

How to Have a Conversation about Clinical Research with your Doctor

Use this guide to help start a conversation about clinical research with your doctor. University Hospitals has hundreds of actively enrolling clinical research studies and clinical trials that you, a family member, friend, or colleague can take advantage of. Clinical research is entirely voluntary. Whether you have a disease or condition or not, there may be an opportunity for you to take an active role in your healthcare.

Background

A **clinical research study** is a project involving volunteers that answers specific health questions.

Clinical trials are research studies performed with people that are aimed at evaluating an investigational medical, surgical, nutritional or behavioral intervention. Clinical trials are led by a Principal Investigator (PI) who must follow a clinical trial protocol (i.e., written instructions) and facilitated by study teams, which can include research nurse specialists and study coordinators.

Questions to Ask

General

- Are research studies or clinical trials available for my disease or condition?
 - Yes
 - No
 - Unknown (see UHhospitals.org/Research or call 1-833-78TRIAL)
- If you do not have a disease or condition - Are research studies or clinical trials available for people without diseases or conditions (i.e., healthy controls)?
 - Yes
 - No
 - Unknown (see UHhospitals.org/Research or call 1-833-78TRIAL)

Study Details

- What is the name of the study or trial?

- What type of study or trial is this?
 - Investigational treatment** (i.e., new drug, procedure)
 - Observational** (observes individuals or outcomes, no treatment given)
 - Screening** (i.e., testing new ways to detect illness or health condition before symptoms start; e.g., imaging, laboratory, genetic)
 - Survey/Questionnaire**
 - Healthy Controls**
- What is this study testing?
 - Drug** (a medicine or other substance that has an effect when ingested or introduced into the body)
 - Device** (any article, instrument, or apparatus, including any component, part or accessory, used in the diagnosis, treatment, mitigation or prevention of a disease)
 - Biologic** (medications that can be made of sugars, proteins, DNA, whole cells or tissues)
 - N/A**

Purpose

- Why is this study or trial being done?

- What might make this investigational treatment, drug, biologic, or device better than what I could have access to now?

Commitment

- How long would I be in the study or trial?

- What is the time commitment?

- How often will I have to come to the hospital or clinic for research visits?
 Daily Weekly Bi-weekly Monthly
 Bi-monthly Quarterly Yearly Other

- What is the typical length of time I'll have to reserve for research visits?
 0-30 min 30-60 min 1-2 hours 2-3 hours
 3-4 hours 4+ hours Overnight Other

- Are research visits available by phone or via telehealth?
 Yes
 No
 Unknown

Involvement

- What types of tests or treatments are involved in the study or trial?

- How could the study or trial affect my daily life?

Risks

- What are the possible side effects of participation?

- What are the possible risks of participation?

Cost

- Will I have to pay for any treatments or tests?
 Yes
 No
 Unknown (contact study coordinator)
- What costs might my health insurance cover?

After the Study

- Will I be monitored after the study or trial?
 Yes
 No
 Unknown (contact study coordinator)

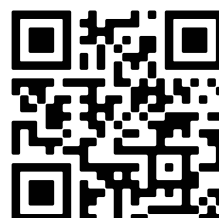
Contact

- Who should I contact to learn more?
 - Study Contact Name

 - Phone Number

 - Email Address

Learn more about clinical research studies:



Scan this code using your phone camera or QR code reader to learn more and sign up to be contacted about study opportunities!