors       O       Not SHIP Identified					
Strategy identified as likely to decrease dispari		nknown/No D	ata O Not SHIE	P Identified	

#### Priority #3: Chronic Disease 💙

Strategy 4: Wellness navigation
 Goal: Increase wellness screenings.
 Objective: By December 31, 2019, screen 1,200 patients a year for necessary wellness screenings and services.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency
Year 1: Continue to implement wellness navigation at UH Geauga Medical Center. The Wellness Navigator will continue to screen inpatients and outpatients and facilitate scheduling services that are identified (i.e. mammogram, colonoscopy, calcium scoring, etc.) Screen 1,200 patients a year for necessary wellness screenings and services. Year 2: Continue efforts from year 1. Screen 1,200 patients a year for necessary wellness screenings and services.	December 31, 2020 December 31, 2021	Adult	1. Mammography: Increase the percentage of women ages 40 and older who received a mammogram in the past year by 2% (Baseline: 62%, 2019 CHA) 2.Colonoscopy/ Sigmoidoscopy: Increase the percentage of adults ages 50 and older who received a colonoscopy/sigmoidoscopy in the past 5 years by 2% (Baseline: 58%, 2019 CHA)	University Hospitals Geauga Medical Center
<b>Year 3:</b> Continue efforts from years 1 and 2. Screen 1,200 patients a year for necessary wellness screenings and services.	December 31, 2022			
Type of Strategy:OSocial determinants of healthOPublic health system, prevention behaviors	and health		ealthcare system and access lot SHIP Identified	·
Strategy identified as likely to decred O Yes O No	eas <mark>e dispari</mark>		nknown/No Data 🛛 🛞 Not	SHIP Identified

for a Healthy Geauga, UH Geauga Medical Center Wellness Navigator.

<b>Strategy 5:</b> Screening events <b>Goal:</b> Increase prevention and early de	tection.				
Objective: By December 31, 2019, hos		ng events per	year in Geauga County.		
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency	
<b>Year 1</b> : Continue to provide screening events though University Hospitals Geauga Medical Center. Community Outreach will provide 175 chronic disease screening events during the year to facilitate early detection and mitigate chronic disease progression.	December 31, 2020	Adult	<ol> <li>Diabetes: Decrease the percent of adults who have been told by a health professional that they have diabetes by 2% (Baseline: 7%, 2019 CHA)</li> <li>Coronary heart disease:</li> </ol>	University Hospitals Geauga Medical Center	
<b>Year 2:</b> Continue efforts from year 1. Provide 175 chronic disease screening events per year.	December 31, 2021		Decrease the percent of adults ever diagnosed with coronary heart disease by		
<b>Year 3:</b> Continue efforts from years 1 and 2. Provide 175 chronic disease screening events per year.	December 31, 2022		1% (Baseline: 3%, 2019 CHA) 💙		
Type of Strategy:       O         O       Social determinants of health         O       Public health system, prevention and health         behaviors       Social determinants of health					
Strategy identified as likely to decre	ase dispariti	ies?			
O Yes O No ⊗ Unknown/No Data ⊗ Not SHIP Identified					

# Cross-Cutting Factor: Public Health System, Prevention and Health Behaviors

<b>Strategy 1:</b> Mass-reach con <b>Goal:</b> Improve health behav	viors.			
<b>Objective:</b> By December 31 initiatives.	, 2022, Geaug	a County will	implement at least two mass-reach communicat	tion
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/ Agency
<ul> <li>Year 1: Establish the framework for Mass-reach communication initiatives:</li> <li>Share messages and engage audiences on social networking sites like Facebook and Twitter.</li> <li>Deliver messages through different websites and stakeholders communications.</li> <li>Generate free press through public service announcements.</li> <li>Pay to place adds on TV, radio, billboards, online platforms and/or print media.</li> <li>Community wellness calendar</li> <li>Year 2: Continue efforts from year 1. Implement one mass- reach communication strategy.</li> <li>Year 3: Continue efforts from years 1 and 2. Implement one mass- reach communication strategy.</li> </ul>	December 31, 2020 December 31, 2021 December 31, 2022	Adult	<ol> <li>Diabetes: Decrease the percent of adults who have been told by a health professional that they have diabetes by 2% (Baseline: 7%, 2019 CHA)</li> <li>Coronary heart disease: Decrease the percent of adults ever diagnosed with coronary heart disease by 1% (Baseline: 3%, 2019 CHA)</li> <li>Current smoker: Percentage of adults who are current smokers (Baseline: 10% 2019 CHA)</li> <li>Current vaper: Percentage of adults who are current vapers (Baseline: 6% 2019 CHA)</li> <li>Adult suicide ideation: Decrease the percent of adults who report that they ever seriously considered attempting suicide within the past 12 months by 1% (Baseline: 3%, 2019 Geauga County CHNA)</li> <li>Suicide deaths: Decrease the number of age-adjusted deaths due to suicide per 100,000 population by 2 (Baseline: 11.5, 2013-2017 ODH Data Warehouse)</li> <li>Unintentional drug overdose deaths: Decrease the number of age-adjusted deaths dues to unintentional drug overdoses per 100,000 population by 2 (Baseline: 21.1, 2012-2017 ODH Data Warehouse)</li> </ol>	Geauga Public Health Lake Geauga Recovery
Priority area(s) the strateget Mental Health and Add		⊗ Chroni	c Disease Not SHIP Identified	
Strategy identified as like	ly to decreas ⊗ No	e disparities	? O Unknown/No Data O Not SHIP Id	entified

#### Cross-Cutting Factor: Public Health System, Prevention and Health Behaviors 🛡

**Strategy 2:** Employ strategies of intentional inclusion in the collection of population health data to assure representation of populations who experience health disparities and health inequities

**Goal:** Increase data collection regarding under-represented populations in Geauga County.

**Objective:** By December 31, 2022, create a comprehensive health assessment that is inclusive of our Amish community and people living with developmental and intellectual disabilities.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Responsible Person/ Agency			
<ul> <li>Year 1: Recruit additional partnership members who are able to represent the Amish community and the population who live with developmental and intellectual disabilities.</li> <li>Year 2: Continue to engage new members, Work with local agencies, including Amish leaders and the Metzenbaum Center, to discuss appropriate strategies of data collection and topics of particular need/interest.</li> <li>Year 3: Continue efforts from years 1 and 2. Create a create a comprehensive health assessment that consists of county-level data regarding the health risk behaviors, health status, and access to health needs for the general population as</li> </ul>	December 31, 2020 December 31, 2021 December 31, 2022	Adult, youth, child, Amish community, and People living with IDD.	<ol> <li>The Partnership for a Healthy Geauga will include at least two members who are willing and able to represent the Amish population and two members who are willing and able to represent people who live with developmental and intellectual disabilities.</li> <li>The next iteration of the Community Health Needs Assessment will include actionable data specific to these two populations</li> </ol>	Geauga Public Health			
needs for the general population as well as specifically as well as the Amish population and the population living with IDD.			populations.				
Type of Strategy:           O         Mental Health, Substance Use and Substance							
Strategy identified as likely to decr & Yes No	ease disparitie	es? O Unknown	/No Data O Not SHI	P Identified			
<b>Resources to address strategy:</b> Acce Developmental Disabilities, UH Geaug			, Access to the Geauga Boa	rd of			

# **Cross-Cutting Factor: Healthcare System and Access**

Cross-Cutting Factor: Healthcare Sy	ystem and Access			
Strategy 1: Health insurance enrollr		outreach 🚩		
Goal: Increase health insurance enro				
<b>Objective:</b> Enroll 20% of identified u December 31, 2022.	ininsured UH Gea	auga Medical Cente	er patients to a healt	h insurance option by
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency
Year 1: Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicaid, or another health insurance option. Refer resident to health insurance literacy classes and promote the classes throughout the county. Enroll 10% of identified uninsured residents into a health insurance option.	December 31, 2020	Adult	Uninsured adults: Decrease the percent of adults who are uninsured by 2% (Baseline: 6%, 2019 CHA)	University Hospitals Geauga Medical Center
<b>Year 2:</b> Continue efforts from year 1. Enroll 15% of identified uninsured residents into a health insurance option.	December 31, 2021			
<b>Year 3:</b> Continue efforts from years 1 and 2. Enroll 20% of identified uninsured residents into a health insurance option.	December 31, 2022			
Priority area(s) the strategy addre				
Mental Health and Addiction		nic Disease	O Not SHIP Ide	entified
Strategy identified as likely to der ⊗ Yes O No	· · · · · · · · · · · · · · · · · · ·	<b>s?</b> O Unknown/No I	Data O N	lot SHIP Identified
<b>Resources to address strategy:</b> Gea Center Patient Access Staff.	auga Public Healt	h, Partnership for a	a Healthy Geauga, UH	I Geauga Medical

#### Cross-Cutting Factor: Healthcare System and Access 💙

**Strategy 2:** Expand access to evidence-based tobacco cessation treatments including individual, group and phone counseling (including Quitline) and cessation medications

**Goal:** Reduce cigarette smoking.

**Objective:** Develop a county-wide resource guide for evidence-based tobacco cessation treatments by December 31, 2022.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/ Agency
<ul> <li>Year 1: Collect baseline data on the number of evidence-based tobacco cessation treatments available in Geauga County, including individual, group and phone counseling (including Quitline) and cessation medications. Include information regarding cost, population (such as expectant mothers), insurance, transportation options and geography.</li> <li>Conduct activities to help increase the number of providers and/or provider referrals.</li> <li>Obtain at least 1 Letter of Commitment from providers and provider referrals</li> <li>Year 2: Create a county-wide resource guide for evidence-based tobacco cessation treatments, highlighting cost, population, insurance, transportation options and geography.</li> <li>Disseminate the resource to healthcare providers. Encourage providers to share resources with patients who are current smokers, encourage them to quit, and refer them to treatment.</li> </ul>	December 31, 2020 December 31, 2021	Adults	<ol> <li>Current smoker: Decrease the percentage of adults who are current smokers by 2% (Baseline: 10% 2019 CHA)</li> <li>Quit attempts: Increase the percent of adult smokers who have made a quit attempt in the past year by 2% (Baseline: 41% 2019 CHA)</li> </ol>	Lake Geauga Recovery
Continue to conduct trainings and obtain at least 1 Letter of Commitment from providers and/or provider referrals.				
<b>Year 3:</b> Continue efforts from years 1 and 2. Explore the feasibility of offering additional evidence-based tobacco cessation treatments to underserved areas.	December 31, 2022			
Priority area(s) the strategy addresses:	Chronic Disea	ase O	Not SHIP Identified	
Strategy identified as likely to decrease dispation		nown/No Data	O Not SHIF	P Identified
<b>Resources to address strategy:</b> Geauga Public Lake Geauga Recovery Center.	Health, Partn	ership for a Healt	thy Geauga, MHRB, Ra	avenwood

Cross-Cutting Factor: Healthcare System and Access Strategy 3: Amish outreach programs								
	Goal: Increase positive health outcomes among Amish.							
Objective: By December 31, 2019, host			ams per year.	_				
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency				
<b>Year 1</b> : Continue to do Amish outreach programs. Community Outreach will provide at least 30 Amish-specific outreach programs per year (well-baby clinic, immunizations clinic, health screens, etc.) during the year.	December 31, 2020	Adult	TBD by Geauga county	University Hospitals Geauga Medical Center				
Year 2: Continue efforts from year 1.	December 31, 2021							
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022							
Priority area(s) the strategy addresse O Mental Health, Substance Use and		O Chro	onic Disease 🛛 🛞 Not	SHIP Identified				
Strategy identified as likely to decre	ase dispariti		known/No Data 🛛 🕺 Not	SHIP Identified				
<b>Resources to address strategy:</b> Geauge Center Community Outreach staff and a		lth, Partnersh	ip for a Healthy Geauga, UH G	Geauga Medical				

# **Cross-Cutting Factor: Social Determinants of Health**

#### Cross-Cutting Factor: Social Determinants of Health 💙

## Strategy 1: Outreach to increase uptake for earned income tax credits 💙

#### **Goal:** Decrease poverty.

**Objective:** By December 31, 2022, implement two CDC-recommended awareness strategies to increase uptake in earned income tax credits.

Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:	Lead Contact/Agency
<b>Year 1:</b> Collaborate with county agencies, such as Job and Family Services, to increase awareness about earned income tax credits (EITC), how it can reduce the tax burden for low-to- moderate income working people, and who is eligible.	December 31, 2020	Adult	Poverty: Percent individuals who live in households at or below the poverty threshold (Baseline: 6%, 2018 Census Quick Facts)	Geauga County Public Library
<ul> <li>Year 2: Continue efforts from year 1.</li> <li>Continue to collaborate with county partners to implement at least one of the following CDC-recommended awareness strategies:</li> <li>Offer free tax assistance to EITC-eligible families in primary care settings to take advantage of clinic wait times.</li> <li>Provide tax services at no charge to economically disadvantaged residents, which are funded by non-profit organizations, such as United Way.</li> </ul>	December 31, 2021			
Year 3: Continue efforts from year 1 and year 2. Implement both awareness strategies identified in Year 2. Advocate for state polices to increase awareness of EITC, such as laws requiring states to notify potentially qualified families and individuals of the credit, and Laws requiring employers to give notice of the federal and any state EITC to potentially qualified employees.	December 31, 2022			
Priority area(s) the strategy addresses:				
Strategy identified as likely to decrease disparities?				
<b>Resources to address strategy:</b> Geauga County Public Library, Geauga Public Health, Partnership for a healthy Geauga.				